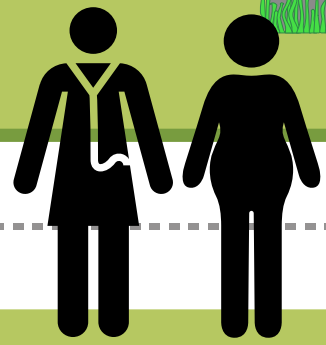
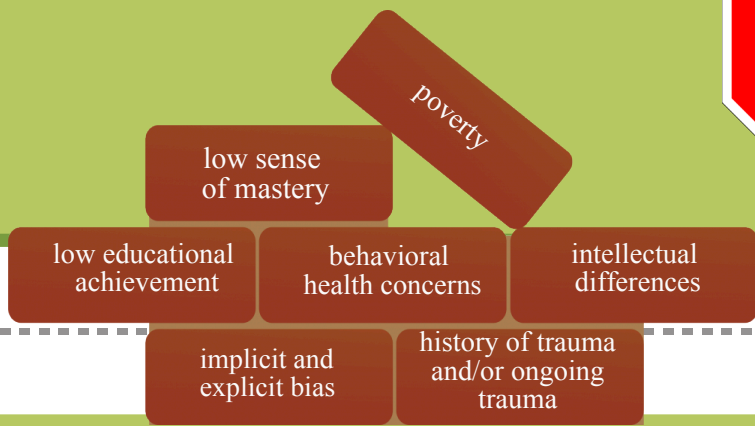


Why Consider Serving Women with Previous Live Births (Multips)?



INTERSTATE
We know NFP improves life course outcomes for first-time mothers and their children who face multiple adversities.



Multips face the same adversities that first-time mothers face and still need support, from a program like NFP.

"I still get those parents who don't have support. I still get those parents who are struggling with how to parent, those parents who don't have that confidence. That's one of the things I really see of my moms who have NFP, and I tell my patients this when I'm trying to sell them on the program, I will tell them, you know, I can tell the moms who have this kind of support in their lives and the moms who can't when they come to their postpartum visit. Because they come in with their heads held high, and they're confident, and they feel comfortable with what they're doing. They don't seem as, and I mean this truly, they don't seem as overwhelmed as my moms who don't have that kind of support."

Quote from social worker based at a referral source regarding NFP serving multips

Serving multips would allow the NFP to reach a larger proportion of the population in need of support.

"I know that is what, you know, drug rehabs are for and things like that, but to have just one more organization out there that are able to reach out and touch parents. Like I said, being in a drug addiction is bad enough, but being a parent and being in drug addiction is that much more stressful. If you guys can come up with ways to help moms and help parents and that are in active use or in recovery that would be awesome."

Quote from a former NFP client with a history of substance-use disorder

Quote from pediatrician: "And at the national level, Nurse Family Partnership, there needs to be a work group that would develop activities and strategies so that the Nurse Family Partnership nurse is a member of the primary care team. I see that's the best pathway to break down the two silos."

Quote from pediatrician

Serving multips may allow NFP to strengthen collaboration or form new partnerships with other community health providers such as primary care, behavioral health, and social services.

What Have We Learned about Serving Multips?

31 sites around the country are participating in a formative study of serving multips with almost 1,400 women enrolled.

"We must get this version of NFP right before testing it in a trial."

EXIT

Enrollment and retention of multips in NFP is similar to that for first-time mothers in NFP nationally.

Multip women enrolled in NFP appear to be more complex due to the challenges of additional children in the household.

Collaborative relationships between NFP and other community providers are necessary to effectively serve multips.

Flexibility with visit schedule, length, location and content is very important in retaining multips.

Other children in the home often have unaddressed needs.

MPH

Opportunities and Impact

SPEED LIMIT

Is the NFP effective at improving life course outcomes for multip mothers and their children?

How does parenting other children affect NFP's impact on parenting behaviors of multip mothers and identify ways NFP might be adapted to have even greater impact?

Evidence from a well-designed study would guide NFP leadership in deciding about expansion of the program to include multiparous women.

"Some of our multips that are dealing with homelessness or kids that are sick, it just weighs heavier on them because they have more babies to care for...that they love and they want to protect, and I think that it just puts them at increased risk, you know, for depression and anxiety, and just makes overall everything harder for them to get taken care of."

Quote from NFP team member serving at site serving multips

