

Family Nurse Partnership

Pregnancy facilitators and educational materials

Client name	
Family Nurse	

The home visit form [every visit to record agreed activities between and for next visit]
Antenatal check-in [every visit]
Home visit encounter (V) data form completed for every visit
Referral - Client (RM) and Change of Status - Client (SM) data forms as required

	Date used	Family nurse signature/initials
Pregnancy visit 1		
Family Nurse Partnership (FNP) menu		
Home visit plan		
Antenatal and early childhood home visit outline		
Antenatal check-in		
Hormone changes in pregnancy		
Hello Baby! My first scan		
My world of support		
Foods to avoid in pregnancy		
My village (sample) and client version		
Becoming a parent		
Feelings and emotions		
Building baby's brain: fact sheet and day-to-day care		
My world triangle		
Folder for client to keep programme material		
Ensure client has Ready Steady Baby		
A guide for new and expectant mothers who work leaflet (HSE) www.hse.gov.uk/mothers/		

	Date used	Family nurse signature/initials
Young fathers? Or about to become one? leaflet (Working with Men)		
New father? Or about to become one? leaflet (see external materials)		
Healthy Start Voucher application		
Toxoplasmosis and pregnancy		
Pregnancy Intake (P)		

Pregnancy visit 2		
Nutrients for your unborn		
Food diary		
Eatwell guide		
Key foods checklist		
Recognising and preventing infections		
What about sex in pregnancy?		
Taking care of yourself		
We could take care of our relationship...		
Being a dad is important		
Looking after yourself (dad)		
Antenatal check-in		
Demographics Intake (DI)		

Pregnancy visit 3		
Cycle of change (nurse guidance)		
Nicotine withdrawal: what to expect		
Nurse guidance for e-cigarettes		
E-cigarettes and pregnancy (quiz)		
Wobbles and slip ups		
Oops I've had a slip up		
What do you know about the effects of smoking? (quiz)		
What's your motivation to change?		
My typical day		

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Dental care during pregnancy		
Thinking about... Keeping active – feeling good		
Antenatal check-in		
The equality wheel (available separately)		
The power and control wheel (available separately)		
Maternal Health Pregnancy (MH)		

Pregnancy visit 4		
My dreamsheet		
Heart's desire (goal) sheet		
My life history calendar		
Alcohol questionnaire (T-ACE)		
Alcohol in pregnancy (quiz)		
Cannabis Quiz		
Antenatal check-in		
Ready Steady Baby (second hand smoke)		
National/Local resources to support discussion		

Pregnancy visit 5		
What do I need for a baby?		
Let's think together		
Tree of Confidence		
How is it going between us?		
My budget		
Preterm labour		
Antenatal check-in		

Pregnancy visit 6		
Feeding your baby		
Keeping Active		
Draw your baby's family tree		
My Experiences		
Smart Choices: Listening		

	Date used	Family nurse signature/initials
Antenatal check-in		
Keep your baby safe leaflet (CAPT)		
Pelvic floor exercise leaflets		
Formula feeding – How to feed your baby safely leaflet		
Off to a Good Start leaflet		
Ready Steady Baby		
IPV (AD) or IPV (PD)		

Pregnancy visit 7

Using contraceptives		
Contraception and sexual health		
Patterns of my baby		
Body confidence during pregnancy		
Goal setting		
How will my family look in the future?		
Smart Choices: Communication – Speaking		
Antenatal check-in		
Your guide to contraception leaflet (FPA)		

Pregnancy visit 8

Is it labour?		
Readiness for childbirth		
How long is labour?		
My birth environment		
What are the qualities of a birth partner?		
Skin to skin time with your baby		
Smart Choices: Communication – Interpreting		
PIPE – 'Layers of love' (if appropriate use this to introduce the PIPE topic Love- Educators Guide p.167)		
PIPE – 'Attachment' (if appropriate use PIPE topic 6/Love unit exploring the concept that biology ensures that most parents are committed to protecting their infant)		
Antenatal check-in		

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Ready Steady Baby		
(NCT) Positions of Labour (or similar resource)		

Pregnancy visit 9

Comfort measures in the third trimester		
Being a parent		
As a parent...		
My special qualities		
Bonding moments		
Name calling		
Are you a baby cue detective?		
Top tips to be a baby cue detective		
Responsive feeding... what is it		
PIPE- 'Emotional refuelling' (Love topic 10-excess stress depletes energy)		
Smart Choices:Communication–Negotiating		
Antenatal check-in		
Ready Steady Baby		
www.parentclub.scot/articles/feedgood		

Pregnancy visit 10

My baby and me		
Life stressors		
Exploring expectations		
The many hats of parenthood		
How your new baby may look		
Smart Choices:Communication–Persuading		
Antenatal check-in		
Ready Steady Baby		
www.babysleep.com		
safesleepscotland.org/resources/		
Your baby! Newborn Screening Tests (SG)		

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Reduce the risk of Cot Death leaflet		
Protect your baby's natural headshape: tummy time to play, back to sleep leaflet		

Pregnancy visit 11		
Sleeping: parents and babies		
A new baby in the house		
Coping with labour		
What kind of birth is right for me?		
How do babies keep regulated?		
Are dogs and pets safe with babies and children?		
Unexpected labour and delivery outcomes		
Assisted births: true or false?		
Smart Choices: Communication – Consolidation		
Antenatal check-in		
Ready Steady Baby		
Childbirth charts/pictures		
Understanding your baby booklet		
Handle with care: How to keep your baby safe (NSPCC) booklet		

Pregnancy visit 12		
Communication escalation		
How I feel about parenting issues		
What is my baby trying to tell me?		
When your baby won't stop crying		
PIPE – 'Crib-side communication' (ListenTopic1-Babies are able to direct their care)		
Smart Choices: Thinking Skills – Problem solving		
Antenatal check-in		
I'm only a baby but... leaflet (CAPT)		
National/Local resources to support safe sleep discussion		
Maternal Health Pregnancy (MH)		

	Date used	Family nurse signature/initials
Pregnancy visit 13		
Baby blues		
Making bath time nurturing and safe		
Keeping your baby safe from drowning		
Signs to look for after giving birth		
Safe use of slings		
PIPE – ‘Cribside communication’ (ListenTopic 1-Parents and babies experience and express different emotions during each state of baby's awareness)		
SmartChoices:ThinkingSkills–Decisionmaking		
Antenatal check-in		
Understanding postnatal depression leaflet (MIND) or similar		
Understanding your baby booklet		
Your guide to contraception leaflet (FPA) if not already issued		

Pregnancy visit 14		
‘Understanding your baby’ booklet (Leeds PCT) if not already issued		
Antenatal Check-in		

Please use this area to note any additional facilitators used. These are available on TURAS.		

