

# Annual Data Report

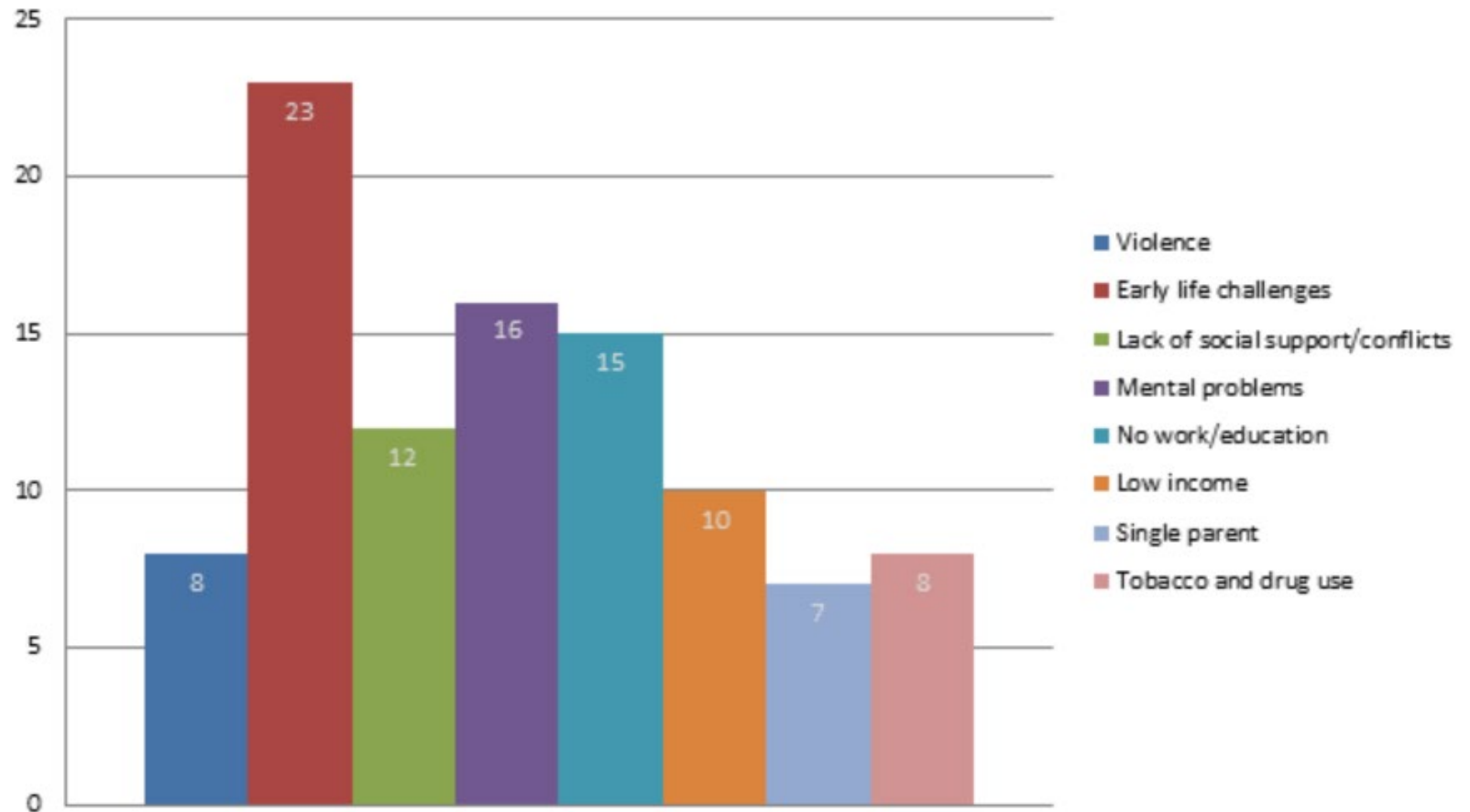
NFP Norway 2018



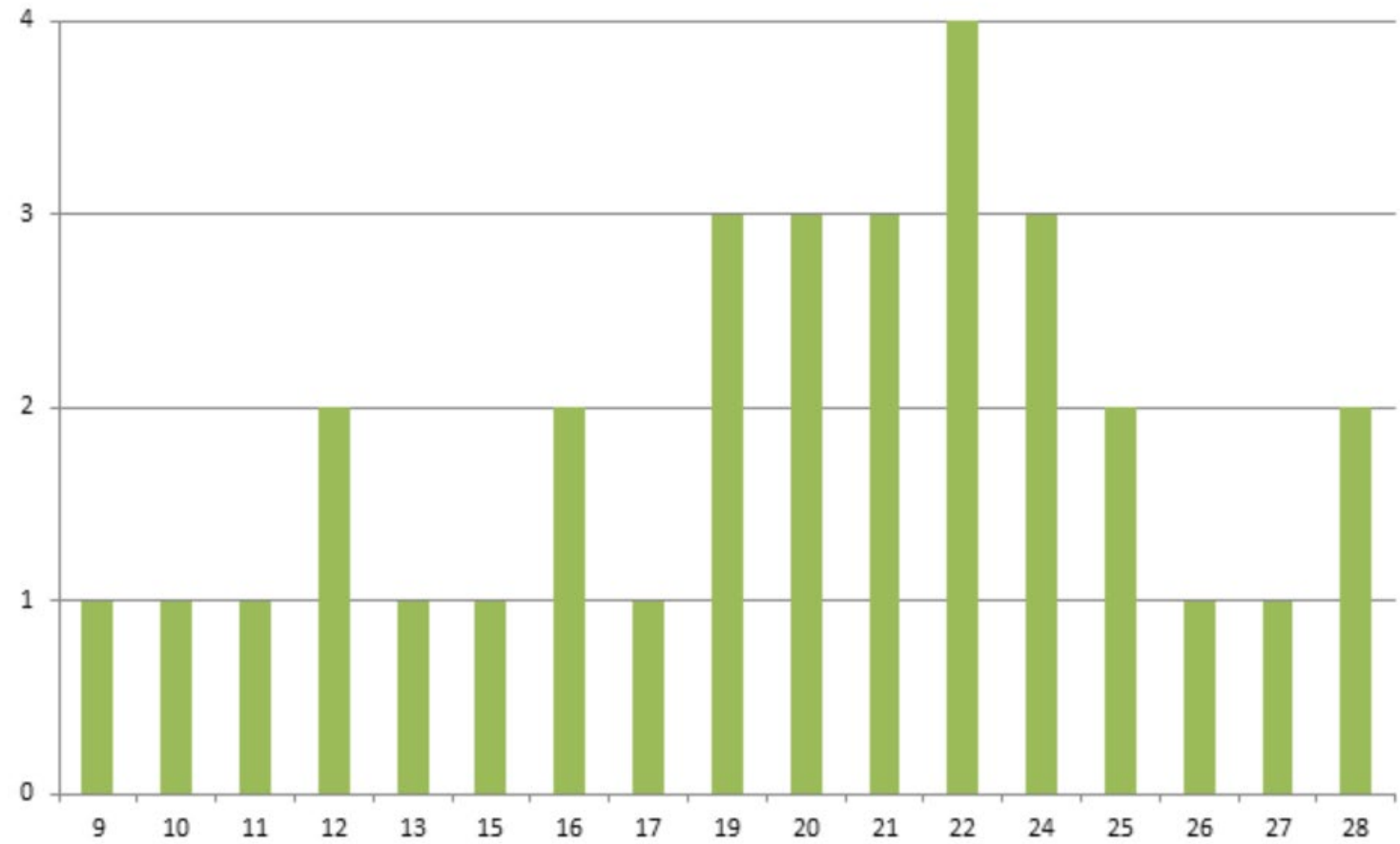
# Client characteristics

Clients enrolled in 2018

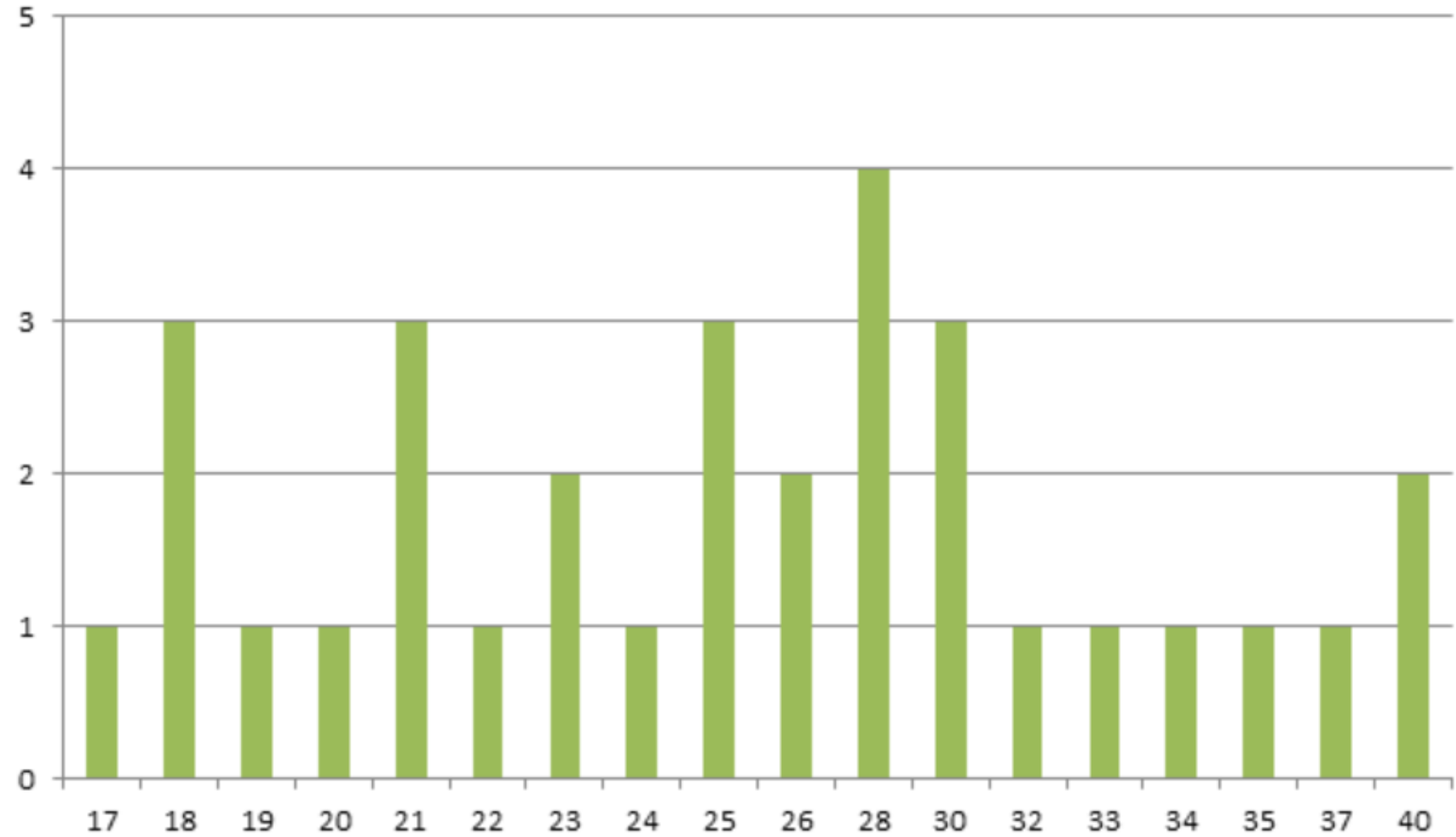
# Relevant inclusion criteria for the 32 clients enrolled in 2018



# Gestational week

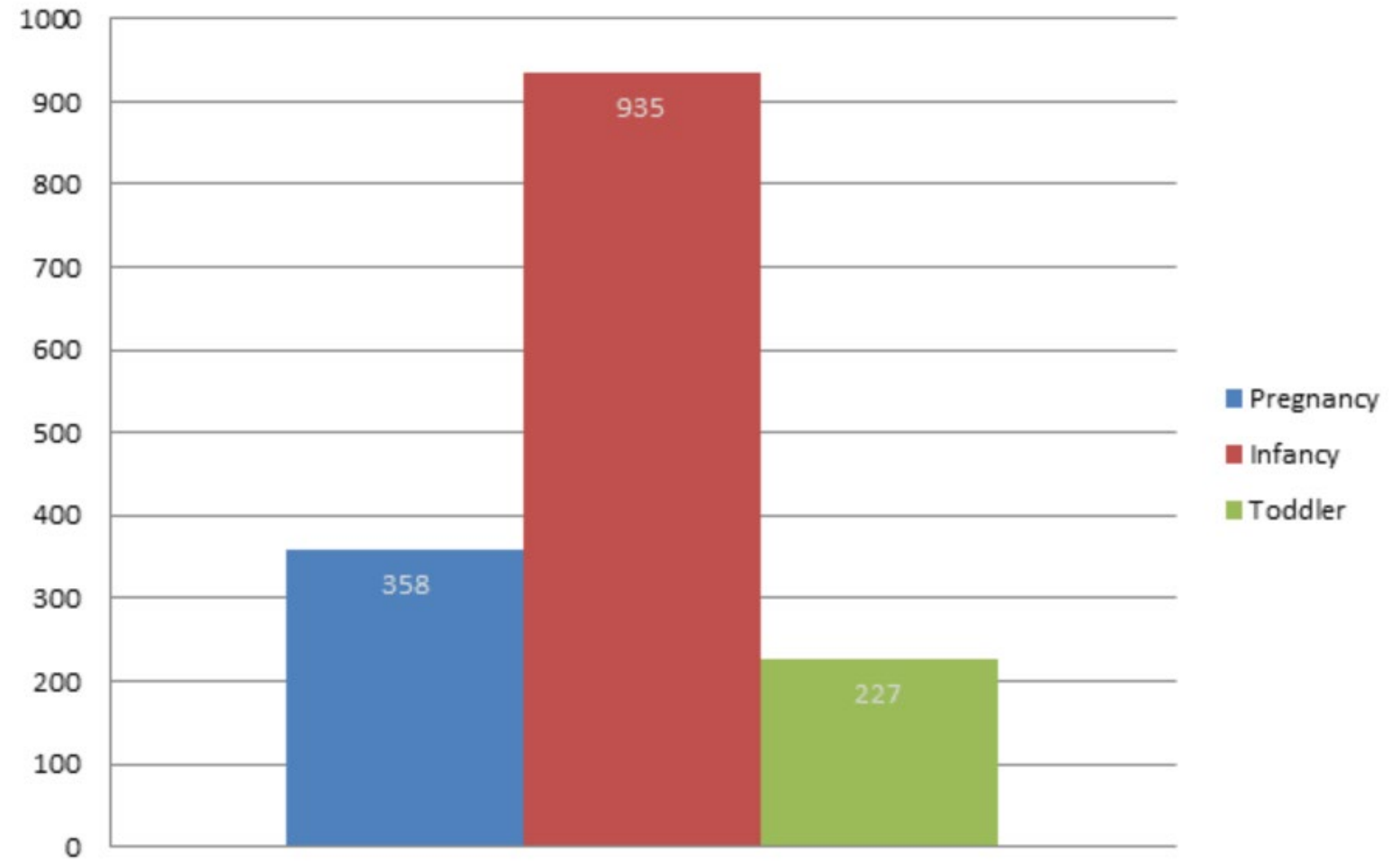


# Age

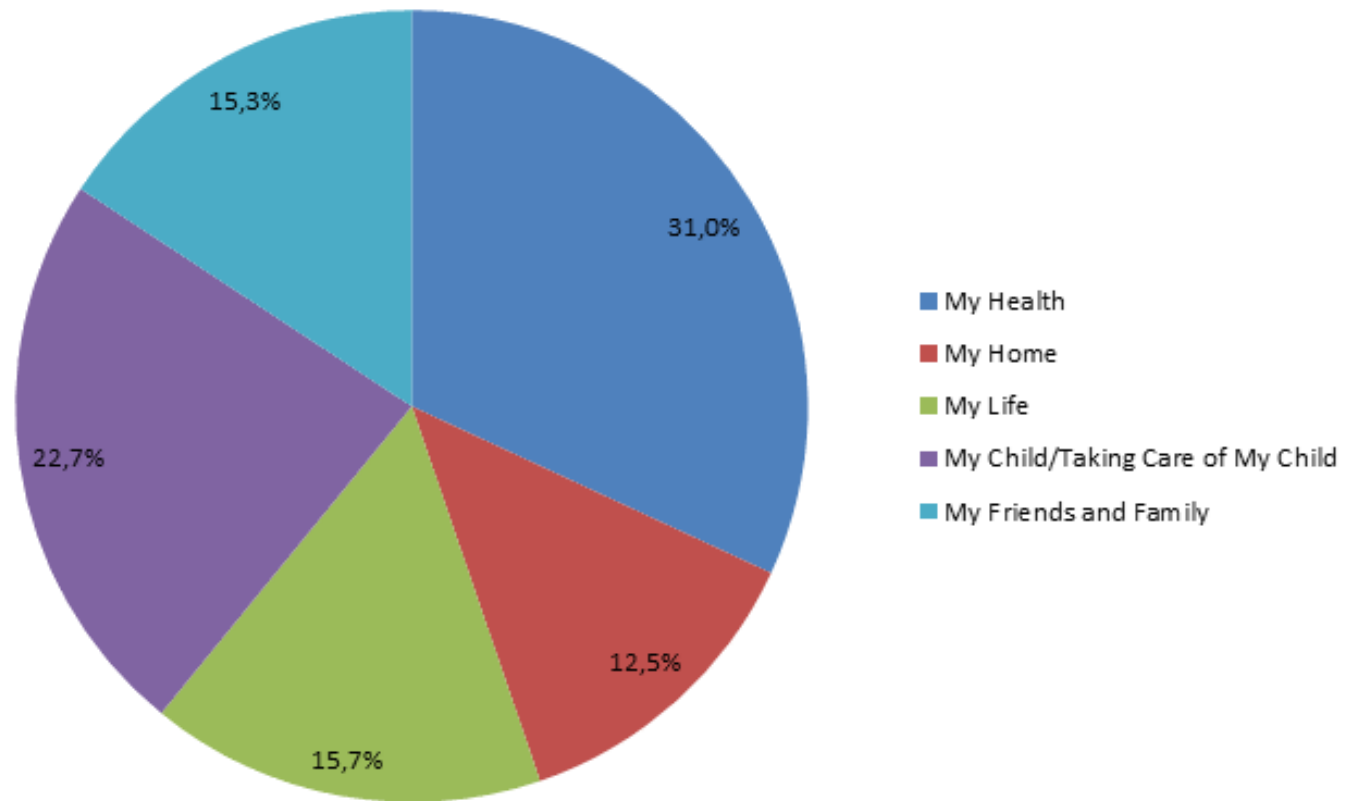


Average age: 26.4 years

# Number of home visits

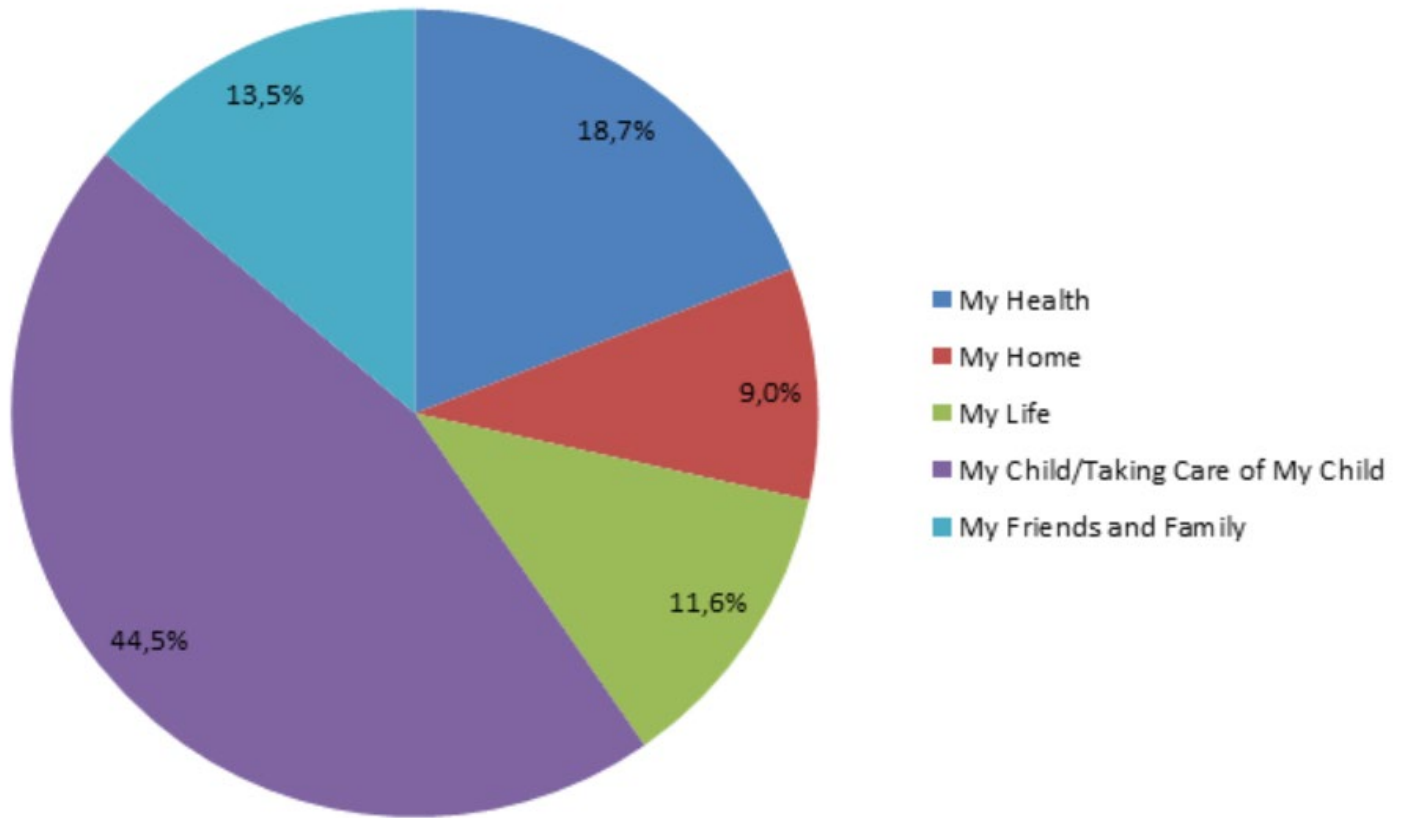


# Mean percentage of time spent on each domain during pregnancy phase



	2018	NFP Objective	Difference
My Health	31.0%	35% - 40%	Below range
My Home	12,5%	5% - 7%	Above range
My Life	15,7%	10% - 15%	Above range
My Child/Taking Care of My Child	22,7%	23% - 25%	Below range
My Friends and Family	15,3%	10% - 15%	Above range

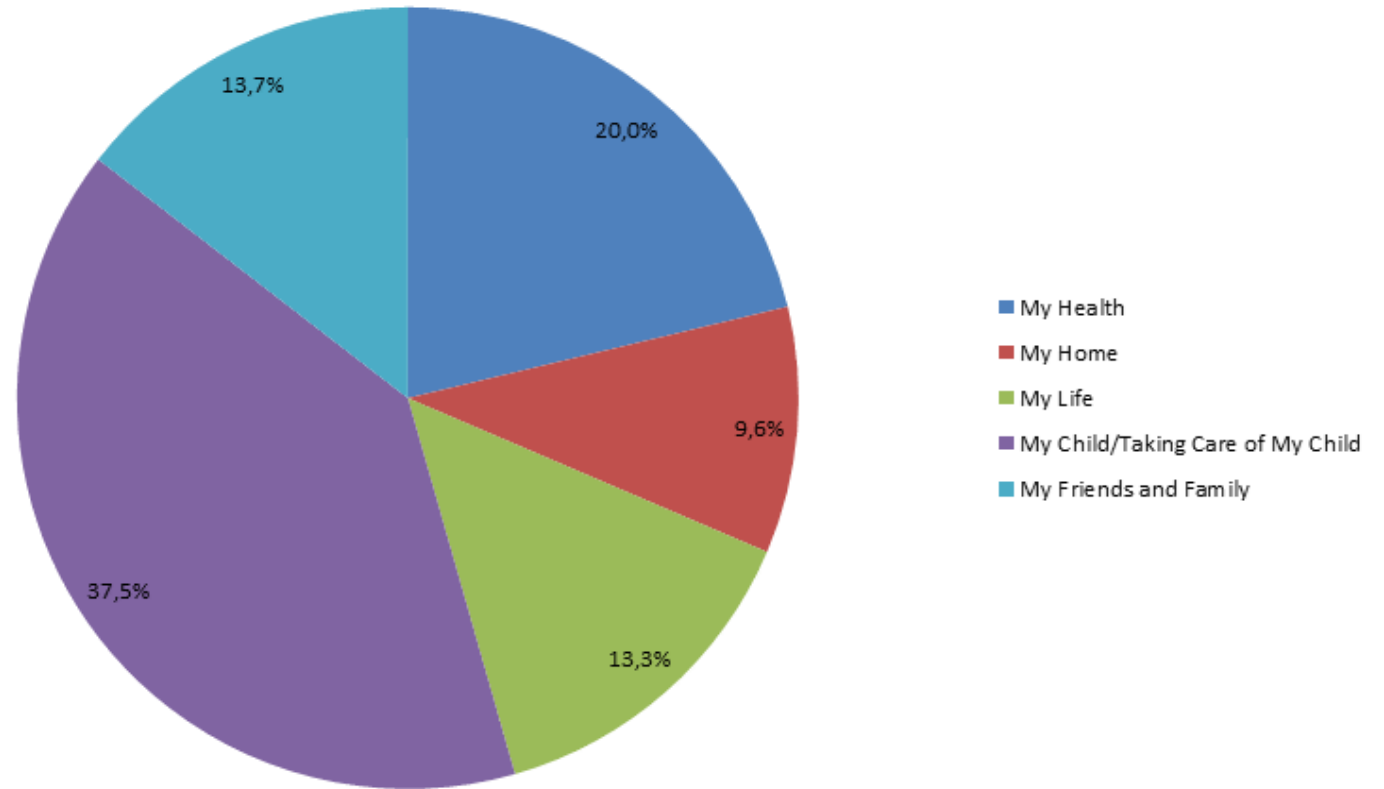
# Mean percentage of time spent on each domain during infancy phase



	2018	NFP Objective	Difference
My Health	18.7%	14% - 20%	In range
My Home	9.0%	7% - 10%	In range
My Life	11,6%	10% - 15%	In range
My Child/Taking Care of My Child	44,5%	45% - 50%	Below range
My Friends and Family	13,5%	10% - 15%	In range



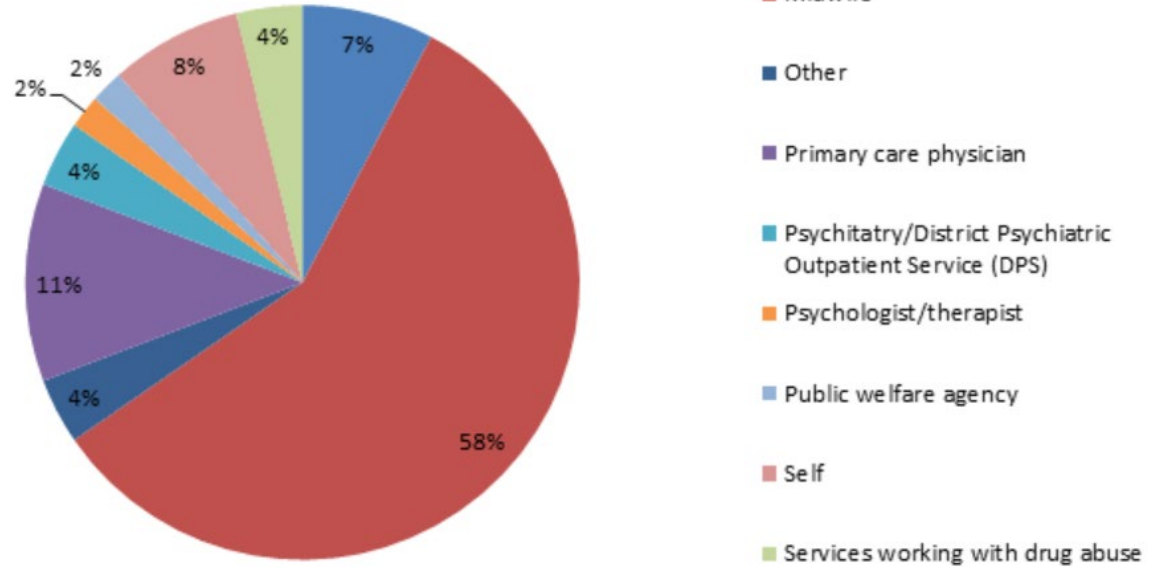
# Mean percentage of time spent on each domain during toddler phase



	2018	NFP Objective	Difference
My Health	20.0%	10% - 15%	Above range
My Home	9,6%	7% - 10%	In range
My Life	13,3%	18% - 20%	Below range
My Child/Taking Care of My Child	37,5%	40% - 45%	Below range
My Friends and Family	13,7%	10% - 15%	In range

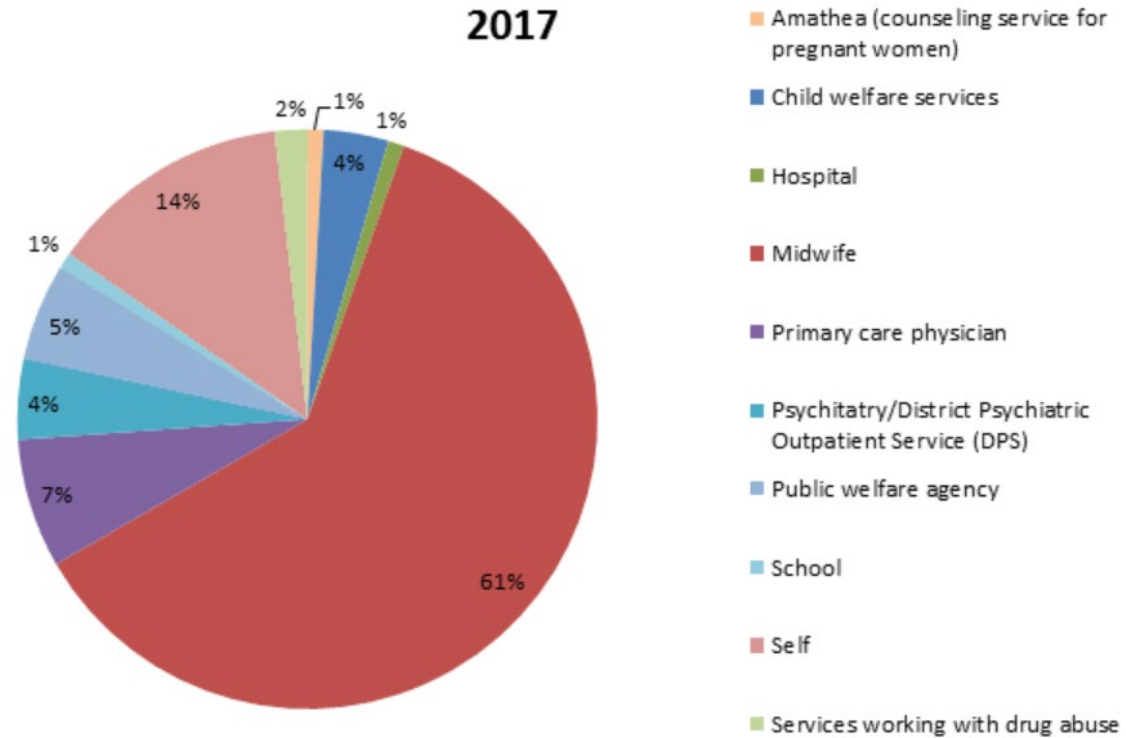
# Referral source for 2018

2018



	iY
Child welfare services	4
Midwife	30
Other	2
Primary care physician	6
Psychiatry/District Psychiatric Outpatient Service (DPS)	2
Psychologist/therapist	1
Public welfare agency	1
Self	4
Services working with drug abuse	2
<b>Total</b>	<b>52</b>

# Referral source for 2017



	iY
Amatheia (counseling service for pregnant women)	1
Child welfare services	4
Hospital	1
Midwife	68
Primary care physician	8
Psychiatry/District Psychiatric Outpatient Service (DPS)	5
Public welfare agency	6
School	1
Self	15
Services working with drug abuse	2
<b>Total</b>	<b>111</b>



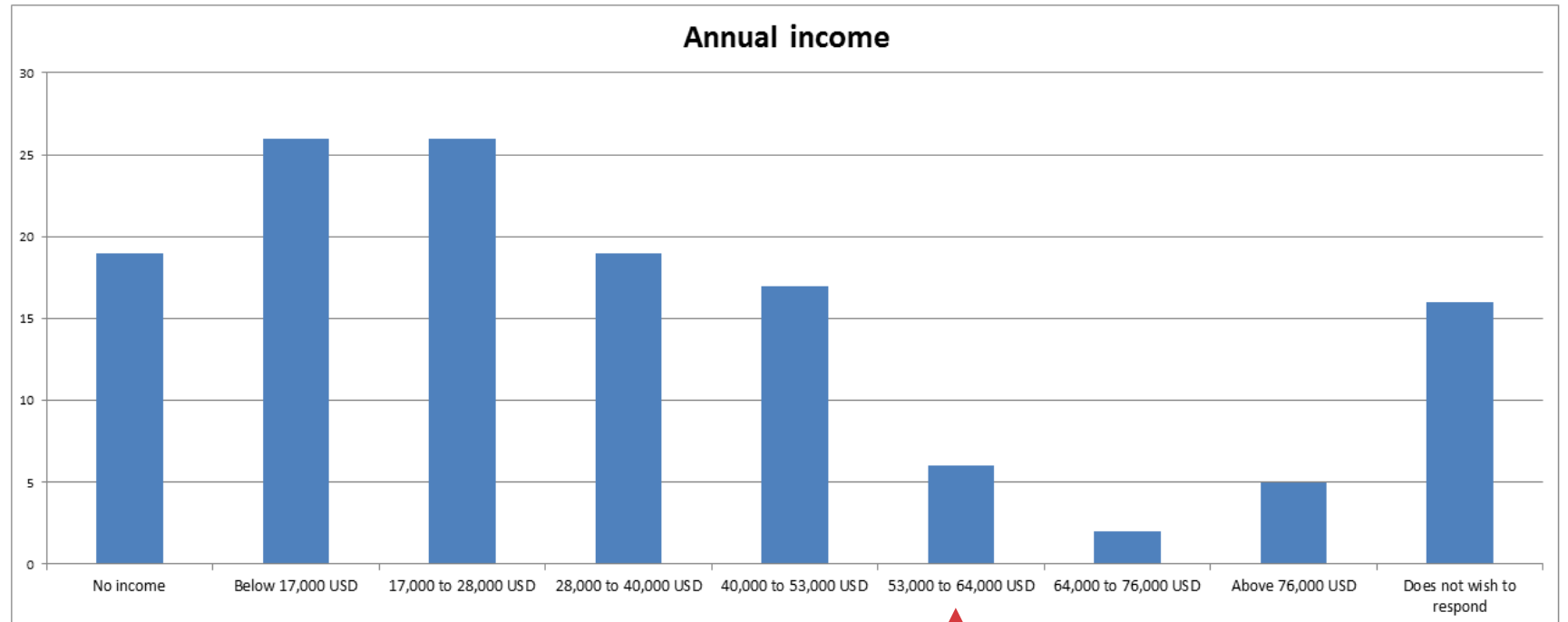
# Socioeconomic status

All clients 2016-2018



# Annual income

(all clients enrolled in NFP)



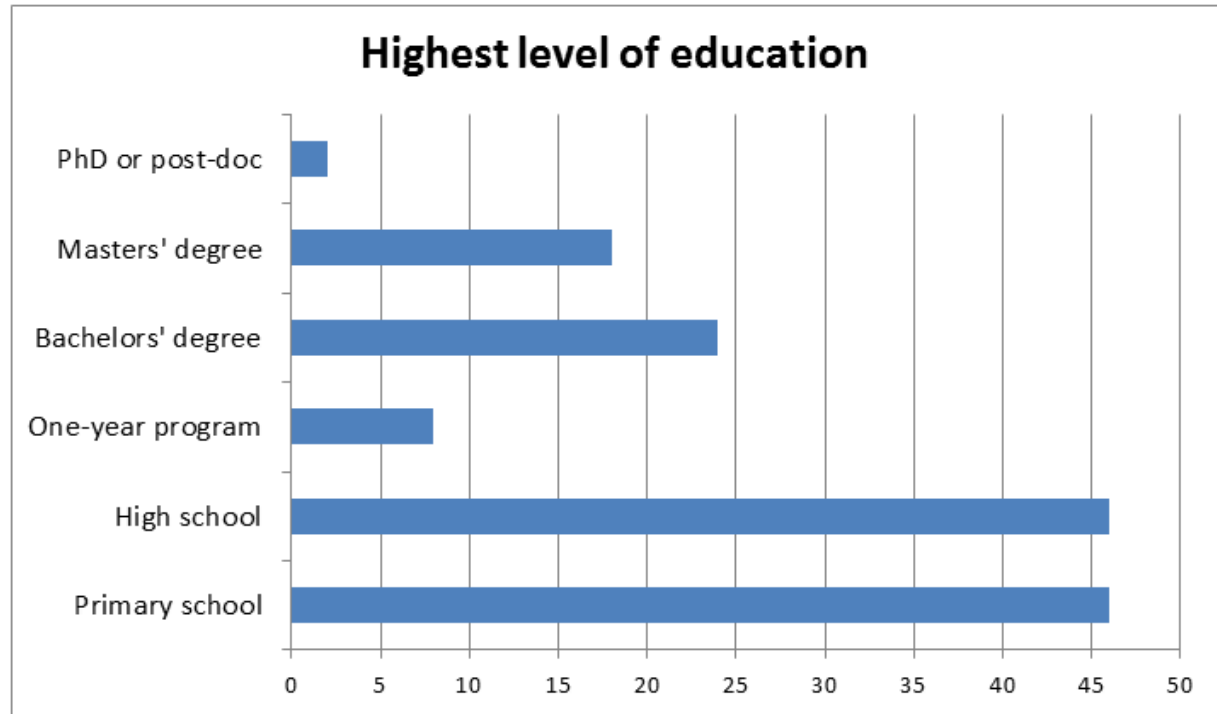
Average gross income in Norway 2017  
57,000 USD

Data from first home visit

# Educational level

(all clients enrolled in NFP)

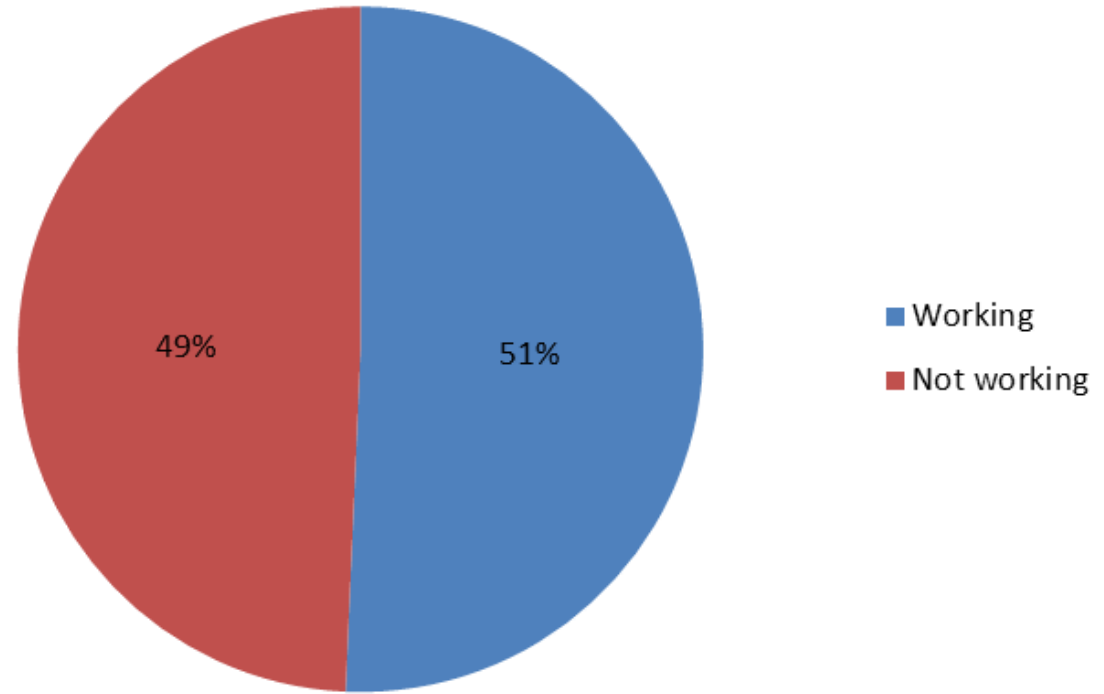
	Number
Primary school	46
High school	46
One-year program	8
Bachelors' degree	24
Masters' degree	18
PhD or post-doc	2
<b>Total</b>	<b>144</b>



Data from first home visit

# Employment status

(all clients enrolled in NFP)



	Number	Percentage
Working	73	51%
Not working	71	49%
<b>Total</b>	<b>144</b>	<b>100%</b>

Data from first home visit

# Employment status

(all clients enrolled in NFP)

		Enrolled in educational program	
		Yes	No
Currently employed	Yes	16	56
	No	21	49

Data from first home visit

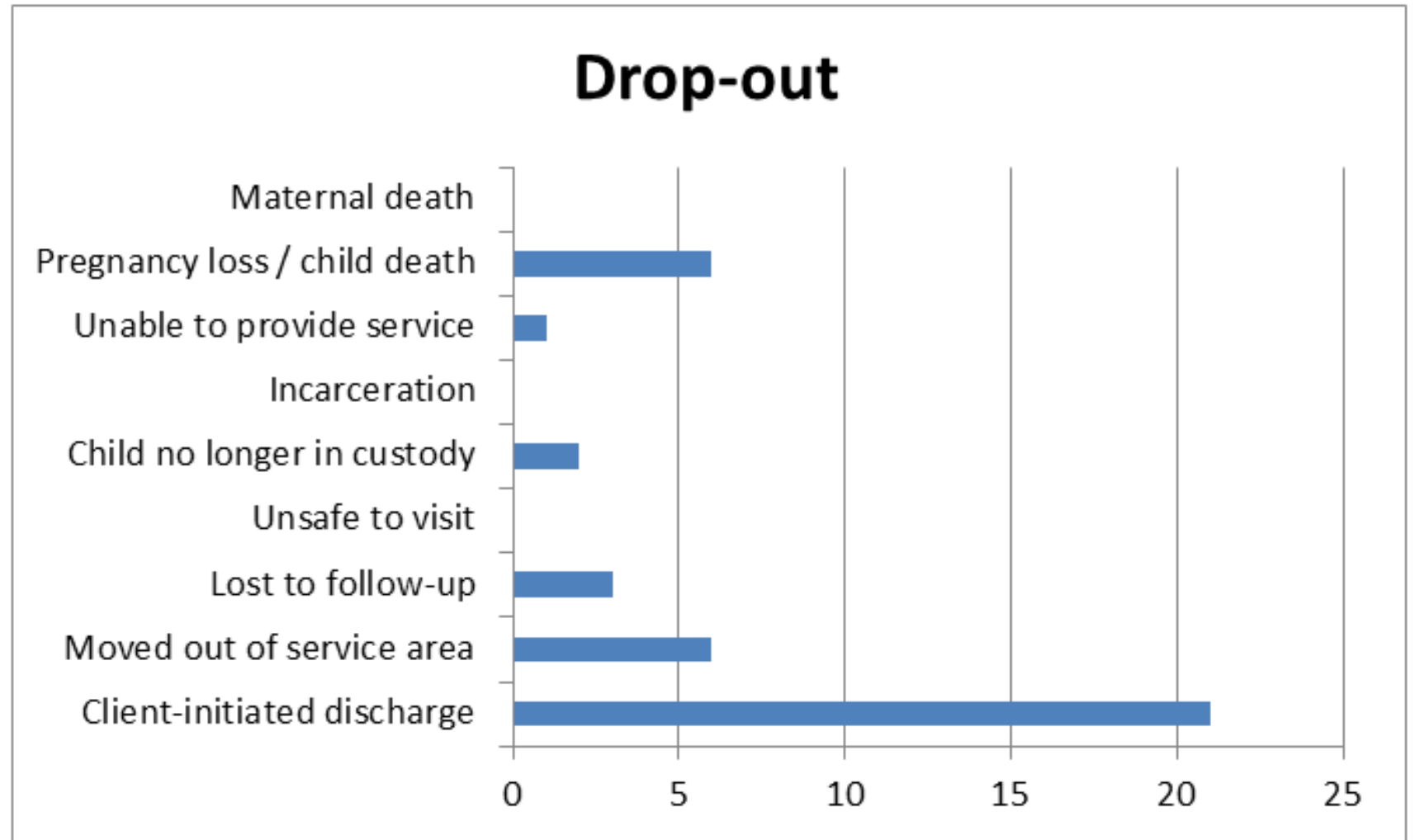




# Retention and drop-out

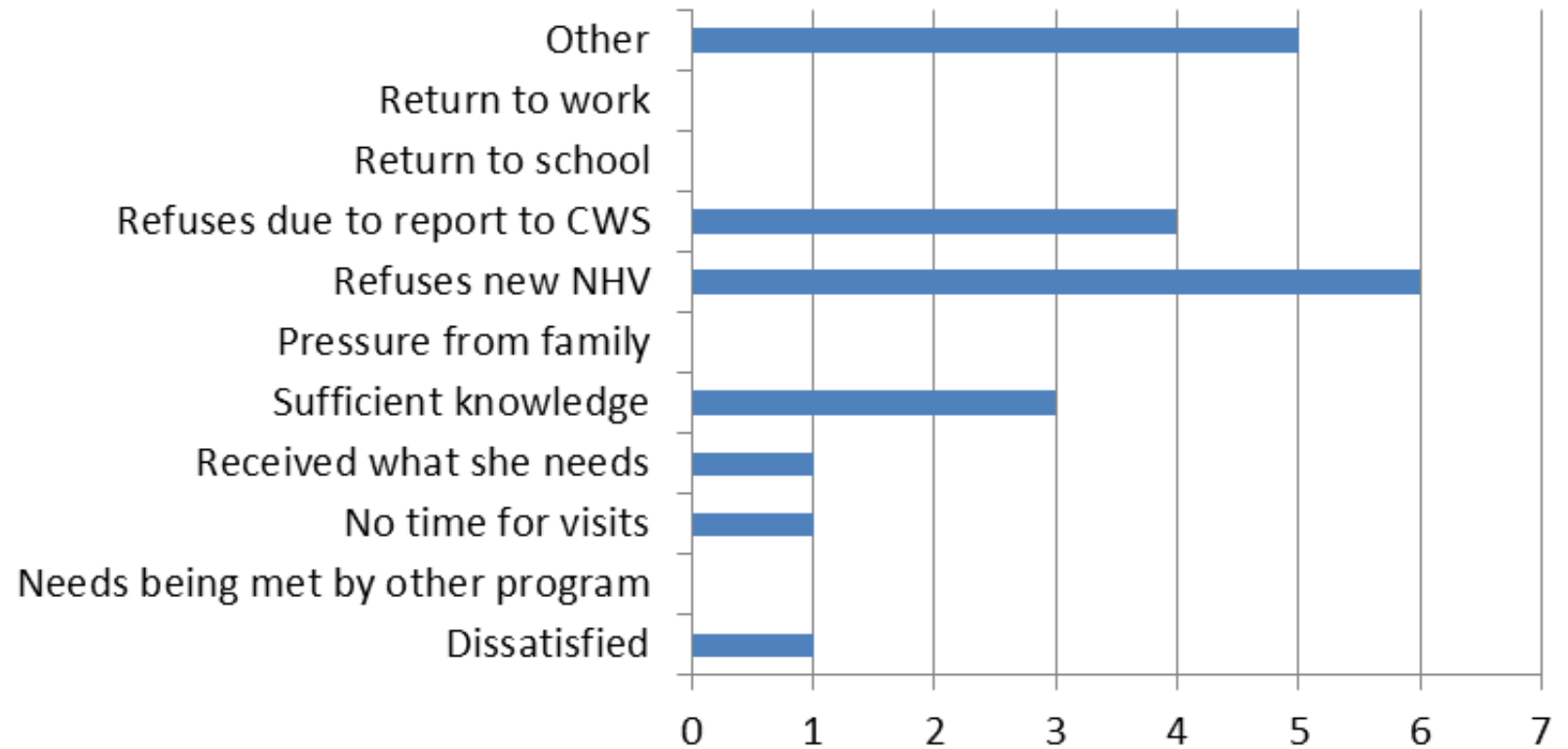
All clients 2016-2018

# Drop-out



# Drop-out

## Reasons for client-initiated discharge

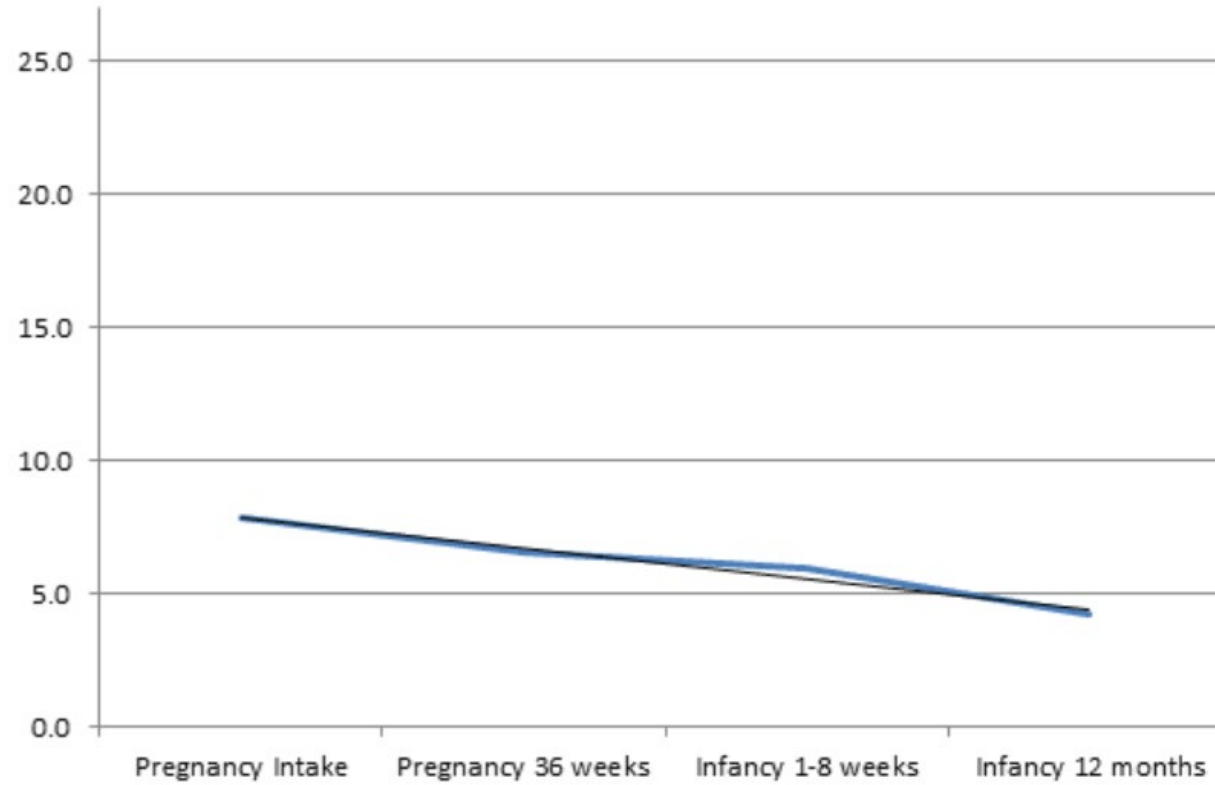




# Depression (PHQ-9)

All clients 2016-2018

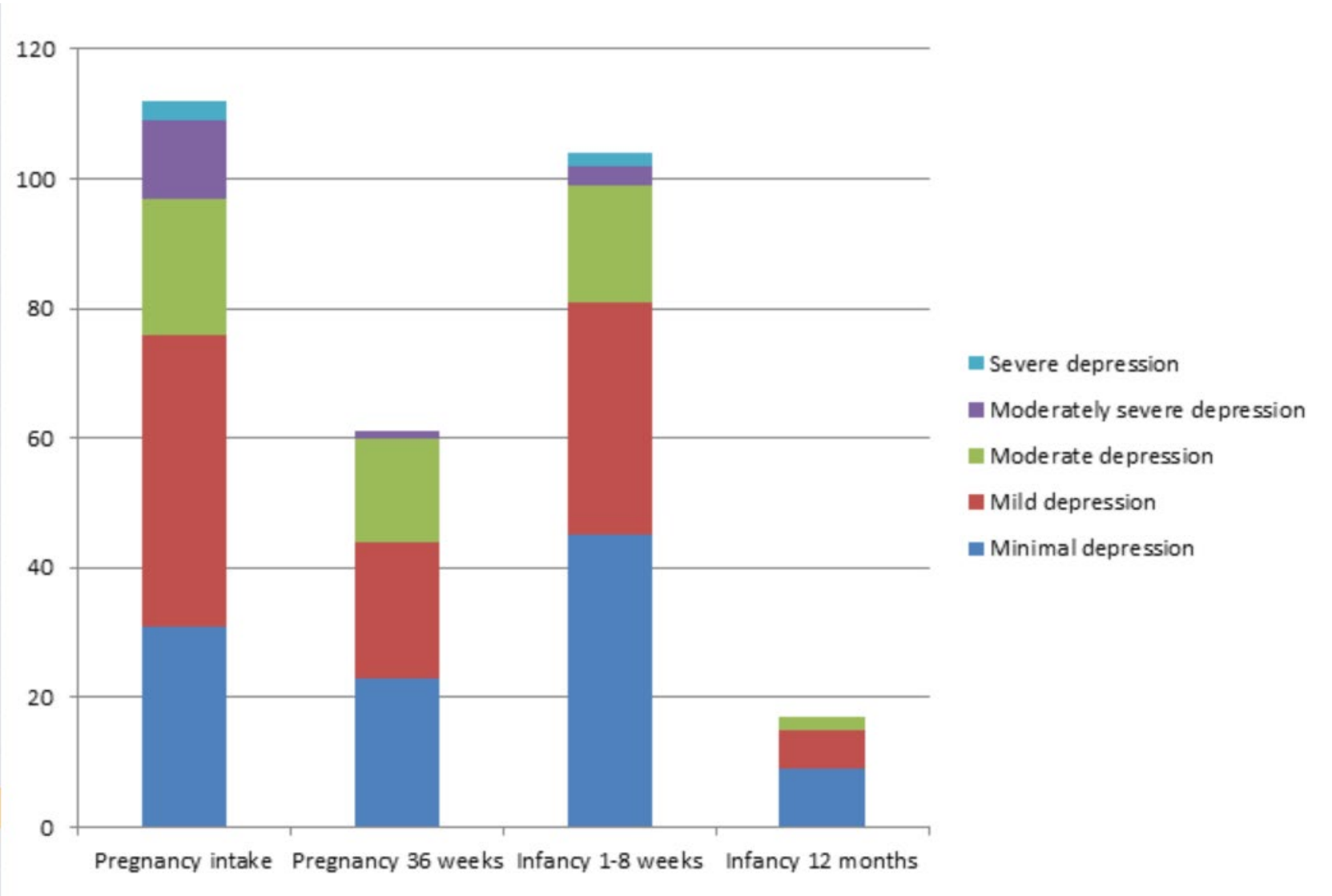
# PHQ-9



	Mean	Standard deviation
Pregnancy Intake	7.8	5.0
Pregnancy 36 weeks	6.6	4.1
Infancy 1-8 weeks	5.9	4.8
Infancy 12 months	4.2	3.4

Total Score	Depression Severity
0-4	Minimal depression
5-9	Mild depression
10-14	Moderate depression
15-19	Moderately severe depression
20-27	Severe depression

# PHQ-9

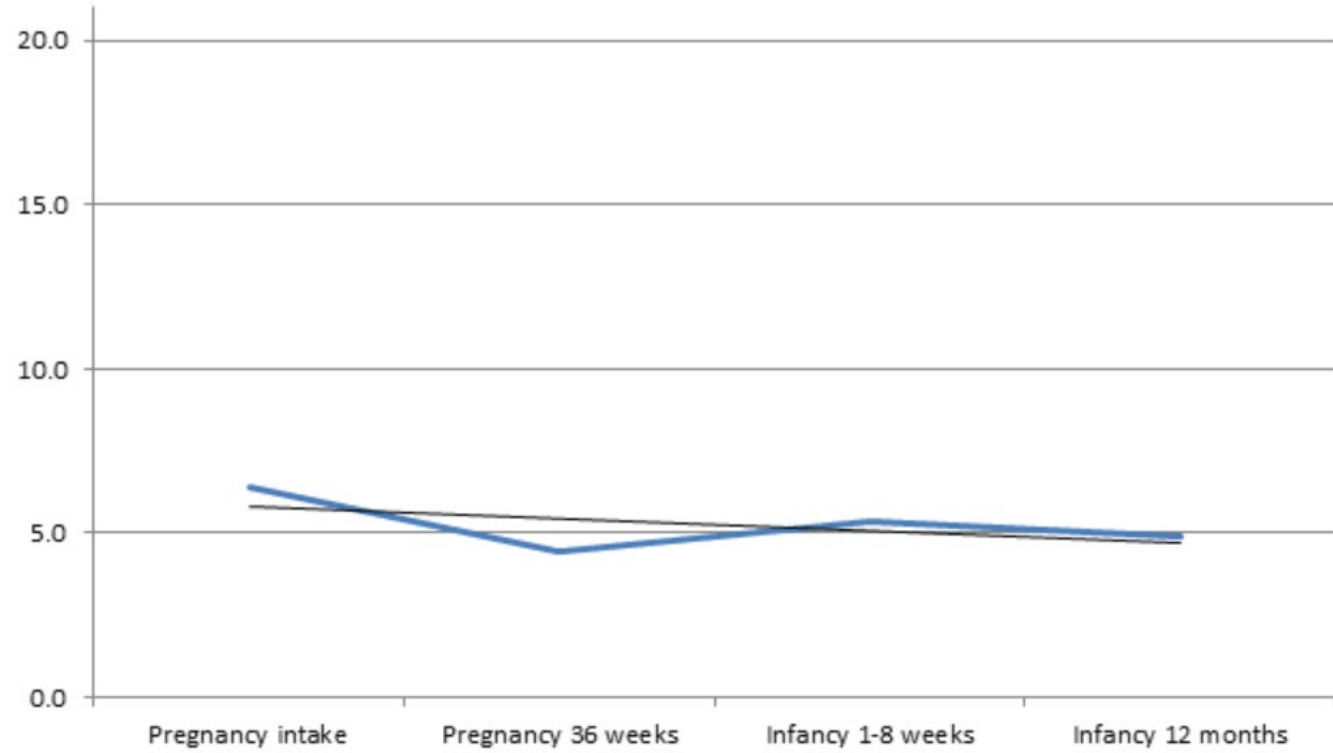




# Anxiety (GAD-7)

All clients 2016-2018

# GAD-7

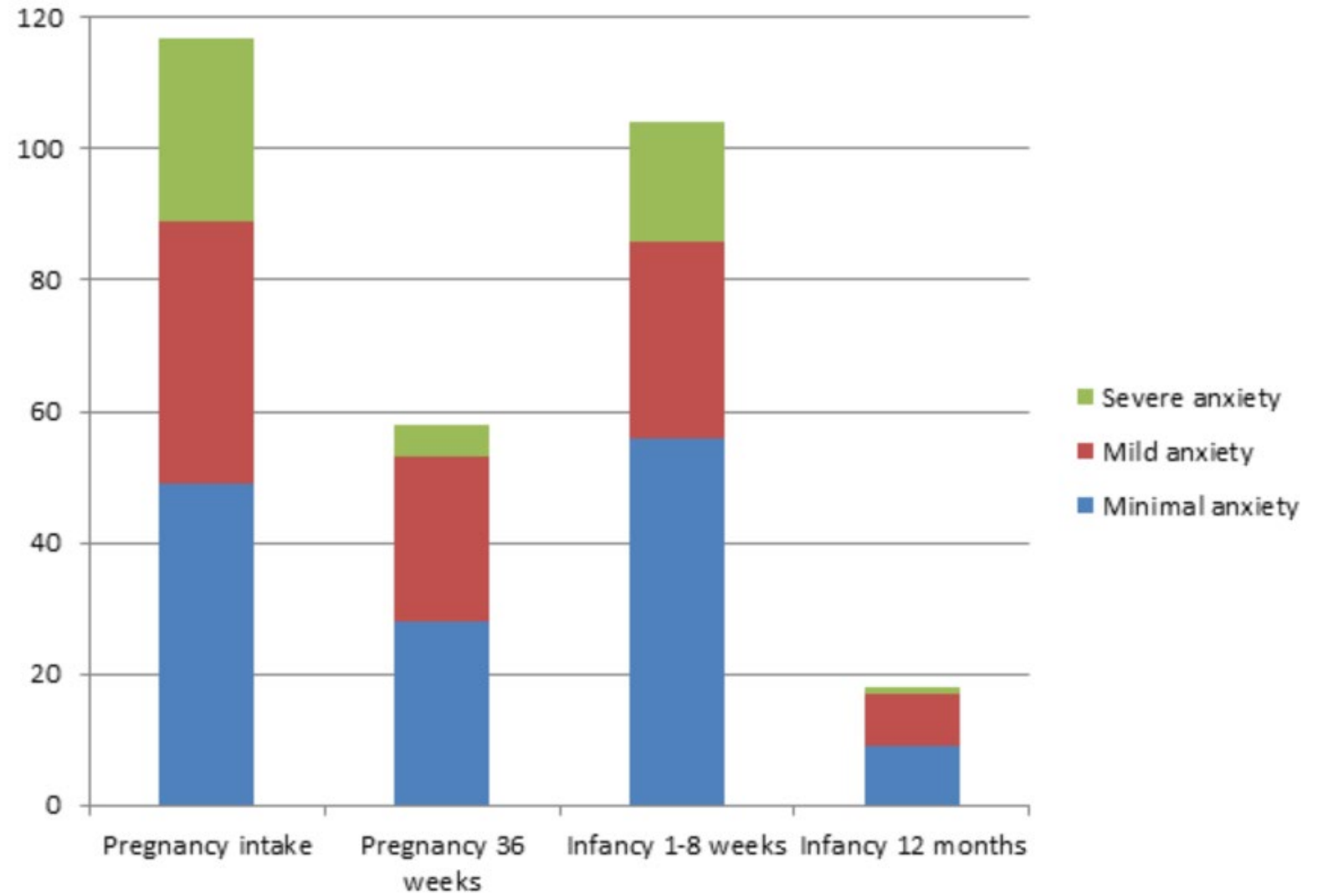


	Mean	Standard deviation
Pregnancy intake	6.4	4.5
Pregnancy 36 weeks	4.5	3.2
Infancy 1-8 weeks	5.4	4.7
Infancy 12 months	4.9	3.0

Total Score	Anxiety Severity
0-4	Minimal anxiety
5-9	Mild anxiety
10-21	Severe Anxiety



# GAD-7



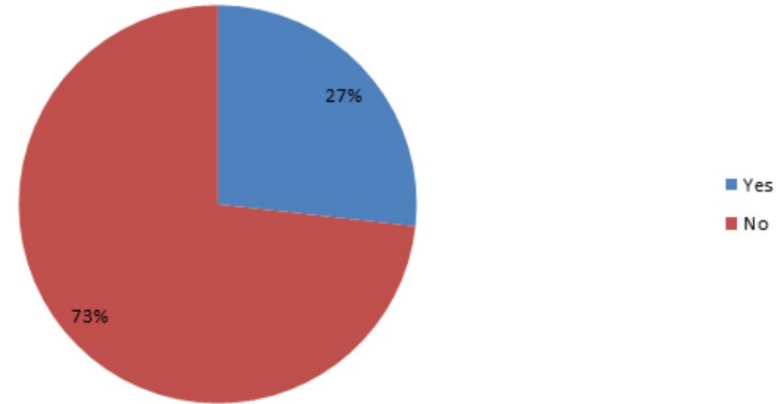


# Smoking

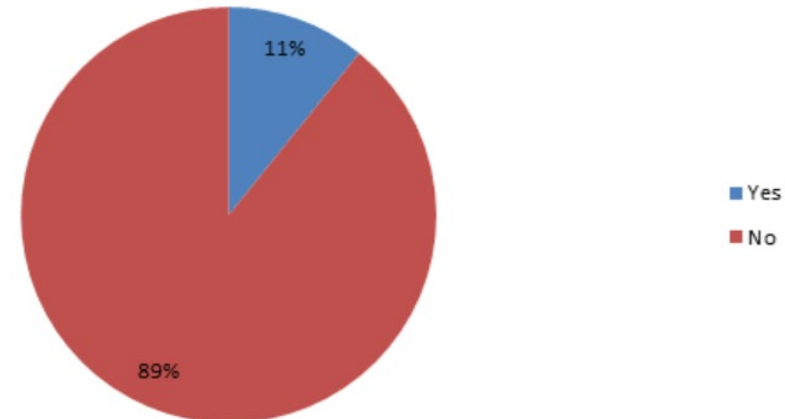
All clients 2016-2018

# Smoking habits

Have you smoked at all during your pregnancy, including before you found out you were pregnant?  
(Pregnancy intake)



Have you smoked at all during your pregnancy?  
(Pregnancy 36 weeks)





# Birth weight

All clients 2016-2018

# Mean birth weight

Girls	3272
Boys	3438
<b>Total</b>	<b>3353</b>



ASQ

All clients 2016-2018

# ASQ

	Communi- cation	Gross Motor	Fine Motor	Problem Solving	Personal- Social
Our data (76 children at 6 months)	47.2 (10.9)	41.3 (10.9)	48.1 (11.1)	52.0 (11.2)	49.0 (10.7)
Population from Norway (2534 children at 6 months)	46.9 (9.2)	40.4 (10.8)	48.8 (10.4)	52.8 (8.3)	48.7 (10.3)



# Emotional Availability Scales



# Emotional Availability Scales

- Adult Sensitivity
  - Adult Structuring
  - Adult Nonintrusiveness
  - Adult Hostility
  - Child Responsiveness
  - Child Involvement
- 
- 60 at 6 months
  - 30 at 12 months