



## Foundations in FNP Practice

### Day 4 Lesson Plan 4.2

Title:	<b>Working with dads in FNP</b>
Lead Educator:	Dorothy-Ann Timoney/Marion Mc Phillips
Participants:	Family Nurse Supervisors and Family Nurses
Learning Outcomes:	<p>Critically explore the importance of involving dads and positive male role models in parenting and how this is achieved in FNP</p> <p>Critically analyse the psychological theories of attachment, human ecology and self-efficacy which underpin FNP Practice to ensure the safe and effective facilitation of the programme.</p> <p>Demonstrate synthesis of knowledge, skills and understanding of the FNP methodologies in practice.</p>
Duration:	75 minutes

<b>Resources required for the session:</b>					
	Copy of Growing Up in Scotland Study: Fathers relationships and child well-being – bound blue book	P2 Facilitator ‘Dads are important too’			

Time	Performance Criteria	Outline of content	Indicative timing	Teaching method
11.45	Articulate the challenges faced by teenage dads	<p><b>Please also refer to notes pages within Educator copy of power point</b></p> <p>Work through slides/notes and organise groupwork about experiences of working with dads/why dads are important. 5 minutes/ 10 minutes discussion.</p> <p>Capture on flipchart</p>	30 minutes	Modified lecture Facilitated discussion Small group work
12:15	<p>Critique the benefits to women and children of having a father within the family</p> <p>1.2 Demonstrate application of Human Ecology Theory within practice using programme materials</p>	<p>Use slides.</p> <p>Elicit understanding of “father figure” who might offer the same benefits of a dad without being the biological father.</p>	15 minutes	Facilitated discussion
12:25	2.4 Assimilate learning to employ FNP programme materials.	<p>Set up skills practice 5 minutes</p> <p>Using dads are important too facilitator: 10mins</p> <p>5 mins feedback on key learning</p> <p>You might want to give “roles” or let the groups negotiate. Provide observation sheet.</p> <p>10 mins Outline guidance for offering appreciative feedback</p> <p>5 minutes feedback</p> <p>General feedback</p>	25 minutes	Skills practice

12:55	Summary	Feedback from young dads around Scotland - included in presentation	10 minutes	
13:00	Finish	Total minutes	75 minutes	