# Survey of FNP client’s experiences during Covid 19 Lockdown

**Background Briefing for Nurses**

The NHS issued guidance on 20 March - Covid 19 Prioritisation Within Community Health Services- outlining the expectations for the delivery of services and care by community health services such as Health Visiting, School Nursing and therefore including FNP as a community health service. The guidance included limiting home visiting and face to face care to a minimum and only for “compelling” reasons.

On the 3 June the Community Prioritisation guidelines were updated lifting some of the restrictions enabling community health providers to work towards a more usual service, allowing more face to face visiting where appropriate. Intensive home visiting programme such as FNP were named specifically as those that should start to move towards recovery to more usual service delivery.

It is important that we hear the voices of our clients about their experiences during this period to inform our learning and continuous service improvement.

Each Family Nurse is asked to complete at least one survey with one client from their caseload, more can be completed if the team feel this would be useful to do so. The completed surveys should be inputted to the spreadsheet accompanying this and the spreadsheet only should be returned the National Unit. (please only complete a maximum of two clients per nurse on the spreadsheet). Clients must be informed that taking part in the survey is voluntary. The information they give will be anonymised and shared with the FNP National Unit. No client identifiable data will be used in any analysis.

Please return completed spreadsheet to: [FNPNationalunit@phe.gov.uk](mailto:FNPNationalunit@phe.gov.uk)

**Do not return the forms**

Your support with this work is greatly appreciated.

# **FNP Client Survey on their experiences during Covid 19 Lockdown**

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| **Site Name** |  |

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| **Name of Client or Client ID**  *(for site use only)* |  |

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| --- | --- |
| **Age of Client** |  |

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| --- | --- |
| **Stage of Programme on 23 March** | Pregnancy/Infancy/Toddlerhood |

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| --- | --- |
| **Stage of Programme on 3 June** | Pregnancy/Infancy/Toddlerhood |

**Question 1 Birth and Contraception**

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| **Did you give birth during lockdown period** | Yes/no |
| **If yes were you offered/provided with post-natal contraception** | Yes/No |
| **If yes who provided your contraception** | Midwife/Family Nurse/other |

**Question 2 Home and Environment**

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| --- | --- |
| 1. **What is your current home situation**   I live*: - (tick one)* |  |
| on my own |  |
| with just partner |  |
| with family |  |
| in B&B |  |
| in a hostel |  |
| in Other Council Temporary Accommodation |  |
| In Foster Care |  |
| In a Mother and Baby Unit |  |
| In Supported Accommodation |  |
| Other |  |

|  |  |
| --- | --- |
| 1. **Has your home situation changed because of Covid/lockdown?** | **YES/NO** |
| **If yes how?** | |

|  |  |  |  |
| --- | --- | --- | --- |
| 1. **Has your relationship with partner and family been Impacted during lockdown?** | | | |
| You and your Partner | improved | Stayed same | Poorer |
| You and your Family | improved | Stayed same | Poorer |
| You and your child | improved | Stayed same | Poorer |
| You and your Family Nurse | improved | Stayed same | Poorer |

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| --- | --- |
| 1. **Have you felt concerned about your own safety during this time?** | **YES/NO** |
| 1. **Have you felt concerned about your baby’s safety during this time?** | **YES/NO** |

**Question 3 Education and Employment**

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| 1. **If you are in education? Has this** |
| Continued on line/distance learning in reduced form |
| Been disrupted or stopped |
| No interruption continued as usual |
| Has improved (e.g. more accessible if online) |
| Do you Have plans in place for September – Yes/No |

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| 1. **If you were employed before lockdown have you been?** |
| Furloughed (receiving Government Funded Support |
| Laid off – no payments |
| No change/remained the same |
| Have got additional work (more shifts/other job) |

**Question 4 Accessing Services**

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| 1. **What type of services have you needed/wanted to access and how easy or difficult did you find it? *(answer for all those that apply)*** | | | |
| Universal Credits/other benefits | Easy | Difficult | Gave up! |
| Foodbanks | Easy | Difficult | Gave up! |
| GP | Easy | Difficult | Gave up! |
| Midwife | Easy | Difficult | Gave up! |
| Family Nurse | Easy | Difficult | Gave up! |
| Sexual Health including Contraception | Easy | Difficult | Gave up! |
| Baby Clinic | Easy | Difficult | Gave up! |
| Children’s Centre | Easy | Difficult | Gave up! |
| Housing Services | Easy | Difficult | Gave up! |
| Mental Health Services | Easy | Difficult | Gave up! |
| Drug and Alcohol Support Services | Easy | Difficult | Gave up! |
| Smoking Cessation Services | Easy | Difficult | Gave up! |
| Breastfeeding Support Services | Easy | Difficult | Gave Up! |
| Other – please state | Easy | Difficult | Gave Up! |

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| 1. **Lots of services have moved on line or to virtual platforms (videoconferencing). How easy or difficult has this been?** |
| I have found it easy and I am comfortable with accessing services in this way |
| I have found it easy, but I am not comfortable with it and would prefer face to face |
| **I have found it difficult because** |
| I do not have smart phone/tablet/laptop/computer |
| I do not have enough data |
| I not have access to WIFI/Broadband |
| I prefer or find it easier to speak to a person |

**Question 5 Health**

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| 1. **Thinking about your mental health. Do you think your mental health has** | |
| Stayed the same |  |
| Improved |  |
| Deteriorated |  |

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| 1. **If you were receiving mental health support has this** |
| Continued as usual |
| Continued differently – on line/virtual |
| reduced |
| stopped |

|  |  |
| --- | --- |
| 1. **Thinking of your physical health. Have you or your family been affected by Covid 19?** | |
| You | Symptomatic |
|  | Positive test |
|  | Shielding |
| Partner | Symptomatic |
|  | Positive test |
|  | Shielding |
| Family Member | Symptomatic |
|  | Positive test |
|  | Shielding |

**Question 6 Information and Guidance**

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| --- | --- |
| **Have you found that the national guidance and health messages in the media/news or from professionals have been clear and you have understood clearly what you should and shouldn’t do during the different time points in this period?** | |
| **YES/NO** |
| If no what do you think would have been helpful | |
|  | |

**Question 7 FNP**

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| 1. **Thinking about the FNP programme since lockdown:**   **Have you found being able to continue with the programme during lockdown valuable?** | |
| **YES** | **NO** |
| If yes what has been most helpful | If no what would have been helpful |
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| --- |
| 1. **What have you found valuable about the virtual contact?** |
|  |
| 1. **What have been the challenges of virtual contacts?** |
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Thank you! 😊