

## Family nurse Partnership Infancy facilitators and educational materials

Client name .....

Family Nurse name .....

UK001 for every visit		
The home visit form (every visit to record agreed activities between and for next visit (f))		
	<b>Date used</b>	<b>Family nurse signature/initials</b>
<b>Infancy Visit 1</b>		
Signs to look for up to 6 weeks post delivery		
Your baby's first feeds- a checklist for early breastfeeding		
How can I help with breastfeeding?		
How can I help my baby to feed from a bottle?		
Getting to know my baby		
Things to keep in mind in the early days with your baby		
Child Car Seats: Carrying Children Safely, ROSPA/THINK!		
Keep your baby safe, CAPT		
Breastfeeding materials		
Formula Feeding information		
Reduce the risk of cot death, FSID		
Mum's memo: The first week (f)		
Preparing for my baby's 6- to 8-week health review (f)		
Hello, I'm 1 week old! (f)		
Dad's days: The first week (f)		
PIPE – Crib Side Communication (states of awareness and co-regulation)		
Your guide to contraceptive choices- FPA		
<b>Infancy Visit 2</b>		
Formula milk feeds and follow-on milks		
Nurse guidance for sleeping safely		
Make sure your baby is safe when asleep		
Back to sleep		
Sleep on the back, play on the front, FSID		
Reduce the risk of cot death, FSID/DH		
I'm only a baby but....., CAPT		
BabyZone - how to keep your baby safe and healthy, FSID		
PIPE – Tune In/Tune Out (engagement and disengagement cues)		
Make your baby safe, CAPT		
Did you know that? (f)		

	Date used	Family Nurse signature/initials
Blind cords safety leaflet (ROSPA)		
Sleeping safely: a quiz		
<b>Infancy Visit 3</b>		
Physical activity after pregnancy		
When to call a doctor for your baby		
Is your baby a born communicator (f)		
Dads are important too (f)		
Preparing for the 6-8 week health review		
What is child abuse?		
PIPE – Love Needs a Safe Base (Trust is the foundation of love)		
<b>Infancy Visit 4</b>		
Choosing childcare		
Using a babysitter		
Mum's memo: The first month (f)		
Hello, I'm 1 month old! (f)		
Making your own choices (f)		
Dad's days: The first month (f)		
Look, I'm 1 month old! What's happening		
PIPE – Love Needs a Safe Base (Trust cycle-responding to cues)		
<b>Infancy Visit 5</b>		
Tips to protect your baby/child from sunburn		
Using sunscreen properly		
Vitamin D and your babies health		
Summary of Immunisations up to 13 months of age		
Immunisations for my child: why should I make sure my baby is vaccinated		
What to expect after immunisations		
How do babies keep regulated(f)		
PIPE – Patterns and Expectations (regulation and routines)		
<b>Infancy Visit 6</b>		
Eatwell plate		
Dietary review (f)		
Changes in relationships (f)		
Preparing for the 6 week health review		
Your baby is sick – a quiz (f)		
Communication escalation (f)		
What would my child tell me? (f)		
The anxiety and depression scale (HADS) (f)		
How's it going between us? (f) (client)		
How's it going between us (f) (Dad)		

	Date used	Family nurse signature/initials
PIPE – Emotional Refuelling (nurturing oneself)		
DANCE game		
<b>Infancy Visit 7</b>		
Mum’s memo: My baby is 2 months old! (f)		
Hello, I’m 2 months old! (f)		
Dad’s days: 2 months (f)		
Look, I’m 2 months old! What’s happening now? (f)		
Mother do more, do less (f)		
Grandmother do more, do less (f)		
Father do more, do less (f)		
..... do more, do less (f)		
Smart Choices: Thinking Skills – Learning		
PIPE – Love is in the Palm of Your Hands (Loving relationships built through positive parenting techniques)		
DANCE observation (range 1-3 months)		
<b>Infancy Visit 8</b>		
Let’s Think Together: infancy		
Weaning: Why wait until 6 months?		
Nurturing children wheel		
I’m only a baby but..., CAPT		
Put small things where I can’t choke on them, CAPT		
Mum, sometimes I get uncomfortable! (f)		
My dream sheet (client) (f)		
My dream sheet (partner) (f)		
My budget (f)		
The Good Egg guide to in car safety		
Smart Choices: Thinking Skills – Creative Thinking		
PIPE – Baby Cues (responding to baby’s emotional techniques)		
<b>Infancy Visit 9</b>		
Contraceptive kit		
My plan for a healthy, happy sexual relationship (f)		
Mum’s memo: My baby is 3 months old! (f)		
Hello, I’m 3 months old! (f)		
Dad’s days: 3 months (f)		
Look, I’m 3 months old! What’s happening now? (f)		
Goal setting		
Steps to reaching my goals (f)		
Goal worksheet (f)		

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Having a second baby (f)		
Are you ready to make a plan?		
Did you know that?		
PIPE – Patterns and Expectations (helping to establish baby’s routine)		
<b>Infancy Visit 10</b>		
Keep your baby smoke free		
Tips for not smoking		
Congratulations, you quit smoking!		
Smoking by me or by others (f)		
Facts and myths about alcohol (f)		
How can I keep myself safe? (f)		
Smart Choices: Thinking Skills – Analysing		
PIPE – Each Baby is Different (understanding baby’s unique temperament)		
<b>Infancy Visit 11</b>		
Cardio-pulmonary resuscitation (CPR) (f)		
Choking (f)		
Should I buy a baby walker? (f)		
Caring for your baby’s tine teeth (f)		
Top tips for buying toys		
Cool kids use cups		
‘Watch me!’ – Keep your eyes on the baby		
Accidental poisoning		
How safe are your child’s toys? , CAPT		
Mum’s memo: My baby is 4 months old! (f)		
Hello, I’m 4 months old! (f)		
Dad’s days: 4 months (f)		
Look, I’m 4 months old! What’s happening now? (f)		
Which toys are right for my baby now? (Guidance for Family Nurses) (f)		
Loving it (f)		
PIPE – Music and Rhythm (using music to regulate-shared positive emotions (SPE))		
<b>Infancy Visit 12</b>		
Match don’t catch (f)		
Smart Choices: Thinking Skills – Consolidation		
PIPE – Reading to Baby (reading, language development, SPE, learning regulation)		

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<b>Infancy Visit 13</b>		
I'm only a baby but ...., CAPT		
How safe is your child from burns and scalds? , CAPT		
Mum's memo: My baby is 5 months old! (f)		
Hello, I'm 5 months old! (f)		
Dad's days: 5 months (f)		
Look, I'm 5 months old! What's happening now? (f)		
Weeny weaners quiz (f)		
What could we do more of?		
PIPE – Baby's First Teacher (role modelling, teachable moments)		
<b>Infancy Visit 14</b>		
Abuse of children wheel		
I'm only a baby but...,CAPT		
Dietary review (f)		
What do you know about blood pressure? (f)		
Smart Choices: Organisational Skills – Planning		
PIPE – Touch Tones (touch, growth and development, regulation, respect) [ <i>Safe sleeping guidance and reduction of cot death information revisited</i> ]		
<b>Infancy Visit 15</b>		
Practical tips for weaning		
How should I prepare my food?		
What might poison your child? , CAPT		
Mum's memo: My baby is 6 months old! (f)		
Hello, I'm 6 months old! (f)		
Dad's days: 6 months (f)		
Look, I'm 6 months old! What's happening now? (f)		
Healthy weaning (f)		
What I do with my friends (client) (f)		
What I do with my friends (partner) (f)		
PIPE – Floortime (understanding baby's need for structure, autonomy and praise)		
<b>Infancy Visit 16</b>		
Smart Choices: Organisational Skills – Time Management		
Points to consider when planning a party (f)		
PIPE – Emotional Refuelling (physically and emotionally energising to meet role demands)		

	Date used	Family nurse signature/initials
<b>Infancy Visit 17</b>		
Passive smoking		
Power and control wheel		
Equality wheel		
Dealing with domestic violence in the home		
The effects of domestic violence on children		
Preventing and dealing with domestic violence in the home		
Mum's memo: My baby is 7 months old! (f)		
Hello, I'm 7 months old! (f)		
Dad's days: 7 months (f)		
Look, I'm 7 months old! What's happening now? (f)		
Smoking by me or by others (f)		
PIPE – Playing is Learning (mastery through exploring and play)		
<b>Infancy Visit 18</b>		
Baby proofing: Have you crawled around your house lately?		
Now I can crawl, I can..., CAPT		
Healthy habits make a difference: A card sorting game (f)		
In celebration of you! (f)		
'Hunt the hazard' posters, ROSPA (f)		
Smart Choices: Organisational Skills – Using Resources		
PIPE – Learning Language (language development)		
<b>Infancy Visit 19</b>		
Daycare/nursery/childminder: A parent's checklist		
Mum's memo: My baby is 8 months old! (f)		
Hello, I'm 8 months old! (f)		
This is my sleep diary (f)		
Dad's days: 8 months (f)		
Look, I'm 8 months old! What's happening now? (f)		
How was your day baby? (Guidance for Family Nurses) (f)		
How was your day, baby? (A caregiver's report to parents)		
PIPE – Love is sometimes a Rocky Road (building a loving relationship, tolerance, support)		
<b>Infancy Visit 20</b>		
Introducing table foods: Feeding your 8- to 12 month old		

	Date used	Family nurse signature/initials
8 to 10 months old: First table foods		
10 to 12 months old: First table foods		
What my child eats (f)		
Smart Choices: Organisational Skills – Systems Thinking		
PIPE – What are Babies Really Learning? (how to foster baby’s learning using the scaffolding technique)		
<b>Infancy Visit 21</b>		
Mum’s memo: My baby is 9 months old! (f)		
Hello, I’m 9 months old! (f)		
Dad’s days: 9 months (f)		
Look, I’m 9 months old! What’s happening now? (f)		
Nurse instructions for use with ‘How do you show love?’ (f)		
How do you show love? (f)		
PIPE – Attachment (emotional bond, interdependence, self-confidence)		
DANCE observation (range 8-10 months)		
<b>Infancy Visit 22</b>		
Healthy snacks (f)		
Dietary review (f)		
Are toys safe? (f)		
A New partner – 5 steps to getting it right for my baby (f)		
My new partner		
As a new partner		
Child safety symbols		
Smart Choices: Organisational Skills – Evaluating		
PIPE – Love is Letting Go (respect for autonomy)		
<b>Infancy Visit 23</b>		
Mum’s memo: My baby is 10 months old! (f)		
Hello, I’m 10 months old! (f)		
Dad’s days: 10 months (f)		
PIPE – Love and Limits (behaviour management, regulating and redirecting)		
<b>Infancy Visit 24</b>		
Moving tips		
Moving checklist		
Feeding myself		

	Date used	Family nurse signature/initials
Teach your baby how to go to sleep		
Lullaby and goodnight		
Sleep Chart		
Smart Choices: Organisational Skills – Consolidation		
PIPE – Love and Limits (teaching regulation of behaviour)		
<b>Infancy Visit 25</b>		
Baby's brain under construction		
Things I can do for a smarter and happier baby		
Baby and the TV (f)		
Guidelines for watching electronic devices with a screen		
Planning a party		
How much television is baby exposed to? (f)		
Planning baby's first birthday (f)		
Mum's memo: My baby is 11 months old! (f)		
Hello, I'm 11 months old! (f)		
Fire Safety (f)		
Dad's days: 11 months (f)		
Look, I'm 11 months old! What's happening now? (f)		
PIPE – Joy and Laughter (SPE, building self esteem)		
<b>Infancy Visit 26</b>		
Sticks and stones can break your bones... and words can really hurt you!		
What kind of words and actions hurt you and baby?		
Verbal abuse hurts!		
When you are angry...		
When it's too hot to handle!		
What are we fighting for? How to get what you want.		
Rules for 'the floor'		
Smart Choices: Worker Qualities – Self-Management		
PIPE – Joy and Laughter (SPE, role modelling, relationships)		



	<b>Date used</b>	<b>Family nurse signature/initials</b>
<b>Infancy Visit 27</b>		
Healthy male role models in mum's and baby's life		
Helping the men in my life be supportive		
Be breast aware, Breast Cancer Campaign		
Is it time to have another baby? (f)		
My health practices (f)		
What would you do? Parenting decisions (f)		
PIPE – Playing is Imitation and Turn-Taking (imitating, turn taking, emotional development)		
<b>Infancy Visit 28</b>		
Mum's memo: My baby is 1 year old! (f)		
Hello, I'm 1 year old! (f)		
Dad's days: 1 year old (f)		
Smart Choices: Worker Qualities – Responsibility		