

Weekly Reflective Supervision (RS) and accompanied home visit (AHV) Record form.

Purpose

- This form is used to track fidelity to the benchmarks associated with CME #12 (one-to-one Reflective supervision and Accompanied Home Visits (AHVs) between a Supervisor and the NFP nurse).
- Reflective Supervision should be completed/scheduled weekly for at least one-hour per NFP nurse and Accompanied Home Visits (AHVs) should take place every four months in line with CME #12. The expectation is that RS should be pro rata for part time nurses
- Where countries have incorporated associate workers (i.e. Family Partnership Workers or Mediators) into NFP teams this form should also capture the frequency of their RS and AHV

How to complete the RS and AHV form:

- This form should be completed each time the supervisor meets one-to-one with a NFP nurse for Reflective supervision (RS) and when an Accompanied Home Visit (AHV) has been completed. Indicate if the reflective supervision session was held by face to face, teleconference or via videoconference. If the RS or AHV did not take place for any reason please indicate why (S = sickness, A = other absence, AL = annual leave)
- Briefly indicate the content focused on during the session. Listed are the generic areas that may be covered. Indicate which areas have been explored during reflective supervision using the numbers provided. If it is not clear or the topic area discussed is not listed, please use the ‘other’ number

An example of the way the form can be completed is provided below:

Date	Reflective supervision session (Y/N)	Reason for no RS session; 1.S/A SV 2. AL SV 3. S/A NFP nurse 4. AL NFP nurse 5..Other priority NFP nurse/SV 6..Environmental 7.Reason not given	Accompanied home visit (Y/N)	Reason for no AHV; 1.S/A SV 2. AL SV 3. S/A NFP nurse 4. AL NFP nurse 5..Other priority NFP nurse/SV 6..Environmental 7.Reason not given	Time spent (mins)	One to One reflective supervision Please identify format: F2F: face to face VC: Videoconference TC: Teleconference	Issues Focused on during Supervision Session/AHV; 1. Client progress and nurse assessment (STAR) 2. The relationship between NFP nurse and client 3. Use of NFP Interventions /approaches 4. Safeguarding /Child protection specific issues 5. The relationship between NFP nurse and Supervisor/ the Supervisory process 6. The NFP nurse’s experiences and emotional resilience 7. The Wider Context (e.g. team dynamics, challenges within the community, organizational issues) 8. NFP nurse Learning needs 9. Other
14/6 /201	Y		N	2	65	F2F	1,3,5
21/6 /	Y		N	1	60	F2F	1, 4, 8
31 /6/1	N	3	Y		120	F2F	1,2.

Weekly Reflective Supervision (RS) and Accompanied home (AHV) visit Record form.

NFP Nurse: _____ Full time Y/N

Supervisor: _____

Site _____

Part Time; WTE /No days worked :

Date	Reflective supervision session (Y/N)	Reason for no RS session; 1.S/A SV 2. AL SV 3. S/A NFP nurse 4. AL NFP nurse 5.Other priority NFP nurse/SV 6.Environmental 7.Reason not given	Accompanied home visit (Y/N)	Reason for no AHV; 1.S/A SV 2. AL SV 3. S/A NFP nurse 4. AL NFP nurse 5.. Other priority NFP nurse/SV 6.Environmental 7.Reason not given	Time spent (mins)	One to One reflective supervision Please identify location: F2F: face to face VC: Videoconference TC: Teleconference	Issues Focused on during Supervision Session/AHV; 1. Client progress and nurse assessment (STAR) 2. The relationship between NFP nurse and client 3. Use of NFP Interventions /approaches 4. Safeguarding /Child protection specific issues 5. The relationship between NFP nurse and Supervisor/ the Supervisory process 6. The NFP nurse’s experiences and emotional resilience 7. The Wider Context (e.g. team dynamics, challenges within the community, organizational issues) 8. NFP nurse Learning needs 9. Other


