



# MAP 1 Resource Guide

## **Standard 1: Applies theories and principles integral to implementation of the NFP model.**

### **Proficiency 1.1 Applies Self-Efficacy Theory to promote client empowerment and growth.**

#### **1. Regularly provides concrete and specific feedback regarding client successes, strengths and goals achievement.**

- Unit 1 workbook: Ch 4: The Importance of Verbal Persuasion to Self-Efficacy content on providing verbal feedback and affirmations to clients
- Unit 1 workbook: Ch 8: Motivational Interviewing content focused on OARS which includes Affirmations
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits content focused on affirmations and feedback
- Unit 2 workbook: Motivational Interviewing session - content focused on Affirmations
- Unit 2 workbook: Planning the First Five Visits session - content focused on providing Feedback to clients on the Home Visit Form
- Team Meeting Education Module (found on NFP Community): Client Centered Principles Section B: Focus on Strengths
- Visit to Visit Guidelines: Visit Guidance for 21 weeks to Birth - review "Planning and Goal Setting" and "Reflections"

#### **2. Identifies stages of change.**

- Unit 1 workbook: Ch 8: Motivational Interviewing content focused on Stages of Change
- Unit 2 workbook: Motivational Interviewing session - content focused on Stages of Change
- Online Module: Stages of Behavior Change
- Visit to Visit Guidelines: review facilitator and instructions "Making changes in My Life"

### **Proficiency 1.2 Uses client-centered principles to engage, retain and empower client.**

#### **3. Client is expert: Attends to client to understand values, beliefs, experience and context; does not impose own perspectives.**

- Unit 1 workbook: Ch 6: Client Centered Principles - content for principle #1 "Client is the expert on her life"
- Unit 1 workbook: Ch 7: Therapeutic Relationships - content focused on client-centered care and client is the expert on her life
- Unit 1 workbook: Ch 8: Motivational Interviewing - content focused on clients as the expert and empowering them to find solutions
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment & Visits. Review the tables labeled "More Engaging/Less Engaging"
- Unit 2 workbook: Client-Centered Principles session - content focused on principle #1 "The client is the expert on her own life"
- Team Meeting Education Module (found on NFP Community): Client Centered Principles Section A: The Client is the Expert on Her Life
- Visit to Visit Guidelines: Visit Guidance for 6 weeks to 6 months - Early Infancy - review "Retaining Your Clients"

#### **4. Client's heart's desire: Elicits client's dreams and wants; uses these as a basis for planning care and interactions with client.**

- Unit 1 workbook: Ch 6: Client Centered Principles - content for principle #2 "Follow the client's heart's desire"
- Unit 1 workbook: Ch 8: Motivational Interviewing - content focused on supporting the client's heart's desire in MI Flow Scenario
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment & Visits. Review Sections 5 & 6: Planned Topics & Planning and Goal Setting
- Unit 2 workbook: The Five Client-Centered Principles session - content focused on principle #2: Follow the Client's Heart's Desire
- Team Meeting Education Module (found on NFP Community): Client Centered Principles Section C: Follow the Client's Heart's Desire
- Team Meeting Education Module: NFP Home Visit Form

- Visit to Visit Guidelines: Visit Guidance for Early Visits - review "Planning and Goal Setting"
- Visit to Visit Guidelines: review Visit Guidance for any phase - read Assessment and Planned Guidance

### **Proficiency 1.3 Applies knowledge of Attachment Theory to establish and maintain relationships with clients.**

#### **5. Uses the visit structure (Greeting, Issues & Concerns, Review & Report, Plan, Summary) and principles of regulation to create a predictable pattern and safe base for clients.**

- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - content focused on the home visit plan
- Unit 2 workbook: Planning the First Five Visits session - content focused on the home visit plan
- Visit to Visit Guidelines: review Visit Guidance for any phase; review guidance to see how a predictable pattern during visits is expressed (Greeting, Issues & Concerns, etc.)

#### **6. Maintains nonjudgmental attitude and emotional availability during visits.**

- Unit 1 workbook: Ch 3: Attachment Theory - content focused on the nurse-client relationship to be emotionally available to clients
- Unit 1 workbook: Ch 7: Therapeutic Relationships - content focused on developing Professional Therapeutic Relationships which includes being nonjudgmental and setting aside biases
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - content focused on strategies to be more engaging with clients including being nonjudgmental
- Unit 2 workbook: Reflective Practice section focused on elements to support a reflective relationship which include being emotionally present
- Unit 2 workbook: Cultural Responsiveness - review 4-Step Process and regarding beliefs and hidden biases

### **Proficiency 1.4 Applies Attachment Theory to help client demonstrate consistent, responsive and nurturing caregiving.**

#### **7. Assesses client's and partner's attachment history to identify potential risks for attachment.**

- Unit 1 workbook: Ch 3: Attachment Theory - content focused on the impact of client's history on their current way of interacting & responding
- Unit 1 workbook: Ch 3: Attachment Theory - section on the impact of adult attachment on parenting and reviewing childrearing histories
- Unit 1 workbook: Ch 3: Attachment Theory - use of the Life History calendar to discuss the way the client was parented, choosing behaviors to continue and identifying those to avoid
- Unit 1 workbook: Ch 5: Content Domains - provides a sample of the Life History calendar
- Unit 1 workbook: Ch 13: Maternal Role - considering generational attachment patterns
- Visit to Visit Guidelines: review instructions for Life History Calendar, view video on Life History Calendar
- STAR Framework packet: review Current Risk Versus Historical/Background Risk

### **Proficiency 1.5 Applies Human Ecology Theory to strengthen client social network and support systems.**

#### **8. Formally assesses the client's personal network relationships, identifying both supportive and non-supportive relationships.**

- Unit 1 workbook: Ch 1: History, Evidence, and Theories - Applying Human Ecology theory to consider the influence of social contexts and relationships on the client
- Unit 1 workbook: Ch 2: Human Ecology Theory - the entire chapter focusing on the influences of the client and the many layers of environmental context around her
- Unit 1 workbook: Ch 5: Content Domains - section explaining the Friends and Family Domain with focus on personal network relationships
- Unit 2 workbook: STAR Framework Coding Sheet focused on available social support, loneliness & social isolation, and family/friends support goal

- STAR Framework: Coding Guidance - Measurement Category #12
- Visit to Visit Guidelines: review instructions for "My Support" , "Finding Resources and Support", "Who Supports Me" and others that pull up when you enter "support" in key words

## **Standard 2: Uses research, ongoing quality improvement and reports from data systems to guide and improve practice.**

### **Proficiency 2.1 Uses appropriate therapeutic communication in gathering information to complete data collection forms.**

#### **9. Uses a conversational style (versus formal Q&A) to gather data to complete assessment and data forms.**

- Unit 1 workbook: Ch 12: Data in a Client-Centered World - the section explaining how to collect data using a natural conversational manner and sensitively address issues that arise
- Unit 1 workbook: Section on Planning the First Five Visits section with guidance and an activity focused on delivering an assessment using a conversational style (Health Habits & STAR)
- Data Collection Manual on NFP Community; review instructions for completing data collection forms

### **Proficiency 2.2 Uses clinical judgment and engagement strategies about timing of questions around sensitive issues.**

#### **10. Becomes familiar with the schedule and guidance for completing data forms.**

- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - section on ways to promote and interfere with client engagement (more and less engaging strategies)
- Unit 1 workbook: Ch 12: Data in a Client-Centered World - entire chapter
- [Data Collection Manual on NFP Community website](#)
- Data Collection Manual on NFP Community website; review Overview of Data Collection Forms used by Nurse Home Visitors for schedule for completing forms

### **Proficiency 2.3 Uses data to inform nursing assessment and improve client outcomes.** (Proficiencies 2.4 & 2.5 not part of MAP 1: 4 months)

#### **11. Uses data (e.g., maternal health assessment and demographics form) to inform assessments such as the Strengths and Risks (STAR) Framework to build an intervention plan.**

- Unit 1 workbook: Ch 10: Excellence in Nurse-Family Partnership Nursing Practice - section on use of nursing process to individualize care in all six program domains
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - section on use of Assessment and ties to STAR in the Home Visit Plan Section 4
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - section on Assessments and Planned Guidance
- Unit 1 workbook: Ch 12: Data in a Client-Centered World - entire chapter and also two sections within the chapter focused on completing STAR as the first step of the nursing process
- Unit 2 workbook: Planning the First Five Visits session - content focused on Getting Familiar with the STAR Framework Coding Sheet and Assessments completed during the first five visits
- Unit 2 workbook: Integration and Closing section focused on nursing process and STAR coding
- STAR Framework packet: review "Use in Practice" section

### **Standard 3: Uses the Nursing Process to deliver individualized client care and set goals across the six domains.**

#### **Proficiency 3.1 Applies critical thinking skills when using the nursing process within the six domains.**

##### **12. Uses the Nursing Process including the Strengths and Risks (STAR) Framework to assess client strengths and risks in all domains.**

- Unit 1 workbook: Ch 10: Excellence in Nurse-Family Partnership Nursing Practice - section on use of nursing process to individual care in all six program domains
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - section on use of Assessment and ties to STAR in the Home Visit Plan Section 4
- Unit 1 workbook: Ch 12: Data in a Client-Centered World - entire chapter and also two sections within the chapter focused on completing STAR as the first step of the nursing process
- Unit 2 workbook: Planning the First Five Visits session - content focused on Getting Familiar with the STAR Framework Coding Sheet and Assessments completed during the first five visits
- Unit 2 workbook: Integration and Closing section focused on nursing process and STAR coding
- STAR Framework packet: review 10 pages explaining STAR and use of STAR
- Online Module: Introduction to the STAR Framework
- Online Module: Coding the STAR

##### **13. Uses the Nursing Process, the Strengths and Risk (STAR) Framework and nursing judgment to guide decisions about alternate visit schedules, use of telehealth, etc.**

- Unit 1 workbook: Ch 11: review "Structure and Flexibility"
- NFP Community: Telehealth/Visit Schedule page: Telehealth Guidance and Guidance for Adjusting Visit Schedule
- STAR Framework packet: review 10 pages explaining STAR and use of STAR
- Team Meeting Education Module: Client Retention
- Online Module: Introduction to the STAR Framework

##### **14. Evaluates care and adjusts plans as needed to respond to client risks and needs.**

- Unit 1 workbook: Ch 12: Data in a Client-Centered World - entire chapter and also two sections within the chapter focused on completing STAR as the first step of the nursing process
- Unit 2 workbook: Planning the First Five Visits session - content focused on Getting Familiar with the STAR Framework Coding Sheet and Assessments completed during the first five visits
- NFP Community: Telehealth/Visit Schedule page: Guidance for Adjusting Visit Schedule
- STAR Framework packet: review 10 pages explaining STAR and use of STAR
- Online Module: Introduction to the STAR Framework
- Online Module: Stages of Behavior Change
- Visit to Visit Guidelines: review instructions for "Making Changes in My Life"

#### **3.1a Uses the Nursing Process in the Personal Health Domain**

##### **15. Assesses client's physical and mental health, taking into consideration known risk factors and impact on outcomes.**

- STAR Coding Guidance: review Measurement Categories #1, #2, #3, #4, #12, #13, #14
- Unit 3: Mental Health Course - review modules 1-5

**16. Educates client about warning signs that would indicate a health risk and corresponding actions that can be taken to minimize health risks.**

- STAR Coding Guidelines: review codes that indicate risk
- Visit to Visit Guidelines: review 2 facilitators - "Danger Signs of Pregnancy" and "Postpartum Danger Signs"

**17. Monitors health of high risk or significantly compromised clients and ensures that they are knowledgeable of their condition and treatment options.**

- Unit 1 workbook: Ch 5: Content Domains - section explaining the Personal Health Domain with focus on physical and mental health
- Unit 1 workbook: Ch 10: Excellence in Nurse-Family Partnership Nursing Practice - section on six program domains including Personal Health
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - section discussing the timing of mental health assessments (e.g. PHQ-9, GAD-7)
- Unit 2 workbook: Appendix: STAR Framework Coding Sheet - domains #1 through #4
- STAR Coding Guidelines: review codes that indicate risk

**3.1b Uses the Nursing Process in the Environmental Health Domain**

**18. Assesses the home for the presence of hazards that can compromise the client's well-being and ensures that client is knowledgeable of health hazards and basic preventative actions (e.g., adequate heat, in-home toxins, pets, insect infestations, hoarding, etc.).**

- STAR Coding Guidelines: review Measurement Codes #15 through #18
- Visit to Visit Guidelines: enter key word "safety" and review a few examples of facilitators on environmental safety

**19. Assesses the neighborhood for the presence of hazards that could compromise the client's well-being (e.g., crime, gangs, drugs, etc.) and reviews preventive**

- Unit 1 workbook: Ch 5: Content Domains - section explaining the Environmental Health Domain with focus on safety inside and outside the home
- Unit 1 workbook: Ch 10: Excellence in Nurse-Family Partnership Nursing Practice - section on six program domains including Environmental Health with safety inside & outside the home
- Unit 2 workbook: Integration and Closing section focused on nursing process and STAR coding
- Unit 2 workbook: Appendix: STAR Framework Coding Sheet - domains #15 through #18
- Visit to Visit Guidelines: enter key word "safety" and review a few examples of facilitators on safety in the neighborhood
- STAR Coding Guidelines: review Measurement Codes #17

**3.1c Uses the Nursing Process in the Life Course Development Domain**

**20. Elicits client's goals and hearts' desire around her future.**

- Unit 1 workbook: Ch 4: Section defining Personal, Proxy and Collective Agency related to client's goals
- Unit 1 workbook: Ch 5: Content Domains - sections on Life Course Development Domain focused on eliciting and documenting client's goals
- Unit 1 workbook: Ch 6: Client Centered Principles - use of the principle #2 "Follow the client's heart's desire"
- Unit 1 workbook: Ch 8: Motivational Interviewing - content focused on using the MI 4-Step process and OARS to elicit client's goals and support heart's desires
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - section discussing the strategy of using videos to support client goal setting
- Unit 1 workbook: Ch 11: Engaging Clients During Enrollment and Visits - section about Planning and Goal Setting as part of Home Visit Plan Segment 6
- Unit 1 workbook: Ch 13: Maternal Role - content on client's goals and desires for maternal role
- Unit 2 workbook: The Five Client-Centered Principles session - content focused on principle #2 "Follow the client's heart's desire"
- Unit 2 workbook: Motivational Interviewing - content focused on using the MI 4-Step process, OARS and DARN CAT to elicit client's goals and support heart's desires

- Team Meeting Education Module: Client's Hearts Desire
- Visit to Visit Guidelines: enter key word "goals". Review instructions and facilitator "My Dreams" and other facilitators that elicit client goals
- Visit to Visit Guidelines: Visit Guidance for Early Pregnancy 6 to 20 weeks - review Life Course Development section

### **3.1d Uses the Nursing Process in the Maternal Health Domain**

#### **21. Identifies and supports clients through stages of role adaptation including ambivalence, body changes, evaluating relationships and building support, building self-efficacy in child care and promoting bonding.**

- Unit 1 workbook: Ch 3: Attachment Theory - content focused on attachment and promoting bonding
- Unit 1 workbook: Ch 4: The Importance of Verbal Persuasion to Self-Efficacy content focused on providing verbal feedback and affirmations to clients
- Unit 1 workbook: Ch 5: Content Domains - sections on personal network relationships and help with child care
- Unit 1 workbook: Ch 8: Motivational Interviewing - content focused on ambivalence
- Unit 1 workbook: Ch 13: Maternal Role - content focused on maternal role adaptation
- Unit 1 workbook: Ch 14: PIPE - content focused on the use of PIPE to assess and support maternal role adaptation
- Unit 2 workbook: Maternal Role and Attachment Development section - content focused on maternal role adaptation
- STAR Framework packet: review Coding Guidance for Measurement Category #5 Caregiving Attitudes and Behaviors
- Visit to Visit Guidelines: review "As Baby Grows" and the Pregnancy Menu for "How Do I Get Ready to Be a Parent?"
- Visit to Visit Guidelines: Visit Guidance for Late Pregnancy 20 weeks to birth - review Maternal and Paternal Role section

#### **22. Recognizes how maternal role adaptation impacts attachment and parent and child outcomes.**

- Unit 1 workbook: Ch 13: Maternal Role - content focused on maternal role adaptation
- Unit 1 workbook: Ch 14: PIPE - content focused on the use of PIPE to assess and support maternal role adaptation

### **3.1e Uses the Nursing Process in the Family and Friends Domain** (Proficiency 3.1f is not part of MAP 1: 4 months)

#### **23. Seeks to understand the family culture, values and beliefs and when indicated adapts the visit to meet the client's needs and preferences.**

- Unit 1 workbook: Ch 4: The cultural relevance of Social Cognitive Theory
- Unit 1 workbook: Ch 6: Client Centered Principles - culture as it relates to principle #1: "The client is the expert on her life"
- Unit 1 workbook: Ch 7: Therapeutic Relationships - considering culture and individual needs when establishing professional therapeutic relationships
- Unit 1 workbook: Ch 10: Excellence in Nurse-Family Partnership Nursing Practice - more engaging strategies that consider client culture, needs and preferences and section on use of facilitator "*My Culture*"
- Unit 2 workbook: Application of the Five Client-Centered Principles - "The client is the expert on her life"
- Unit 2 workbook: Cultural Responsiveness section - explore individual client's cultures and review 4 Step Process
- Visit to Visit Guideline: Visit Guidance for Later Pregnancy 20 weeks to Birth - review Family and Friends section

#### **24. Assesses client for intimate partner violence and other forms of violence, providing education, support, safety plans and referral as needed.**

- Unit 1 workbook: Ch 12: Data in a Client-Centered World - section that discusses IPV and the Clinical IPV Assessment
- Unit 2 workbook: Assessment of Intimate Partner Violence as part of the STAR Framework Coding Sheet
- STAR Framework packet: review Coding Guidelines for Measurement Category #13 Intimate Partner Violence
- Data Collection Manual: review instructions for introducing and completing the Clinical IPV Assessment
- Online Module: Clinical IPV Assessment Form

**Proficiency 3.2 Applies professional clinical nursing judgment and collaborates with the client to individualize the intervention to meet the specific needs of the client and infant.**

**25. Prioritizes and plans visit content based on client's interests, attention level, and nurse's assessment of client's unique risk factors.**

- Unit 1 workbook: Ch 11: Structure and Flexibility to Support Client Engagement, Enrollment and Retention and all content discussing use of the Home Visit Plan segments
- Unit 1 workbook: Ch 12: Data in a Client-Centered World - section outlining the use of STAR to inform a plan of care
- Unit 2 workbook: Planning the First Five Visits session - content focused on Getting Familiar with the STAR Framework and using it to inform visit planning
- Unit 2 workbook: Integration and Closing section focused on use of STAR and other assessments for planning
- STAR Framework packet: review "Use in Practice" section
- Visit to Visit Guidelines: review the Planning and Goal Setting section of the Visit Guidance for Early Visits - both "Enrollment" and "Getting to Know You Visits"

**26. Includes recommended program content in visits.**

- Unit 1 workbook: Ch 5: Content Domains provides overview of the NFP Visit Guidance
- Unit 1 workbook: Ch 11: large section discussing the structure and sections of the Visit Guidance and use of the Visit-to-Visit Guidelines during the program phases
- Unit 1 workbook: Ch 12: Data in a Client-Centered World - guidance on recommended assessments for visits
- Unit 2 workbook: Planning the First Five Visits session - Visit Guidance for first home visit and early pregnancy visits
- Visit to Visit Guidelines: Visit Guidance for Early Pregnancy & Late Pregnancy -review the "Assessment and Planned Guidance" section (program topics are in **bold** font)

**27. Follows the Home Visit Structure while ensuring client's needs and requests are met.**

- Unit 1 workbook: Ch 11: Flexibility with structure section and content discussing use of the Home Visit Plan segments
- Unit 2 workbook: Planning the First Five Visits - review the Home Visit Plan section
- Team Meeting Education Module: NFP Home Visit Form
- [Telehealth Guidance](#)
- [Guidance for Adjusting Visit Schedule](#)

**28. Utilizes concepts of client retention (e.g., flexibility of visit frequency and location) as needed when structure is not working for client.**

- Unit 1 workbook: Ch 11: Flexibility with structure section and content focused on engaging strategies to adjust location and content to meet client needs
- Unit 2 workbook: Appendices for Model Element #6 with client visited in location of her choice
- [Telehealth Guidance](#)
- [Guidance for Adjusting Visit Schedule](#)
- Unit 2 workbook: Planning the First Five Visits
- Team Meeting Education Module: Achieving and Maintaining Caseload
- Team Meeting Education Module: Client Retention

**29. Uses the Home Visit Form to provide affirmation, progress, goal setting, plans for future visits and a history of successes.**

- Unit 1 workbook: Ch 4: The Importance of Performance Accomplishments to Self-Efficacy section about acknowledging client successes on Home Visit Form
- Unit 1 workbook: Ch 12: Section explaining the Home Visit Form and sample form
- Unit 2 workbook: Planning the First Five Visits session - sample Home Visit Form
- Team Meeting Education Module: NFP Home Visit Form
- Visit to Visit Guidelines: Visit Guidance for Early Pregnancy - review Goal Setting & Planning Section

**Proficiency 3.3 Implements the program in a manner that is safe for the client and the child**

**30. Distinguishes between decisions and behavioral practices of the client that may or may not impose such risk as to require immediate intervention.**

- Online Module: Stages of Behavior Change
- STAR Framework packet: review Behavioral Strengths and Protective Factors
- STAR Framework packet: review Coding Guidelines with emphasis on high risk behaviors
- Mental Health Course: review guidelines for immediate intervention
- Data User Manual: review guidance for Clinical IPV Assessment Form
- Visit to Visit Guidelines: Visit Guidance for Early Pregnancy 6 to 20 weeks - review Reflections

**Standard 4: Establishes therapeutic relationships with client.**

**Proficiency 4.1 Demonstrates therapeutic qualities and characteristics. (e.g.: dependability, empathy, trust, respect, professional intimacy and awareness of power differentials).**

**31. Sets aside personal and/or workplace issues and is fully present with the client during the visit.**

- Unit 1 workbook: Ch 7: Content focused on characteristics of therapeutic relationships, therapeutic use of self, and self-awareness
- Unit 1 workbook: Ch 11: Section discussing strategies that are more and less engaging, including therapeutic qualities and characteristics
- Unit 1 workbook: Ch 9: Review "Getting Ready for Supervision" form and consider how to use it for ongoing discussion and follow up of triggers
- Unit 2 workbook: Cultural Responsiveness - review sections on awareness and hidden biases; consider personal triggers
- Unit 2 workbook: Therapeutic Relationships - review transference and counter-transference; consider if that is an issue

**32. Assesses therapeutic relationships with clients through formal feedback (e.g., "How Is It Going Between Us?") and informal methods (e.g., observation of client behavior).**

- Unit 1 workbook: Ch 7: Brief section discussing the use of "How Is It Going Between Us" to facilitate an open discussion of the relationship
- Unit 1 workbook: Ch 11: Brief section focused on the use of Reflections as part of Visit Guidance
- Visit to Visit Guidelines: review instructions for "How Is It Going Between Us"
- Visit to Visit Guidelines: Visit Guidance for Early Visits - Enrollment Visit - review "Reflections"

**33. Engages and retains clients through trust and mutuality.**

- Unit 1 workbook: Ch 7: Content focused on building trust during the "Orientation" phase of a therapeutic relationship
- Unit 1 workbook: Ch 8: Section on the Method of MI (4-Step Process) using trust and mutual respect when engaging clients
- Unit 1 workbook: Ch 11: Most of this chapter discussing engaging strategies to build trust and mutuality
- [College of Nurses of Ontario Therapeutic Nurse-Client Relationship learning module](#)
- Team Meeting Education Module: Achieving and Maintaining Caseload
- Team Meeting Education Module: Client Retention



- Visit to Visit Guidelines: Visit Guidance for Early Visits- Getting to Know You Visits - review "Reflections"

**Proficiency 4.2 Applies the spirit, principles and strategies of therapeutic communication to build relationship with client and promote healthy change.** (Proficiency 4.3 not part of MAP 1: 4 months)

**34. Conveys acceptance and understanding.**

- Unit 1 workbook: Ch 7: Content focused on use of empathy and understanding as part of a therapeutic relationship along with section outlining standards of therapeutic communication
- Unit 1 workbook: Ch 8: Section on the use of acceptance as part of the Spirit of MI (PACE - Partnership, Acceptance, Compassion, Evocation) and use of acceptance during Exploration
- Unit 1 workbook: Ch 11: Content discussing strategies that convey acceptance
- Unit 2 workbook: Section on the use of acceptance as part of the Spirit of MI (PACE - Partnership, Acceptance, Compassion, Evocation)
- Unit 2 workbook: Section on the use of acceptance to facilitate setting boundaries
- Unit 2 workbook: Cultural Responsiveness - review the 4 Step Process

**Proficiency 4.4 Understands and respects client/family culture, as a foundational element of therapeutic relationship.**

**35. Elicits clients' view of self and cultural constructs as a foundation for building the therapeutic relationship.**

- Unit 1 workbook: Ch 7: Therapeutic Relationships - considering culture and individual needs when establishing professional
- Unit 2 workbook: Application of the Five Client-Centered Principles - "The client is the expert on her life"
- Unit 2 workbook: Cultural Responsiveness section - to explore individual client's cultures
- Unit 2 workbook: Section on Cultural Responsiveness and use of the 4 A's

**36. Seeks to understand impact of culture, values and beliefs on the client's perspective, expectations, behaviors, and decisions.**

- Unit 1 workbook: Ch 4: Brief section on the cultural relevance of Social Cognitive Theory
- Unit 1 workbook: Ch 6: Client Centered Principles - culture as it relates to principle #1: "The client is the expert on her life"
- Unit 1 workbook: Ch 7: Therapeutic Relationships - considering culture and individual needs when establishing professional therapeutic relationships
- Unit 1 workbook: Ch 10: Excellence in Nurse-Family Partnership Nursing Practice - more engaging strategies that consider client culture, needs and preferences and section on use of facilitator "*My Culture*"
- Unit 2 workbook: Application of the Five Client-Centered Principles - "The client is the expert on her life"
- Unit 2 workbook: Cultural Responsiveness section - to explore individual client's cultures
- Unit 2 workbook: Section on Cultural Responsiveness and use of the 4 A's

**37. Seeks to become aware of nurse's unconscious biases and reflects on how it impacts therapeutic relationships.**

- Unit 1 workbook: Ch 7: Content focused on self-awareness and therapeutic use of self and importance of understanding our biases and prejudices
- Unit 2 workbook: Section on Cultural Responsiveness and understanding our Conscious and Unconscious bias

## **Standard 5: Utilizes reflective processes to improve practice.**

### **Proficiency 5.1. Understands and applies reflective process to improve practice.** (Proficiencies 5.2 & 5.3 not part of MAP 1: 4 months)

#### **38. Actively participates in reflective process in team meeting, case conference and 1:1 supervision.**

- Unit 1 workbook: Ch 9: Entire chapter focused on the use Reflection in Practice
- Unit 2 workbook: Section describing the use of the Boundaries Decision Tree as part of reflective process
- Unit 2 workbook: Reflection and closing section practicing reflection
- Team Meeting Education Module: Conducting Case Conferences
- Team Meeting Education Module: Team Building - Nurse Importance Game
- Team Meeting Education Module: Fidelity to the Model: Introduction to the Model Elements

## **Standard 6: Adheres to Standards of Nursing Practice.**

### **Proficiency 6.1 Pursues knowledge in maternal-child health and nurse home visitation that reflects most current nursing practice.**

#### **39. Assesses essential clinical and NFP model skills to establish a professional development plan that addresses gaps.**

- Unit 1 workbook: Ch 7: Explanation on the use of Practice Standards for Therapeutic Relationships
- Unit 1 workbook: Ch 10: entire Excellence in Nurse-Family Partnership Nursing Practice chapter defines NFP standards and proficiencies for nurse home visitors
- Unit 2 workbook: Section on Planning to Engage, Enroll, and Retain Clients with content focused on Standards of Nursing Practice and the NFP Model
- [NFP Community: MAPs Path to Nursing Excellence webpage under Nursing Practice tab. Info and resources about the NFP standards and proficiencies for nurse home visitors](#)

#### **40. Learns and applies home visitation skills such as learning about community and community systems/resources, understanding and respecting the population being served, client recruitment, initiating and maintaining client contact, managing home visits (scheduling, timing, materials and resources), understanding family systems, family dynamics, managing others during visit, establishing home visitor safety, dress and work habits align with standard for home visiting.**

- Unit 1 workbook: Ch 5: Content Domains - section discussing Professional Development in the Content Domains
- Unit 1 workbook: Ch 10: section outlining how the Standards of Nursing Practice Apply to Nurse-Family Partnership Nurses
- Unit 1 workbook: Ch 11: review content on enrolling and maintaining clients
- Unit 2 workbook: Sample Skills/Experience Assessment Form
- Unit 2 workbook: Planning the First Five Visits - review content on initiating, maintaining and managing visits
- Team Meeting Education Module: Client Retention
- Team Meeting Education Module: Achieving and Maintaining Caseload
- Team Meeting Education Module: Building Referrals
- Team Meeting Education Module: Safety for the Nurse Home Visitor

## **Proficiency 6.2 Engages in ethical practice.**

### **41. Knowledgeable of Nursing Code of Ethics.**

- Unit 1 workbook: Ch 10 - Section referring to the American Nurses Association (ANA) Code of Ethics along with citation to this document
- Unit 1 workbook: Ch 10 - review content on standards of practice
- Unit 2 workbook: Section on Nursing Practice Standards and the NFP Model
- Unit 2 workbook: Nurse-Family Partnership (NFP), American Nurses Association (ANA), and Public Health Nursing Standards Crosswalk

### **42. Practices with compassion, integrity and respect for clients.**

- Unit 1 workbook: Introduction and Table of Contents section discussing respect of client, family and friends when beliefs and behaviors that in alignment with those of the nurse home visitor
- Unit 1 workbook: Ch 3: Attachment Theory - content focused on building effective relationships with client
- Unit 1 workbook: Ch 6: Client Centered Principles - section discussing how the principle "Focus on solutions" demonstrates respect of the client
- Unit 1 workbook: Ch 7: Content throughout the chapter about being respectful as part of the therapeutic relationship
- Unit 1 workbook: Ch 8: Section discussing the use of compassion as part of the Spirit of MI (PACE - Partnership, Acceptance, Compassion, Evocation) as well as trust and mutual respect as part of the MI 4-Step Process
- Unit 1 workbook: Ch 11: Content discussing balancing the structure of the program while also respecting client's needs for flexibility
- Unit 1 workbook: Ch 11: Content highlighting the use of a respectful and nonjudgmental approach as engagement strategies
- Unit 2 workbook: Section on the use of compassion as part of the Spirit of MI (PACE - Partnership, Acceptance, Compassion, Evocation)

### **43. Promotes, advocates for and protects the rights, health and safety of the client.**

- Unit 1 workbook: Ch 10 review content on standards or practice
- Unit 2 workbook: Nurse-Family Partnership (NFP), American Nurses Association (ANA), and Public Health Nursing Standards Crosswalk
- [College of Nurses of Ontario Therapeutic Nurse-Client Relationship learning module](#)

### **44. Protects the rights of privacy and confidentiality of clients and families.**

- Unit 1 workbook: Ch 7: Maintain confidentiality as part of Personal Intimacy
- Unit 1 workbook: Ch 9: Maintain confidentiality unless information disclosed is illegal, constitutes gross misconduct, or reveals potential or actual harm to clients or others
- Unit 1 workbook: Ch 12: Discussion of confidentiality with clients in the context of data collection
- Unit 1 workbook: Appendix: Brief description of HIPAA

### **45. Maintains therapeutic relationships and boundaries.**

- Unit 1 workbook: Ch 7: Content on establishing and maintaining therapeutic relationships
- Unit 1 workbook: Ch 7: Content focused on supporting appropriate boundaries
- Unit 1 workbook: Ch 11: Use of the Home Visit Plan to set and maintain boundaries
- Unit 2 workbook: entire Therapeutic Relationships and Boundaries section
- [College of Nurses of Ontario Therapeutic Nurse-Client Relationship learning module](#)
- Team Meeting Education Module: Boundaries
- Review local agency policies

**46. Respectful of client's values, choices and decisions even when they differ from nurses' values, choices and decisions.**

- Unit 1 workbook: Ch 6: Client Centered Principles - content for principle #1 "Client is the expert on her life"
- Unit 1 workbook: Ch 7: Therapeutic Relationships - content focused on client-centered care and client is the expert on her life
- Unit 2 workbook: The Five Client-Centered Principles session - content focused on principle #1 "The client is the expert on her own life"
- Unit 2 workbook: Cultural Responsiveness - review the 4 Step Process
- Team Meeting Education Module (found on NFP Community): Client Centered Principles Section A: The Client is the Expert on Her Life

**47. Nurse does not engage in practices that could endanger self, client or family health. (Use of substances, visiting while ill, etc.).**

- Unit 1 workbook: Ch 7: Content focused on supporting appropriate boundaries
- Unit 1 workbook: Ch 10 - review content on standards of nursing practice
- Unit 2 workbook: entire Therapeutic Relationships and Boundaries section
- Unit 2 workbook: Nurse-Family Partnership (NFP), American Nurses Association (ANA) & Public Health Nursing Standards Crosswalk
- Team Meeting Education Module: Boundaries
- [College of Nurses of Ontario Therapeutic Nurse-Client Relationship learning module](#)

**48. Documents in a timely way, expressing accurate facts in alignment with agency policy.**

- Unit 1 workbook: Ch 5: Section discussing documentation
- Unit 1 workbook: Ch 10 - review content on standards of nursing practice
- Unit 1 workbook: Ch 11: Content focused on documentation
- Unit 1 workbook: Ch 12: Most of the chapter focused on data collection and documentation
- Unit 2 workbook: Appendix - Nurse Home Visitor Weekly Plan to consider planning time to complete documentation
- Data Collection Manual: review first 6 pages - Why Collect Data?, Data Collection Techniques, Guidance for the Collection of Data in NFP

**Proficiency 6.6 Complies with state and agency nursing legal requirements.** (Proficiencies 6.3-6.5 not part of MAP 1: 4 months)

**49. Knowledgeable of state nursing practice act.**

- Refer to your state Nurse Practice Act

**50. Knowledgeable of state reporting laws.**

- Refer to your state Nurse Practice Act

**51. Maintains current nursing license.**

- Refer to your state Nurse Practice Act

**52. Practices within Scope of Practice.**

- Unit 1 workbook: Ch 10 - review content on Standards of Nursing Practice
- Refer to your state Nurse Practice Act

**53. Complies with agency policy and procedures.**

- Review local agency policies