





ANFPP HOME VISIT GUIDELINES TODDLERHOOD

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GUIDANCE FOR ASSESSMENT - TODDLER

The toddler phase is the final phase of the ANFP program. The toddler phase of development represents great growth in language, mobility and independence. This is an important time for the home visiting team to consolidate thinking around how the mother/child dyad is progressing in terms of life-course development, physical health, environmental health, home safety, support of behavioral regulation, and stimulation of language and learning. The STAR Framework helps the home visiting team plan for the next six months and guides referrals for the mother after graduation, such as mental health, housing, employment and school, primary health care, child care and any other needs the mother or child might have. For mothers who are high-functioning and on a reduced visit schedule, this might be a good time to conduct another home visit to assess these areas. This timeframe guides planning for 'saying good-bye' and celebrating the mother's graduation from the ANFPP program. As always, use an MI approach when assessing the mother and supporting her desired behavior change. The visit should be an exchange of information, rather than an interview or a lecture.

At each visit, consider the following items as part of your interaction with the mother and baby:

- The six domains and sub-domains covering: My Life, My Child and Me, My Family and Friends, My Home, My Health and My Support Services.
- STAR framework
 - Global protective factors
 - Behavioural strengths
 - Readiness for change
 - Engagement in the home visit ANFPP program
- Current questions, concerns, goals
- Mother's general physical, mental health, social and emotional wellbeing
- Child's general physical health, growth and development
- Use of medications (including vitamins and bush medicine or traditional remedies).
- Child's health clinic attendance
- Child's nutritional status

- Child safety
- Child's sleep and activity status
- Mother's concerns with home, school, work
- Mother's concerns about relationships with partner, family members, friend.
- Any increased worries (anxiety, sadness, anger).
- Identify at least one aspiration or hope (heart's desire) for example she wants to be a good mother; she wants her child to be healthy and happy, etc.
- Review month-to-month toddler growth and development.
- Re-establish the agenda for the current day's visit.
- Reflect on current questions, concerns, goals and plans from the last visit.
- If necessary, adjust the home visit plan to address the mother's current situation and the required components of the program.
- Identify at least one of the mother's strengths and provide written affirmation on the home visit plan.

Child - 12 months old

TODAY'S VISIT

Objectives for this visit:

- Address the mother's current needs and concerns.
- Continue to identify her behavioural strengths, protective factors, current risks, and level
 of engagement in the ANFPP home visit program. (STAR Framework)
- Assess the mother's social and emotional wellbeing.
- Assess child growth and development.
- Discuss with the mother toddler eating habits
- Discuss with partner ad family involvement at mealtimes and mealtime routines
- Discuss food safety for toddlers
- Review the mothers DANCE STEPS

Assessment:

- Review the Guidance for Assessment Toddler (from pages 2&3)
- Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

 Discuss the topic the mother chose from the infancy menu at the previous visit. Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

- How is it Going Between Us? (Home visit resources)
 - Use the STAR Framework coding to guide this discussion
 - Explore with the mother what she is finding useful in the program and what else she wants and needs
 - Assess the need for a change in the frequency of the visits

Feeding My Child (My Child and Me: Feeding My Child)
 What's New and What's Next: 12 Months (My Child and Me: What's new and What's Next)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,
Community, Government or other Services used by the client)
Check and update any change in circumstances in Client Services, Client's
Outgoing Referrals if any referrals have been taken up by the client
(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to
Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

PIPE: Love # 10 - Emotional Refuelling

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'
'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

☐ Feeding My Child

Yarning Tools and other materials

- ☐ How is it Going Between Us?
- What's new and what's next: 12 months

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- ☐ Complete local client record

Child - 12 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

PIPE lesson focuses on: Taking care of one's needs in order to better care for one's child's needs

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Love Topic #10 - Emotional Refuelling

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 13 months (My Child & Me: What's New & What's Next)
Keeping My Home Safe (My Home)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

Share with the mother something you learned from her during today's visit.

- Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.
- Update with the mother the Content Tracking Form.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

□ Toddler Choice Sheets

Yarning Tools and other materials

□ PIPE Topic Love # 10

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record

Child – 13 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

With the mother assess her home for safety for a toddler

Review the mothers DANCE STEPS

Assessment

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 13 months (My Child & Me: What's New & What's Next)
Keeping My Home Safe (My Home)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

PIPE: Listen # 2 – Patterns and Expectations

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

Share with the mother something you learned from her during today's visit.

- Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.
- Update with the mother the Content Tracking Form.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

☐ Keeping My Home Safe

Yarning Tools and other materials

☐ What's New & What's Next: 13 months

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record

Child - 13 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

PIPE lesson focuses on: Patterns and Expectations. Supporting a child's developmental task to establish biological rhythms and patterns that are congruent with their own and parents' needs.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Listen # 2 – Patterns and Expectations

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 14 months (My Child & Me: What's New & What's Next)
Keeping My Child Safe From Accidents(My Home)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

Share with the mother something you learned from her during today's visit.

- Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.
- Update with the mother the Content Tracking Form.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

□ Toddler Choice Sheets

Yarning Tools and other materials

□ PIPE: Listen # 2 – Patterns and Expectations

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- ☐ Complete local client record

Child - 14 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

With the mother assess her typical routines for safety and her understanding

With the mother assess her home for safety for a toddler

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 13 months (My Child & Me: What's New & What's Next)
Keeping My Home Safe (My Home)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in *Client Services*,

Community, Government or other Services used by the client)

Check and update any change in circumstances in *Client Services*, *Client's*Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in *Client's Children*, *Child Record*, *Go to*Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

PIPE: Listen # 2 – Patterns and Expectations

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

Share with the mother something you learned from her during today's visit.

- Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.
- Update with the mother the Content Tracking Form.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

☐ Keeping My Home Safe

Yarning Tools and other materials

What's New & What's Next: 13 months

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record

Child - 14 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

PIPE lesson Love # 8 focuses on: Providing limits with love helps a child regulate emotions and behaviour.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Love #8 – Love and Limits

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 15 months (My Child & Me: What's New & What's Next)
Keeping My Child Safe Outside (My Home)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. . DANCE (may be done anywhere from 15-17 months of age: Toddler visit 7-11)

Before you leave...

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.
- Update with the mother the Content Tracking Form.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

□ Toddler Choice Sheets

Yarning Tools and other materials

☐ PIPE: Love #8 – Love and Limits

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record

Child - 15 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

Discuss with the mother toddler safety including safety tips for outside play and safety tips for travelling.

Encourage water play and discuss safety around water.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 15 months (My Child & Me: What's New & What's Next)
Keeping My Child Safe Outside (My Home)

Information gathering for this visit:

In ANKA

Record details of the visit under Client Activities, Add Client Activity, Home
 Visit

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

DANCE (may be done anywhere from 15 - 17 months of age: Toddler visit 7 - 11) Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

Wellness Checks, Add a New Wellness Check, Child Growth Record

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

PIPE: Play # 3 – Baby's First Teacher

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service

Review Client Profile and Client Services for any updates in circumstances. .

DANCE (may be done anywhere from 15 - 17 months of age: Toddler visit 7 - 11)

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'

'What did you learn that you might like to share with someone else?'

Materials checklist for this visit Choice Sheets Keeping My Child Safe Outside Yarning Tools and other materials What's New & What's Next: 15 months Information gathering ANKA Home Visit, including Outgoing Referrals and Materials Provided Record any change of circumstances for the mother in Client Profile or Client Services Complete local client record DANCE

Child - 15 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

PIPE lesson focuses on: Gaining skills to turn daily activities into opportunities to learn.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Play # 3 – Baby's First Teacher

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

DANCE (may be done anywhere from 15 - 17 months of age: Toddler visit 7 - 11) Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 16 months (My Child & Me: What's New & What's Next)
Keeping My Child Healthy(My Child & Me)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. . DANCE (may be done anywhere from 15-17 months of age: Toddler visit 7-11)

Complete Relationship and Safety milestone details

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'

• 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit Choice Sheets Toddler Choice Sheets Yarning Tools and other materials PIPE: Play # 3 – Bay's First Teacher Information gathering ANKA Home Visit, including Outgoing Referrals and Materials Provided Record any change of circumstances for the mother in Client Profile or Client Services Complete local client record DANCE

Child - 16 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

Discuss with the mother dental health for her child

Discuss with the mother visits to her GP / Medical service

Discuss with the mother first aid and CPR

Relationship and Safety discussion

Review the mothers DANCE STEPS

Assessment

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

Revisit the *Relationship and Safety discussion* - only if there has been no previous disclosure of domestic and family violence (*DFV Pathway*)

My Community (My Family & Friends: How Can I Find Support and Services?)

Power & Control Wheel, Equality Wheel. (My family & Friends: Safe & healthy relationships)

My Experiences (My Family & Friends: Safe and Healthy Relationships)

What's New & What's Next: 16 months (My Child & Me: What's New & What's Next)
Keeping My Child Healthy (My Child & Me)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to Wellness Checks. Add a New Wellness Check. Child Growth Record

DANCE (may be done anywhere from 15 - 17 months of age: Toddler visit 7 - 11) Complete Relationship and Safety milestone details

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

PIPE: Listen #8 – Reading to Baby

Information gathering for next visit:

Review mother and baby's local client record if they attend health service

Review Client Profile and Client Services for any updates in circumstances. .

DANCE (may be done anywhere from 15 - 17 months of age: Toddler visit 7 - 11)

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'

'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

visit Choice Sheets □ Keeping My Child Healthy

□ What's New & What's Next: 16 months

Yarning Tools and other materials

- ☐ My Community
- ☐ Power and Control Wheel
- ☐ Equality Wheel
- My Experiences

- □ ANKA Home Visit, including Outgoing Referrals and Materials Provided
- Record any change of circumstances for the mother in Client Profile or Client Services
- ☐ Complete local client record
- □ DANCE
- ☐ Relationship and Safety milestone

Child - 16 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development.

PIPE lesson focuses on: Using reading to feel close, to regulate behaviour, to enhance language development and to have fun.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Listen #8 – Reading to Baby

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

 Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in *Client's Children, Child Record, Go to Wellness Checks, Add a New Wellness Check, Child Growth Record*

DANCE (may be done anywhere from 15 - 17 months of age: Toddler visit 7 - 11) Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 17 months (My Child & Me: What's New & What's Next)

My Child is Changing and Growing (My Child & Me)

PIPE: Love # 4 – Joy and Laughter (may be done anywhere between 16-18 months of

age: Toddler Visit 9-13

Information gathering for next visit:

Review mother and baby's local client record if they attend health service
Review Client Profile and Client Services for any updates in circumstances. .

DANCE (may be done anywhere from 15 – 17 months of age: Toddler visit 7 – 11)

ASQ / ASQ: SE (may be done anywhere from 17 – 18 months of age: Toddler visit 11
12)

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'
'What did you learn that you might like to share with someone else?'

Materials checklist for this visit Choice Sheets Toddler Choice Sheets Yarning Tools and other materials PIPE: Listen # 8 – Reading to Baby Information gathering ANKA Home Visit, including Outgoing Referrals and Materials Provided Record any change of circumstances for the mother in Client Profile or Client Services Complete local client record DANCE

Child - 17 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development using the ASQ / ASQ: SE

Discuss with the mother toddler behaviour regarding body exploration

Discuss with the mother separation anxiety

Discuss with the mother a toddler's need for independence through getting dressed

PIPE lesson focuses on: Sharing positive emotions helps love grow

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 17 months (My Child & Me: What's New & What's Next)

My Child is Changing and Growing (My Child & Me)

PIPE: Love # 4 – Joy and Laughter (may be done anywhere between 16-18 months of

age: Toddler Visit 9-13

Assist the other in completing ASQ / ASQ: SE if needed

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in *Client Services, Client's Outgoing Referrals* if any referrals have been taken up by the client (Optional) Add a Child Wellness check in *Client's Children, Child Record, Go to*

Wellness Checks, Add a New Wellness Check, Child Growth Record
Record results of ASQ/ASQ-SE in Client's Children, Child Record, Go to
Wellness Checks. Add a New Wellness Check Record, Select ASQ or ASQ:SE
assessment.

DANCE (may be done anywhere from 15 - 17 months of age: Toddler visit 7 - 11) ASQ / ASQ: SE (may be done anywhere from 17 - 18 months of age: Toddler visit 11 - 12)

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Reflect on the child's score from the ASQ/ ASQ-SE. As part of planning consider supplemental activities related to the ASQ-3 developmental areas and the ASQ-SE behavioural areas using PIPE as listed in guidance document. Ensure you are agenda matching with the mother. (**Note:** if ASQ/ASQ-SE is completed at a later visit, this planning should happen at that time)

Program topics for next visit:

PIPE: Play #8 – Play is Imitation and Turn Taking

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service
Review Client Profile and Client Services for any updates in circumstances. .

ASQ / ASQ: SE (may be done anywhere from 17 – 18 months of age: Toddler visit 1112)

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the *Content Tracking Form*.

Ask the mother:

'What did you learn today that you would like to tell me about?'
'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

☐ My Child is Changing and Growing

Yarning Tools and other materials

- ☐ What's new and What's Next: 17 months
- ☐ PIPE: Love # 4 Joy & Laughter
- ASQ/ASQ-SE

- □ ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- ☐ Record ASQ/ASQ:SE
- □ Complete local client record
- □ DANCE / NCAST Teaching Scale

Child - 17 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development using ASQ / ASQ: SE

PIPE lesson focuses on: Helping babies learn language and cooperation through imitation and turn taking types of play.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Play #8 – Play is Imitation and Turn Taking

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

 Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in *Client Services*, *Community, Government or other Services used by the client*)

Check and update any change in circumstances in *Client Services, Client's Outgoing Referrals* if any referrals have been taken up by the client (Optional) Add a Child Wellness check in *Client's Children, Child Record, Go to Wellness Checks, Add a New Wellness Check, Child Growth Record* Record results of ASQ/ASQ-SE in *Client's Children, Child Record, Go to Wellness Checks. Add a New Wellness Check Record, Select ASQ or ASQ:SE assessment,*

ASQ / ASQ: SE (may be done anywhere from 17 – 18 months of age: Toddler visit 11 – 12)

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 18 months (My Child & Me: What's New & What's Next) Teaching My Child to Behave (My Child & Me)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service

Review Client Profile and Client Services for any updates in circumstances. .

Complete Child Health Check

Edinburgh Postnatal Depression Scale.

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'

'What did you learn that you might like to share with someone else?'

Materials checklist for this visit **Choice Sheets** □ Toddler Choice Sheets Yarning Tools and other materials ☐ PIPE: Play # 8 – Play is Imitation and Turn Taking Information gathering ■ ANKA Home Visit, including Outgoing Referrals and Materials Provided Record any change of circumstances for the mother in Client Profile or Client Services ■ ASQ/ASQ:SE □ Complete local client record

Child - 18 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Review and consolidate her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing

Assess child growth and development – Child Wellness Check

Explore with the mother approaches to discipline

Discuss with the mother toddler behavioural challenges.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 18 months (My Child & Me: What's New & What's Next)

Teaching My Child to Behave (My Child & Me)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

 Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

Add a Child Wellness check in *Client's Children, Child Record, Go to Wellness Checks, Add a New Wellness Check, Child Growth Record*

Record EPDS Results in Client Assessment, Add New Assessment, EPDS

Edinburgh Postnatal Depression Scale.

STAR Framework coding – review and consolidate findings

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Reflect on the child's score from the ASQ/ ASQ-SE. As part of planning consider supplemental activities related to the ASQ-3 developmental areas and the ASQ-SE behavioural areas using PIPE as listed in guidance document. Ensure you are agenda matching with the mother. (**Note:** if ASQ/ASQ-SE is completed at a later visit, this planning should happen at that time)

Program topics for next visit:

PIPE: Play #8 – Play is Imitation and Turn Taking

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

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Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'
'What did you learn that you might like to share with someone else?'

Materials checklist for this visit **Choice Sheets** ■ My Child Changing & Growing Yarning Tools and other materials ☐ What's new and What's Next: 17 months ☐ PIPE: Love # 4 – Joy & Laughter Information gathering ■ ANKA Home Visit, including Outgoing Referrals and Materials Provided □ Record any change of circumstances for the mother in Client Profile or Client Services □ Record Child Wellness Check □ Record EPDS Complete local client record □ DANCE ☐ EPDS ■ STAR Framework coding

Child - 18 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development

PIPE lesson focuses on: Using play for behavioural regulation and to enhance a child's social skills.

Review the mothers DANCE STEPS

Assessment

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

How Is It Going Between Us? (Home Visit resources)

Use the current coding on the STAR Framework to guide the discussion Explore with the mother what she is finding useful in the program and what else she wants and needs

Assess the need for a change in visiting frequency

PIPE: Play # 5 – Learning the Do's

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 19 months (My Child & Me: What's New & What's Next)

Teaching My Child Good Sleep Habits (My Child & Me)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances.

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'

'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

□ Toddler Choice Sheets

Yarning Tools and other materials

- ☐ PIPE: Play # 5 Learning the Do's
- ☐ How Is It Going Between Us?

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record

Child – 19 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing

Assess child growth and development

Explore with the mother toddlers and sleep habits / routines.

Discuss techniques for helping a toddler go back to sleep

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 19 months (My Child & Me: What's New & What's Next)

Teaching My Child Good Sleep Habits (My Child & Me)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

 Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in *Client Services*, Community, Government or other Services used by the client)

Check and update any change in circumstances in *Client Services, Client's Outgoing Referrals* if any referrals have been taken up by the client (Optional) Add a Child Wellness check in *Client's Children, Child Record, Go to Wellness Checks, Add a New Wellness Check, Child Growth Record*

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Reflect on the child's score from the ASQ/ ASQ-SE. As part of planning consider supplemental activities related to the ASQ-3 developmental areas and the ASQ-SE behavioural areas using PIPE as listed in guidance document. Ensure you are agenda matching with the mother. (**Note:** if ASQ/ASQ-SE is completed at a later visit, this planning should happen at that time)

Program topics for next visit:

PIPE: Play #8 – Play is Imitation and Turn Taking

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?' 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

My Child Changing & Growing?

Yarning Tools and other materials

☐ What's new and What's Next: 19 months

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record

Child - 19 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development

PIPE lesson focuses on: Understanding caregiver and child's uniqueness in order to establish closeness and modify caregiving activities based on child's needs and temperament.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment - Toddler

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for intervention

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Love # 2 - Each Child Is Different

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 20 months (My Child & Me: What's New & What's Next)

Being the Best Parent I Can Be (My Child & Me)

PIPE: Play # 4 – What are Children Really Learning? (May be done anywhere between ages 19 – 21 months: Toddler Visit 15 – 19)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.
- Update with the mother the Content Tracking Form.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

□ Toddler Choice Sheets

Yarning Tools and other materials

□ PIPE: Love # 2 – Each Child Is Different

- □ ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- Complete local client record

Child - 20 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing

Assess child growth and development

Explore with the mother toddlers and sleep habits / routines.

Discuss techniques for helping a toddler go back to sleep

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 20 months (My Child & Me: What's New & What's Next)

Being the Best Parent I Can Be (My Child & Me)

PIPE: Play # 4 – What are Children Really Learning? (May be done anywhere between

ages 19 – 21 months: Toddler Visit 15 – 19)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in Client's Children, Child Record, Go to

Wellness Checks, Add a New Wellness Check, Child Growth Record

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

PIPE: Love #3 - Love Needs a Safe Base

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. .

Before you leave...

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.
- Update with the mother the Content Tracking Form.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

☐ Being the Best Parent I Can Be

Yarning Tools and other materials

- What's new and What's Next: 20 months
- □ PIPE: Play # 4 What are Children Really Learning

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record

Child - 20 1/2 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development

PIPE lesson focuses on: Meeting a child's needs so trust develops, love is nurtured, and security is promoted.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

PIPE: Love #3 - Love Needs a Safe Base

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

 Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in *Client Services*, *Community, Government or other Services used by the client*)

Check and update any change in circumstances in *Client Services, Client's Outgoing Referrals* if any referrals have been taken up by the client (Optional) Add a Child Wellness check in *Client's Children, Child Record, Go to Wellness Checks, Add a New Wellness Check, Child Growth Record*

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Program topics for next visit:

What's New & What's Next: 21 months (My Child & Me: What's New & What's Next)

Playing with My Toddler (My Child & Me)

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile and Client Services for any updates in circumstances. . Child Language Development Milestone

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'
'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

□ Toddler Choice Sheets

Yarning Tools and other materials

□ PIPE: Love # 3 – Love Needs a Safe Base

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client or Client Services Profile
- □ Complete local client record

Child - 21 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing

Assess child language development

Discuss with the mother types pf play for toddlers and learning through play.

Discuss items around the house that make ideal play toys.

Encourage the child's father and other family to play with the child.

Encourage music and movement in play.

Complete DANCE Assessment or NCAST Teaching and Feeding Scales

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Child Language Development Milestone

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 21 months (My Child & Me: What's New & What's Next)

Playing with My Toddler (My Child & Me)

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,

Community, Government or other Services used by the client)

Check and update any change in circumstances in Client Services, Client's

Outgoing Referrals if any referrals have been taken up by the client

Child Wellness check in Client's Children, Child Record, Go to Wellness

DANCE (may be done anywhere from 21 – 23 months of age: Toddler Visit 19 – 21)

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

Checks, Add a New Wellness Check, Language Assessment

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Reflect on completed dyadic assessment and develop plan to support selected behaviour(s). Ensure you are agenda matching with the mother.

Note: if dyadic assessment is completed at a later visit, this planning should happen at the same time)

Program topics for next visit:

What's New & What's Next: 22 months (My Child & Me: What's New & What's Next)

Getting Ready to Say Goodbye (My Life)

PIPE: Listen #5 - Floortime

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service

Review Client Profile and Client Services for any updates in circumstances. .

DANCE if not already completed (may be done anywhere from 21 – 23 months of age: Toddler Visit 19 – 21)

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'

'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

☐ Playing with My Toddler?

Yarning Tools and other materials

☐ What's new and What's Next: 21 months

- □ ANKA Home Visit, including Outgoing Referrals and Materials Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record
- ☐ DANCE

Child – 22 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development

PIPE lesson focuses on: Learning how to follow the child's lead and extend the play in order to expand learning.

Review the mothers DANCE STEPS

Assessment:

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 22 months (My Child & Me: What's New & What's Next)

Getting Ready to Say Goodbye (My Child & Me)

PIPE: Listen #5 - Floortime

Information gathering for this visit:

In ANKA

Record details of the visit under Client Activities, Add Client Activity, Home
 Visit

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in Client Services,
Community, Government or other Services used by the client)
Check and update any change in circumstances in Client Services, Client's
Outgoing Referrals if any referrals have been taken up by the client
Child Wellness check in Client's Children, Child Record, Go to Wellness
Checks, Add a New Wellness Check, Language Assessment (if not completed)
Record results of ASQ/ASQ-SE in Client's Children, Child Record, Go to
Wellness Checks. Add a New Wellness Check Record, Select ASQ or ASQ:SE
assessment

DANCE (may be done anywhere from 21 – 23 months of age: Toddler Visit 19 – 21)

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Reflect on completed dyadic assessment and develop plan to support selected behaviour(s). Ensure you are agenda matching with the mother.

Note: if dyadic assessment is completed at a later visit, this planning should happen at the same time)

Program topics for next visit:

What's New & What's Next: 23 months (My Child & Me: What's New & What's Next)

Getting Ready To Say Goodbye (My Life)

Teaching My Child to Use the Toilet (My Child & Me)

PIPE: Love #7 - Love is Letting Go

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service

Review Client Profile and Client Services for any updates in circumstances. .

ASQ / ASQ: SE

DANCE (may be done anywhere from 21 – 23 months of age: Toddler Visit 19 – 21)

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?' 'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

□ Toddler Choice Sheets

Yarning Tools and other materials

- ☐ What's New & What's Next: 22 months
- ☐ Getting Ready to Say Goodbye
- ☐ PIPE: Listen # 5 Floortime

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- Record any change of circumstances for the mother in Client Profile or Client Services
- ☐ Record ASQ/ASQ:SE
- □ DANCE
- □ Complete local client record

Child - 23 months old

TODAY'S VISIT

Objectives for this visit:

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development

Discuss with the mother toilet training.

PIPE lesson focuses on: Respecting a child's need for autonomy while staying available and supportive.

Review the mothers DANCE STEPS

Assessment

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 23 months (My Child & Me: What's New & What's Next)

Getting Ready To Say Goodbye (My Child & Me)

Teaching My Child to Use the Toilet (My Child & Me)

PIPE: Love #7 - Love is Letting Go

Assist mother in completing ASQ / ASQ:SE if needed

Information gathering for this visit:

In ANKA

Record details of the visit under *Client Activities*, *Add Client Activity*, *Home Visit*

Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals

Added Materials Provided details if required in *Client Activities, Add Client Activity, Materials Provided*

Check and update any change in circumstances in *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*)

Check and update any change in circumstances in *Client Services*, *Community*. *Government or other Services used by the client*)

Check and update any change in circumstances in *Client Services, Client's*Outgoing Referrals if any referrals have been taken up by the client

(Optional) Add a Child Wellness check in *Client's Children, Child Record, Go to Wellness Checks, Add a New Wellness Check, Child Growth Record*

Record results of ASQ/ASQ-SE in *Client's Children, Child Record, Go to Wellness Checks. Add a New Wellness Check Record, Select ASQ or ASQ:SE assessment*

ASQ/ ASQ: SE

DANCE if not already completed (may be done anywhere from 21 – 23 months of age: Toddler Visit 19 – 21)

Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

PLANNING FOR NEXT VISIT

Client topic for next visit:

Show the mother the menu of toddler topics and ask her to choose a topic/s she would like to discuss at the next visit.

Record her chosen topic/s on the Home Visit Plan that you will leave with her.

Reflect on completed dyadic assessment and develop plan to support selected behaviour(s). Ensure you are agenda matching with the mother.

Note: if dyadic assessment is completed at a later visit, this planning should happen at the same time)

Program topics for next visit:

What's New & What's Next: 24 months (My Child & Me: What's New & What's Next)

Getting Ready to Say Goodbye (My Life)

PIPE: Love # 6 - Attachment

Information gathering for next visit:

Review mother and baby's local client record if they attend the health service Review Client Profile, Client Services, Child Health for any updates in circumstances.

Before you leave...

Share with the mother something you learned from her during today's visit.

Thank her and leave her the *Home Visit Plan* with the agreed activities to be completed between the visits and topics for next visit.

Update with the mother the Content Tracking Form.

Ask the mother:

'What did you learn today that you would like to tell me about?'
'What did you learn that you might like to share with someone else?'

Materials checklist for this visit

Choice Sheets

- ☐ Getting Ready to Say Goodbye
- ☐ Teaching My Child to Use the Toilet

Yarning Tools and other materials

- ☐ What's New & What's Next: 23 months
- ☐ PIPE: Love # 7 Love is Letting Go

- ANKA Home Visit, including
 Outgoing Referrals and Materials
 Provided
- □ Record any change of circumstances for the mother in Client Profile or Client Services
- ☐ Record ASQ/ASQ:SE
- □ DANCE
- □ Complete local client record

Child - 2 years old

TODAY'S VISIT

Objectives for this visit:

Focus of this visit is on:

Celebrating successes and the mother's graduation from the ANFPP Saying goodbye to each other, ending therapeutic relationship

Address the mother's current needs and concerns.

Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)

Assess the mother's social and emotional wellbeing.

Assess child growth and development

PIPE lesson focuses on: Understanding attachment and the caregiver behaviours that promote attachment.

Assessment

Review the Guidance for Assessment – Toddler (from pages 2&3)

Use the STAR Framework to synthesise the mother's strengths and risks and establish priorities for guidance and program activities.

Client topic for this visit:

Discuss the topic that the mother chose from the toddler menu at the previous visit.

Check with her that she still wants to discuss this topic or if other questions or issues have come up during the time between visits.

Program topics for this visit:

What's New & What's Next: 24 months (My Child & Me: What's New & What's Next)

Getting Ready to Say Goodbye (My Child & Me)

PIPE: Love #6 - Attachment

Celebrate mother's graduation from the ANFPP

Information gathering for this visit:

- In ANKA
 - Record details of the visit under Client Activities, Add Client Activity, Home
 Visit
 - Complete Outgoing Referrals if required from Client Activities. Add Client Activity, Outgoing Referrals
 - Added Materials Provided details if required in Client Activities, Add Client Activity, Materials Provided
 - Check and update any change in circumstances in Client Profile, Create New Health Record and Create New Information Record (these are in Client Profile)
 - Check and update any change in circumstances in Client Services,
 Community, Government or other Services used by the client)
 - Check and update any change in circumstances in Client Services, Client's
 Outgoing Referrals if any referrals have been taken up by the client
 - (Optional) Add a Child Wellness check in Client's Children, Child Record, Go to Wellness Checks, Add a New Wellness Check, Child Growth Record
- Record the home visit, clinical and appropriate information in the local client record according to your organisation's procedures

Before you leave...

- Affirm the mother's many strengths
- Reflect that you have had a lot of visits and time together over the past 2 $\frac{1}{2}$ years. "Along the way, we have learned a lot about each other. Let's remember the good
- Thank her for the privilege of sharing her ANFPP journey with you.

times and the things we learned together"

Materials checklist for this visit

Choice Sheets

☐ Getting Ready To Say Goodbye

Yarning Tools and other materials

- What's New & What's Next: 24 months
- ☐ PIPE: Love # 6 Attachment

- ANKA Home Visit, including Outgoing Referrals and Materials Provided
- Record any change of circumstances for the mother in Client Profile or Client Services
- □ Complete local client record