



ANFPP HOME VISIT GUIDELINES PREGNANCY

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Guidance for Assessment - Pregnancy

As part of the Australian Nurse-Family Partnership Program (ANFPP) the Home Visiting Team seeks to understand and build on the mothers' strengths while also identifying any concerns that may develop during her pregnancy. The ANFPP provides a structure for each visit to help the Home Visiting Team plan guidance and topics for discussion as mothers prepare for birth.

The ANFPP incorporates a range of tools to help the Home Visiting Team pause and consolidate their thinking around how well the mother is prepared for this extraordinary life transition. It will also include assessing how the mother is planning to handle health behaviour changes, labour and birth, and how well she is planning to provide care for her new baby.

As you work with mothers you will observe and come to know the mother's strengths and risks and how they change over time. It is important to use a Motivational Interviewing approach when assessing and getting to know the mother. You may need to refer to the Motivational Interviewing reference materials provided in your core training. The visit should be a sharing of information, not an interview or a lecture.

At each visit, consider the following items as part of your interaction with the mother:

- The six domains covering: My Life, My Child and Me, My Family & Friends, My Home, My Health and My Support Services.
- STAR framework: Global protective factors, behavioural strengths, readiness for change.
- Current questions, concerns, goals.
- Mother's general physical health, mental health and social and emotional wellbeing.
- Medication use (including prenatal vitamins, bush medicine and traditional remedies).
- Antenatal visit attendance.
- Nutritional status and food insecurity.
- Rest and activity status.
- Concerns with home, school, work.



- Concerns with relationships with partner, family members, friends.
- Any increased worries (anxiety, sadness, anger).
- Identify at least one aspiration or hope (heart's desire) for example: she wants to be a good mother, she wants her baby to be healthy and happy, etc.
- Review month-to-month foetal growth and development for gestational age.
- Re-establish the agenda for the current day's visit.
- Reflect on current questions, concerns, goals and plans from the last visit.
- If necessary, adjust the home visit plan to address the mother's current situation and the required components of the program.
- Identify at least one of the mother's strengths and provide written affirmation on the home visit plan.

Reminder: For each domain there are a set of Choice Sheets. Each Choice Sheet heading is referred to as a 'packet' containing a selection of Yarning Tools and other resources for mothers to use and keep.



Pregnancy Home Visit 1

TODAY'S VISIT



Objectives:

- Introduce yourself and begin building a therapeutic relationship with the mother and her family that is based on understanding and trust.
- Explain the program purpose and structure and how you will work together with the mother to establish realistic expectations.
- Begin to identify her behavioural strengths, global protective factors, current risks, and level of engagement with the ANFPP (STAR Framework).
- Begin assessment of the mother's health status in relation to pregnancy.

Greetings:

- Introduce yourself and other members of the Home Visiting Team.
- Discuss with the mother what she and her family hopes to achieve while participating in the ANFPP.
- Describe the purpose and structure of the ANFPP, as well as the frequency of home visits, by using the yarning tools:
 - The ANFPP – How Does it Work? (Home Visit Resources).
 - Home Visit Structure (Home Visit Resources).
- Discuss roles and responsibilities in the relationship.
- Emphasise the flexibility of the program to meet the individual needs of the mother and her family.
- Encourage her questions and comments regarding the program.
- Discuss and identify other family or friends the mother would like to include in future visits.
- Provide her with details of how to contact her Home Visiting Team members. Determine with her the best methods for making regular contact.
- Confirm that the Home Visiting Team members and the mother will contact each other if it is necessary to cancel a visit.



Client Topic:

For Pregnancy Home Visit 1 there will be no client topic. However, the mother may have expressed an interest in an area for discussion during either the Consent Visit or the pre-visit phone contact. Be prepared to address these topics. Answer any questions the mother has about her pregnancy.

Program Topic:

View and discuss selected Yarning Tools from Choice Sheet:

- Staying Healthy in Pregnancy (My Health).

Information Gathering:

Complete in ANKA:

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities. Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Complete Client Profile *Create New Health Record and Create New Information Record* (these are in Client Profile).
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.
- It may take up to four weeks from commencement of Home Visits with the mother to complete the information gathering for Intake that includes the Client Profile, Health Habits and Demographics.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'

- 
- 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP topics:

- Staying Healthy During Pregnancy (Continued from previous visit: My Health).
- Smoking, Alcohol, Drugs and Pregnancy (My Child and Me).
- Life History Calendar (Home Visit Resources).

Information Gathering for Next Visit:

- Review the Client Profile in ANKA and identify information to be gathered for next visit.
- Review mother's local client record if she attends health services and confirm details.



Materials Checklist for PHV 1

Choice Sheet:

- Staying Healthy in Pregnancy*

Other Materials:

- ANFPP How Does it Work?*
- ANFPP Home Visit Structure*

Information Gathering:

- ANKA Home Visit, including Outgoing Referrals and Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete Client Record



Pregnancy Home Visit 2

TODAY'S VISIT



Objectives:

- Address the mother and her family's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP (STAR Framework).
- Continue to discuss measures around a healthy pregnancy (if not completed during previous visit).
- Introduce information about how smoking, alcohol, drugs, and caffeine could affect the pregnancy to the mother and her family.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Continue to complete Intake information gathering in ANKA and/or your local client record.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.


Program Topics:

- Staying Healthy in Pregnancy (continued from visit: My Health).
- Smoking, Alcohol, Drugs and Pregnancy (My Child and Me).
- Life History Calendar. (Complete between Visit 2 and 4. Home Visit Resources)

Information Gathering:

Complete in ANKA:

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.

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- Complete Outgoing Referrals if required from *Client Activities*. Add *Client Activity, Outgoing Referrals*.
 - Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
 - Complete Client Profile *Create New Health Record and Create New Information Record* (these are in Client Profile).
 - Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT




Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP topics:

- Staying Healthy During Pregnancy (continued from visits 1 and 2: My Health).
- Smoking, Alcohol, Drugs and Pregnancy (continued from visit 2: My Child and Me)
- Finding Supports and Services (My Family & Friends).

- 
- Solving Problems and Stress (My Life).

Information Gathering for Next Visit:

- Review the Client Profile in ANKA and identify information to be gathered for next visit.
- Review mother's local client record if she attends health services and confirm details.
- Prepare to conduct the Maternal Mental Health Screening (EPDS) at next Home Visit.



Materials Checklist for PHV 2

Choice Sheet:

- Staying Healthy in Pregnancy*
- Smoking, Alcohol, Drugs and Pregnancy*

Other Materials:

- Life History Calendar (PHV 2-4)*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete Client Record



Pregnancy Home Visit 3

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP (STAR Framework).
- Continue to discuss measures around a healthy pregnancy (if not completed during visit 1 and 2).
- Continue discussing information about how smoking, alcohol, drugs, and caffeine could affect the pregnancy to the mother and her family (if not completed during Visit 2).
- Introduce information about any support and other services that the mother may need or want and advise her on how and where she could access these.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3)
- Continue to complete Intake information gathering in ANKA if not complete.
- Maternal Mental Health Screening: *Edinburgh Postnatal Depression Scale*. (EPDS)

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.



Program Topics:

- Staying Healthy in Pregnancy (continued from visits 1 and 2: My Health)
- Smoking, Alcohol, Drugs and Pregnancy (continued from visit 2: My Child and Me)
- Find Supports and Services (My Family & Friends).
- Solving Problems and Stress (My Life).
- Life History Calendar. (Complete between Visit 2 and 4; Home Visit Resources)

Information Gathering:

In ANKA:

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit.*
- Complete Outgoing Referrals if required from *Client Activities. Add Client Activity, Outgoing Referrals.*
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided.*
- Complete Client Profile *Create New Health Record and Create New Information Record* (these are in Client Profile)
- Complete the Maternal Mental Health Screening (EPDS) and record the clinical assessment under *Client Assessment.*
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'



PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP topics:

- Finding Supports and Services (continued from visit 3: My Family & Friends).
- Solving Problems and Stress (continued from visit 3: My Life).
- Body Changes During Pregnancy (My Health).
- Being the Best Parent I Can Be (My Child & Me).
- How's it Going Between Us? (Home Visit Resources).

Consolidation Visit:

During PHV 4 you will explore with the mother her feelings about being in this program and what her wants and needs are through using the materials and discussions

Information Gathering for Next Visit:

- Review the Client Profile in ANKA and identify information to be gathered for next visit.
- Review mother's local client record if she attends health services and confirm details
- In ANKA update any change of circumstances in the ANKA client record.



Materials Checklist for PHV 3

Choice Sheet:

- Staying Healthy in Pregnancy*
- Smoking, Alcohol, Drugs and Pregnancy*
- Finding Supports and Services*
- Solving Problems and Stress*

Other Materials:

- Life History Calendar (PHV 2-4)*
- Edinburgh Postnatal Depression Scale. (EPDS)*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Record Mental Health Screening (EPDS) Clinical Assessment Results in ANKA and local client record



Pregnancy Home Visit 4

TODAY'S VISIT



Consolidation Visit:

During this visit, you will explore with the mother her feelings about being in this program and what her wants and needs are through using the program materials and discussions.

Objectives for this visit:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program (STAR Framework).
- Complete initial coding of STAR Framework, reflecting on your initial four visits with the mother.
- Continue to discuss measures around a healthy pregnancy (if not completed to date).
- Continue to provide information about support and services (if not completed during previous visit).
- Continue to discuss life stressors (if not completed during previous visit).
- Introduce information about body changes during pregnancy.
- Begin a discussion about preparation for parenting.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3)
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.
- Confirm all intake information gathering in ANKA is complete.

Client topic for this visit:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program topics for this visit:

- 
- Finding Supports and Services (continued from previous visit: My Family & Friends).
 - Solving Problems and Stress (continued from previous: My Life).
 - Body Changes During Pregnancy (My Health).
 - Getting Ready to be a Parent (My Child & Me).
 - How's it Going Between Us? (Home Visit Resources).

Coding for STAR Framework:

Reflect on what you have come to know about the mother, and consider ways this can be used to guide the discussion with her at next visit regarding goal setting? Note that this is just an initial review and it is not expected that you will be able to explore all the domains.

Consolidation:

Use the Yarning Tool *How Is It Going Between Us (Home Visit Resources)* to explore with the mother what she finds useful in this program and what other things she wants and needs. If a mother has commenced the program early in pregnancy you may want to repeat this yarning tool before she delivers.

Keep this Yarning Tool in mind whenever you are uncertain about the mother's level of engagement. It can help you initiate a conversation about what she wants and needs to stay engaged or to reengage.

Information Gathering:

In ANKA:

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Complete and Check *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.



Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP topics:

- Setting and Achieving Goals (My Life Domain)
- Relationship and Safety Discussion (DFV pathway)
- Life History Calendar (completed in visit 2/3)
- My Community (If not completed in previous visits. Home Visit Resources)
- Power & Control Wheel (My Family & Friends: Self and Healthy Relationships)

This Home Visit may take longer as the discussions create an opportunity to share information about the mother's relationships with her partner and family; allow extra time when arranging this Home Visit. These discussions should occur in a safe and private environment; an alternative location may need to be arranged prior to the visit.



Information Gathering for Next Visit:

- Review mother's local client record if she attends health services and confirm details.

Materials Checklist for PHV 4

Choice Sheet:

- Finding Supports and Services*
- Solving Problems and Stress*
- Body Changes During Pregnancy*
- Getting Ready to Be a Parent*

Other Materials:

- How Is It Going Between Us?*
- Life History Calendar*
- My World of Support*
- Power & Control Wheel*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Confirm Mental Health Screening complete



Pregnancy Home Visit 5

TODAY'S VISIT



Objectives for this visit:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to reflect on past visits with the mother and determine how things are going.
Relationship and Safety discussion
- Support the mother to develop short-term and long-term goals for herself.

Assessment:


- Review the Guidance for Assessment – Pregnancy (from pages 2-3).

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- Body Changes During Pregnancy (Continued from previous visit: My Health).
- Getting Ready to Be a Parent (Continued from previous visit: My Child & Me).
- Relationship and Safety Discussion – this may go over 2 visits (DFV Pathway).
- Initiate discussion about healthy/unhealthy relationships and safety using the yarning tools:
 - My Life History Calendar (completed during PHV 2 & 3).
 - My Community (If not completed in previous visits. My Family & Friends: Finding Supports and Services).
 - Power & Control Wheel (My Family & Friends: Safe and Healthy Relationships).
- Review the My Experience (Home Visit Resources) Yarning Tool with the mother to determine her exposure of DFV and next steps in the DFV Pathway.

- 
- Setting and Achieving Goals (My Life).
 - Ask mum to review the Choice Sheet ‘Setting and Achieving Goals’ and choose the aspects of goal setting she is interested in discussing.
 - Use the STaR Framework coding to guide your discussion with the mother.
 - Use the Importance Game (My Life: Setting and Achieving Goals) Yarning Tool to help identify what is important to her. Affirm her in the areas where she is taking steps.
 - Use the Goal Setting (My Life: Setting and Achieving Goals) worksheet to guide the process.

Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities. Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Complete and Check *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Complete *Relationship and Safety Milestone details*.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation’s procedures.

Before You Leave....

- Share with the mother something you learned from her during today’s visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - ‘What did you learn today that you would like to tell me about?’
 - ‘What did you learn that you might like to share with someone else?’

PLANNING FOR NEXT VISIT





Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- Continue - Relationship and Safety Discussion (DFV pathway).
- Body Changes During Pregnancy (Continue from previous visit: My Health).
- Getting Ready to Be a Parent (Continue from previous visit: My Child & Me).

Information Gathering for Next Visit:

- Review mother's local client record if she attends health services and confirm details.
- Review and update *Client Profile* and *Client Services* for any change in circumstances.



Materials Checklist for PHV 5

Choice Sheet:

- Body Changes During Pregnancy*
- Getting Ready to Be a Parent*
- Finding Supports and Services*

Other Materials:

- My Community*
- Life History Calendar*
- Power and Control Wheel*
- My Experiences*
- Goal Setting (short and long term)*
- The Importance Game*

Information Gathering:

- ANKA Home Visit, including Outgoing Referrals and Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Review *Relationship and Safety Milestone*



Pregnancy Home Visit 6

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to reflect on past visits with the mother and determine how things are going.
- Continue to discuss information on body changes during pregnancy (if not completed in previous visits).
- Continue to explore with the mother how she is preparing to be a parent (if not completed in previous visits).
- Continue to support the mother to develop short-term and long-term goals for herself (if not completed in previous visits).
- Complete Relationship and Safety discussion. (If not completed during previous visit).

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- Relationship and Safety Discussion and My Experiences (Continue with this discussion as necessary: DFV pathway)
- Body Changes During Pregnancy (Continue from previous visit: My Health)
- Getting Ready to Be a Parent (Continue from previous visit: My Child & Me)
- Continue with consolidation and goal setting as necessary.



Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
- Complete *Relationship and Safety Milestone details*.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.



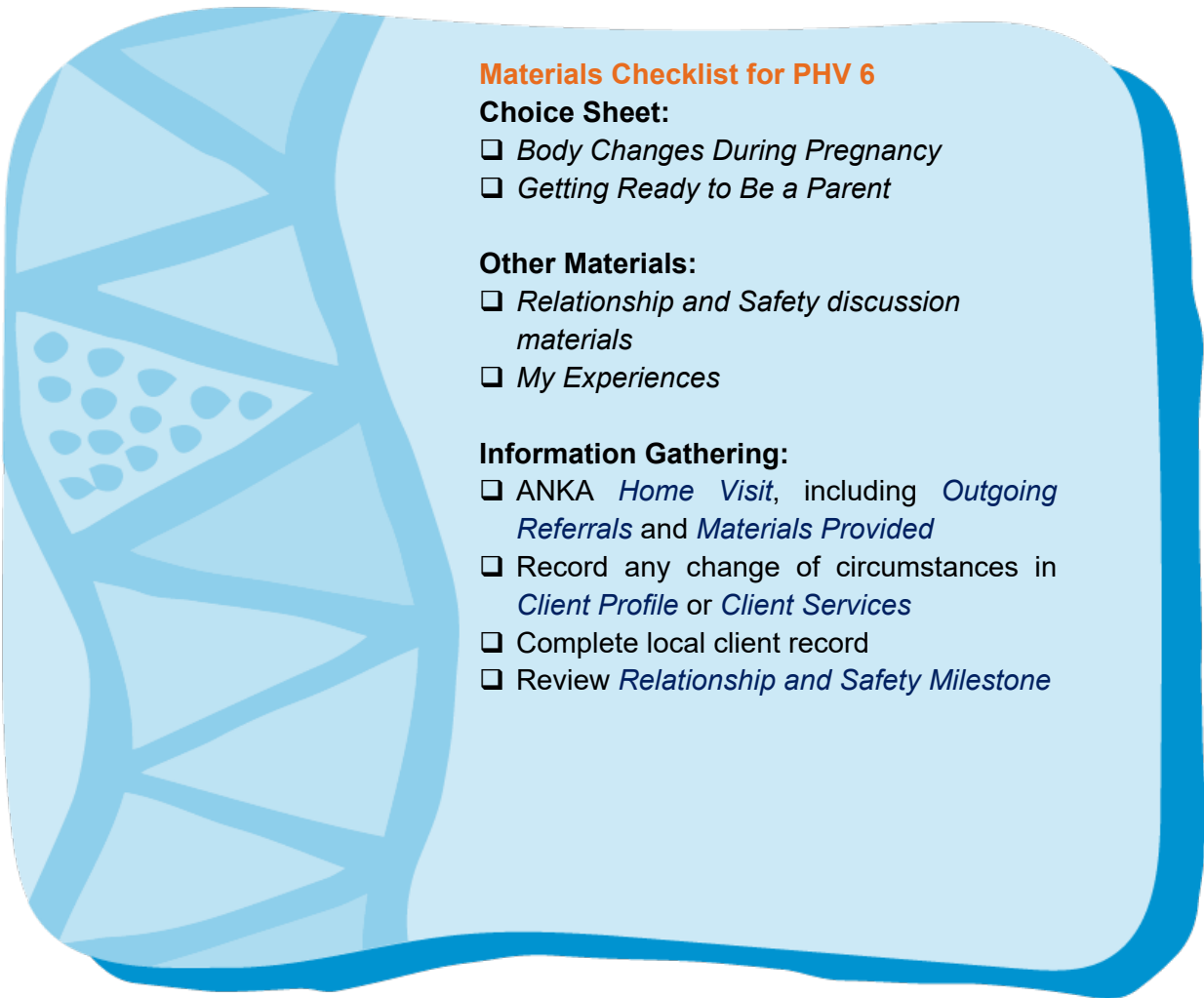
Program Topics for Next Visit:

Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- Body Changes During Pregnancy (Continue from previous visit: My Health).
- Getting Ready to Be a Parent (Continue from previous visit: My Child & Me).
- Healthy Eating in Pregnancy (My Health).
- Continue with consolidation and goal setting if necessary.
- Complete Relationship and Safety discussion if required (DFV Pathway).

Information Gathering for Next Visit:

- Review mother's local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 6

Choice Sheet:

- Body Changes During Pregnancy*
- Getting Ready to Be a Parent*

Other Materials:

- Relationship and Safety discussion materials*
- My Experiences*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Review *Relationship and Safety Milestone*



Pregnancy Home Visit 7

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to reflect on past visits with the mother and determine how things are going.
- Continue to discuss information on body changes during pregnancy (if not completed in previous visits).
- Continue to explore with the mother how she is preparing to be a parent (if not completed in previous visits).
- Continue to support the mother to develop short-term and long-term goals for herself (if not completed in previous visits).
- Complete Relationships and Safety Discussion. (If not completed during previous visits).
- Introduce the topic of good nutrition during pregnancy.
- Explore with the mum her thoughts on breastfeeding (or formula feeding) for her baby.


Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- 
- Body Changes During Pregnancy (Continue from previous visit: My Health).
 - Getting Ready to Be a Parent (Continue from previous visit: My Child & Me).
 - Healthy Eating in Pregnancy (My Health).
 - Feeding My Bubba (My Child & Me).
 - Complete Relationship and Safety Discussion in not already completed.

Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
- Complete *Relationship and Safety Milestone details*.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT





Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- Healthy Eating in Pregnancy (My Health)
- Feeding My Bubba (My Child & Me)
- Getting Ready to Have Bubba (My Health)
- Sex and Pregnancy (My Health)
- Consider using one of the pregnancy PIPE topics below.

Pregnancy PIPE Topic	Recommended Schedule
Love Topic #3: Love Needs a Safe Base	Between 7 – 9 months gestation
Love Topic #10: Emotional Refuelling	Between 3 – 5 months gestation
Listen Topic #2: Patterns and Expectations	Between 5 – 7 months gestation
Listen Topic #3: Baby Cues	Between 7 – 9 months gestation
Listen Topic #8: Reading to Baby	Between 6 – 8 months gestation

Information Gathering for Next Visit:

- Review mother’s local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 7

Choice Sheet:

- Body Changes During Pregnancy*
- Getting Ready to Be a Parent*
- What Should I Eat During Pregnancy*
- Feeding My Bubba*
- Safe and Healthy Relationships*

Other Materials:

- Relationship and Safety discussion materials*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Review *Relationship and Safety Milestone*



Pregnancy Home Visit 8

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to reflect on past visits with the mother and determine how things are going.
- Continue to discuss good nutrition during pregnancy (if not completed in previous visits).
- Continue to support the mother in making an informed decision about feeding her baby (if not completed in previous visits)
- Explore with mother her preparation and plans for childbirth.
- Explore with the mother her thoughts and feelings about sex and intimacy during pregnancy.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- Healthy Eating in Pregnancy (Continue from previous visit: My Health)
- Feeding My Bubba (Continue from previous visit: My Child & Me)
- Getting Ready to Have Bubba (My Health)

- Sex and Pregnancy (My Health)

- Consider using one of the pregnancy PIPE topics below.

regnancy PIPE Topic	Recommended Schedule
Love Topic #3: Love Needs a Safe Base	Between 7 – 9 months gestation
Love Topic #10: Emotional Refuelling	Between 3 – 5 months gestation
Listen Topic #2: Patterns and Expectations	Between 5 – 7 months gestation
Listen Topic #3: Baby Cues	Between 7 – 9 months gestation
Listen Topic #8: Reading to Baby	Between 6 – 8 months gestation

Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'



PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- Getting Ready to Have Bubba (Continue from previous visit: My Health)
- Sex and Pregnancy (Continue from previous visit: My Health)
- Labour and Birth (My Health)
- Review Mum's Milk is the Best Milk (My Child & Me: Feeding My Bubba)
- Look at the Yarning Tools for Feeding My Bubba for other yarning tools that mum might want to discuss.

Information Gathering for Next Visit:

- Review mother's local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 8

Choice Sheet:

- Healthy Eating in Pregnancy*
- Feeding My Bubba*
- Getting Ready to Have Bubba*
- Sex and Pregnancy*

Other Materials:

- Mums Milk is the Best Milk*
- Feeding my Bubba*
- Any PIPE Related Material*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Review *Relationship and Safety Milestone*



Pregnancy Home Visit 9

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to discuss with the mother her preparation and plans for birth (if not completed in previous visit).
- Continue to explore her thoughts and feelings about sex and intimacy during pregnancy (If not completed in previous visit)
- Introduce information on labour and birth.
- Explore with the mother potential complication during pregnancy and birth.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- Getting Ready to Have Bubba (Continue from previous visit: My Health)
- Sex and Pregnancy (Continue from previous visit: My Health)
- Labour and Birth (My Health)
- Continue to support the mother with her choice to breastfeed (if she chooses to)

Information Gathering:



In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:



Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- Labour and Birth (continue from previous visit: My Health)
- Being the Best Parent I Can Be (My Child & Me)
- Taking Care of My New Bubba (My Child & Me)
- Consider using one of the pregnancy PIPE topics below.

regnancy PIPE Topic	Recommended Schedule
Love Topic #3: Love Needs a Safe Base	Between 7 – 9 months gestation
Love Topic #10: Emotional Refuelling	Between 3 – 5 months gestation
Listen Topic #2: Patterns and Expectations	Between 5 – 7 months gestation
Listen Topic #3: Baby Cues	Between 7 – 9 months gestation
Listen Topic #8: Reading to Baby	Between 6 – 8 months gestation

Information Gathering for Next Visit:

- Review mother’s local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 9

Choice Sheet:

- Getting Ready to Have Bubba*
- Sex and Pregnancy*
- Labour and Birth*
- Feeding My Bubba*

Other Materials:

- Mum's Milk is the Best Milk*
- Any PIPE Related Material*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Review *Relationship and Safety Milestone*



Pregnancy Home Visit 10

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to discuss labour and birth (If not completed on previous visits).
- Continue to discuss potential complication during pregnancy and birth (If not completed on previous visits).
- Discuss with the mother her thoughts and feelings about being a parent.
- Discuss with the mother her views and expectations about the tasks and time it takes to care for a new baby.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- Labour and Birth (continue from previous visit: My Health)
- Being the Best Parent I Can Be (My Child & Me)
- Taking Care of My New Bubba (My Child & Me)

Information Gathering:



In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:



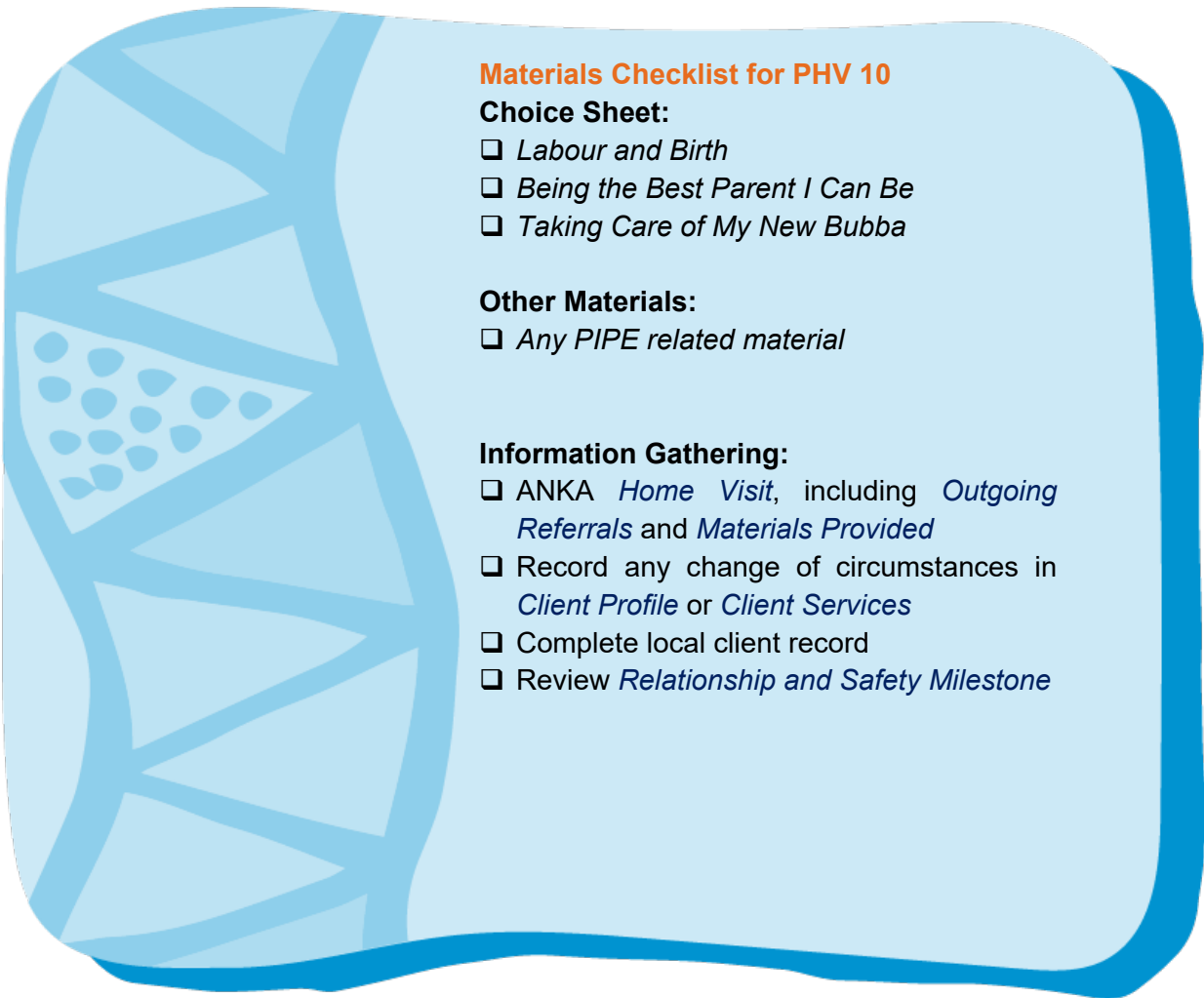
Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- Being the Best Parent I Can Be (Continue from previous visit: My Child & Me)
- Taking Care of My New Bubba (Continue from previous visit: My Child & Me)
- What Does My New Bubba Need? (My Child & Me)
- Consider using one of the pregnancy PIPE topics below.

regnancy PIPE Topic	Recommended Schedule
Love Topic #3: Love Needs a Safe Base	Between 7 – 9 months gestation
Love Topic #10: Emotional Refuelling	Between 3 – 5 months gestation
Listen Topic #2: Patterns and Expectations	Between 5 – 7 months gestation
Listen Topic #3: Baby Cues	Between 7 – 9 months gestation
Listen Topic #8: Reading to Baby	Between 6 – 8 months gestation

Information Gathering for Next Visit:

- Review mother’s local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 10

Choice Sheet:

- Labour and Birth*
- Being the Best Parent I Can Be*
- Taking Care of My New Bubba*

Other Materials:

- Any PIPE related material*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Review *Relationship and Safety Milestone*



Pregnancy Home Visit 11

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program.
- Continue to discuss the mother's thoughts and feelings about being a parent.
- Continue to discuss her views and expectations about the tasks and time it takes to care for a new baby.
- Discuss the importance and process of seeing a doctor at the local Aboriginal Medical Service or finding a GP for herself and her baby.
- Talk with the mother about the items she has prepared for her baby, what she still needs, and what plans she has for getting everything she requires.
- Introduce the use of the mother-child relationship assessment (or the dyadic assessment) used at your service, as an important part of the ANFP program model.

Assessment:


- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- **Being the Best Parent I Can Be** (Continue from previous visit: My Child & Me)
- **Taking Care of My New Bubba** (Continue from previous visit: My Child & Me)
- **What Does My New Bubba Need?** (My Child & Me)

- 
- Provide an overview of the other services available at the health service and in the community to offer support to help the mother learn about caring for her baby and help her to be the best parent possible.
 - Discuss that the role of the home visit team is to offer support to the mother to learn about her baby and to be the best parent possible and the many things in the program that will support her in developing her role as a parent. This includes:
 - Yarning tools
 - PIPE lessons – which are an opportunity to practice activities with her baby and reflect with the home visiting team on what the experience is like for her and her baby.
 - Ability to ask the home visiting team questions.
 - Dyadic assessments such as DANCE and their purpose in ANFPP.

Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
- Complete the Maternal Mental Health Screening (EPDS) and record the clinical assessment under *Client Assessment*
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.

- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - ‘What did you learn today that you would like to tell me about?’
 - ‘What did you learn that you might like to share with someone else?’

PLANNING FOR NEXT VISIT

Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- *Keeping My Bubba Healthy* (My Child & Me Domain)
- *What Does My New Bubba Need?* (Continue from previous visit: My Child & Me)
- *Taking Care of My New Bubba* (My Child & Me)
- *Calming my Bubba* (My Child & Me)
- *Consider using one of the pregnancy PIPE topics below.*

regnancy PIPE Topic	Recommended Schedule
Love Topic #3: Love Needs a Safe Base	Between 7 – 9 months gestation
Love Topic #10: Emotional Refuelling	Between 3 – 5 months gestation
Listen Topic #2: Patterns and Expectations	Between 5 – 7 months gestation
Listen Topic #3: Baby Cues	Between 7 – 9 months gestation
Listen Topic #8: Reading to Baby	Between 6 – 8 months gestation

Information Gathering for Next Visit:



- Review mother's local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 11

Choice Sheet:

- Being the Best Parent I Can Be*
- Taking Care of My New Bubba*
- Keeping My Bubba Healthy*
- What Does My New Bubba Need?*

Other Materials:

- Any PIPE related material*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Review *Relationship and Safety Milestone*



Pregnancy Home Visit 12

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Review and consolidate findings of: the mothers behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program (STAR Framework) - 36 weeks' gestation.
- Continue to discuss the importance and ways to see a doctor at the local Aboriginal Medical Service or find a suitable GP for her baby and make a time to chat to that AMS Doctor or GP. (If not completed in previous visits)
- Continue to talk to the mother about the items she has for her baby, what she still needs, and what plans she has for getting everything she requires. (If not completed at previous visits).
- Introduce information on the caring for a new born baby.
- Introduce information on dealing with a fussy baby.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Complete Health Habits at 34 – 36 weeks and record in ANKA if not completed.
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities. STAR Framework coding - Consolidation 36 weeks.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- What Does My New Bubba Need? (Continue from previous visit: My Child & Me)
- Taking Care of My New Bubba (My Child & Me)

- 
- Calming my Bubba (My Child & Me)

Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities. Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
- Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
- Confirm actions required for 36 week gestation milestones have been completed.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.



Program Topics for Next Visit:

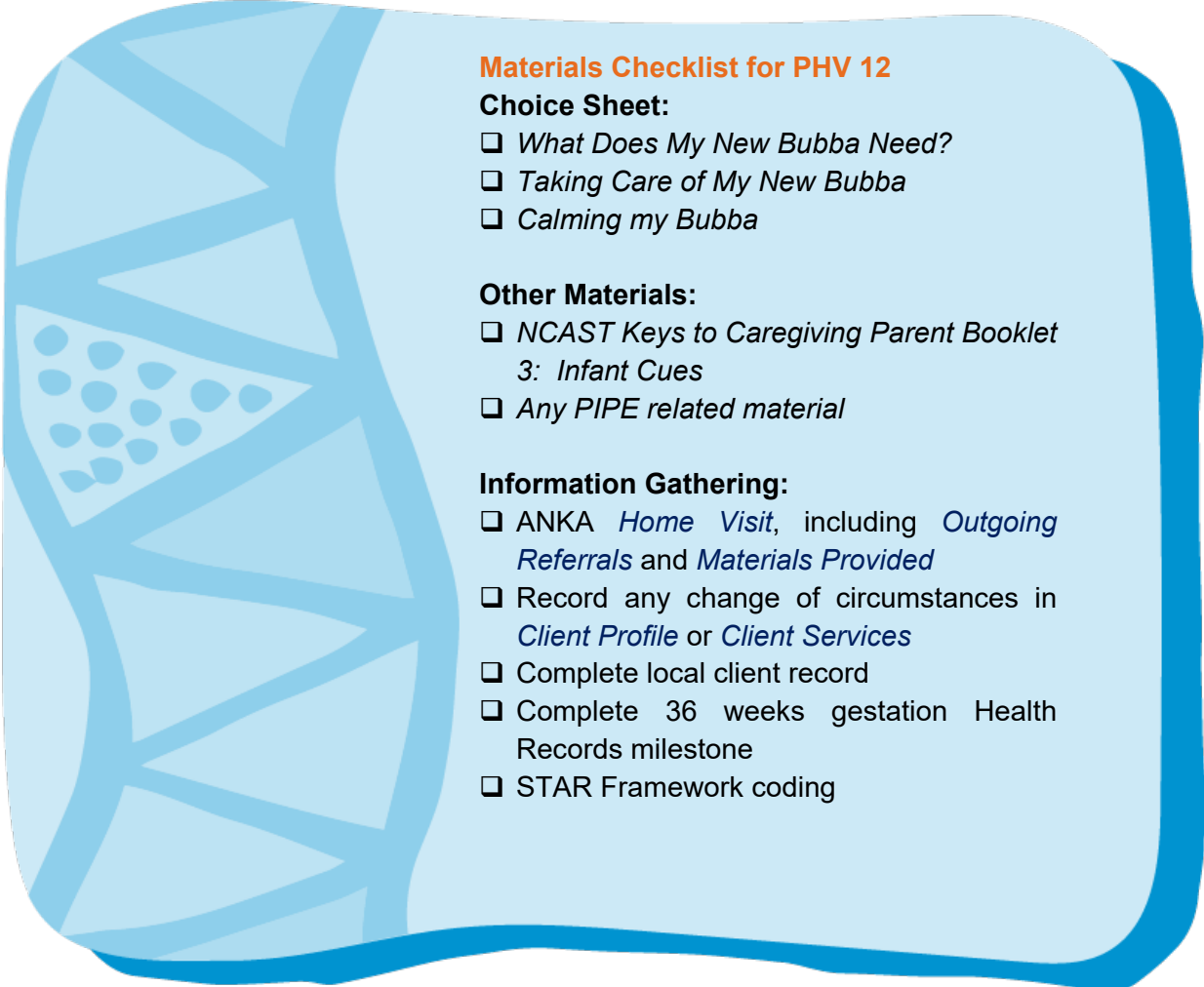
Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- Taking Care of My New Bubba (Continue from previous visit: My Child & Me)
- Calming my Bubba (Continue from previous visits: My Child & Me)
- After My Bubba is Born (My Health)
- Keys to Caregiving: Parent Booklet 3 - Infant Cues
- How Is It Going Between Us? (Home Visit Resources)
- Consider using one of the pregnancy PIPE topics below.

regnancy PIPE Topic	Recommended Schedule
Love Topic #3: Love Needs a Safe Base	Between 7 – 9 months gestation
Love Topic #10: Emotional Refuelling	Between 3 – 5 months gestation
Listen Topic #2: Patterns and Expectations	Between 5 – 7 months gestation
Listen Topic #3: Baby Cues	Between 7 – 9 months gestation
Listen Topic #8: Reading to Baby	Between 6 – 8 months gestation

Information Gathering for Next Visit:

- Review mother’s local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.
- Complete Health Habits milestone in ANKA if not completed.



Materials Checklist for PHV 12

Choice Sheet:

- What Does My New Bubba Need?*
- Taking Care of My New Bubba*
- Calming my Bubba*

Other Materials:

- NCAST Keys to Caregiving Parent Booklet 3: Infant Cues*
- Any PIPE related material*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record
- Complete 36 weeks gestation Health Records milestone
- STAR Framework coding



Pregnancy Home Visit 13

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to discuss care of her new baby (if not completed in previous visits).
- Continue to discuss fussy babies. (If not completed during previous visits).
- Explore the mother's understanding of infant cues, including how to read cues and respond to them.
- Address any additional questions or concerns with the mother that have not been addressed.

Assessment:


- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities. STAR Framework coding - Consolidation 36 weeks.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.

Program Topic:

- Taking Care of My New Bubba (Continue from previous visit: My Child & Me)
- Calming my Bubba (Continue from previous visits: My Child & Me)
- After My Bubba is Born (MyHealth Domain)
- Keys to Caregiving: Parent Booklet 3 - Infant Cues
- How Is It Going Between Us? (Home Visit Resources)
- *(use this tool during the visit after the STAR coding is complete)*

- 
- Use the current STAR Framework coding to guide discussion Explore with mum what she is finding useful in this program and what else she wants and needs.
 - Assess the need for any adaptations to make the program work more effectively for the mother.

Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.
- Complete Outgoing Referrals if required from *Client Activities, Add Client Activity, Outgoing Referrals*.
- Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
- Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:



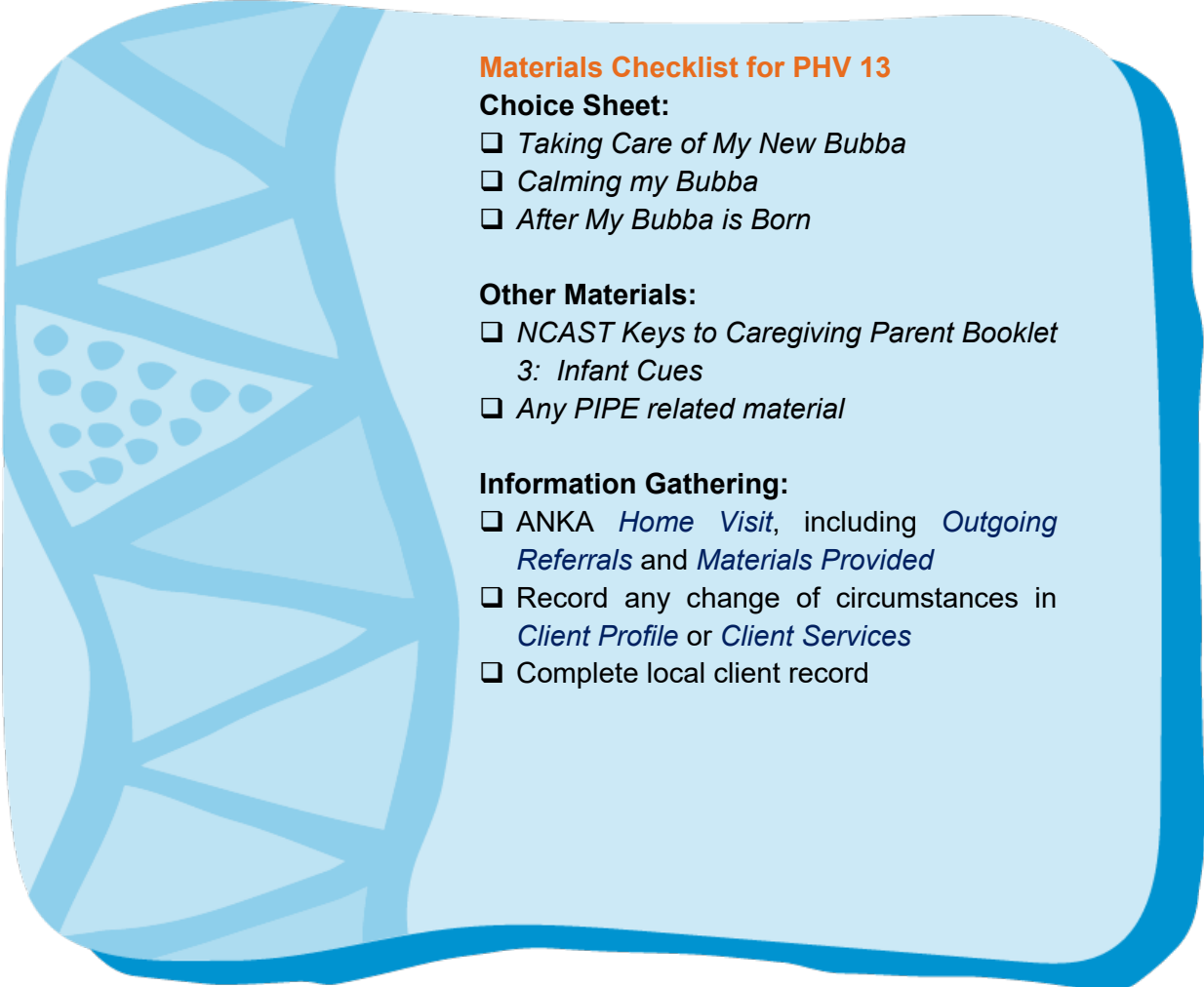
Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- After My Bubba is Born (Continue from previous visit: My Health).
- Addressing any of mum’s questions or concerns that have not been addressed.
- Consider using any of the remaining pregnancy PIPE topics below.

regnancy PIPE Topic	Recommended Schedule
Love Topic #3: Love Needs a Safe Base	Between 7 – 9 months gestation
Love Topic #10: Emotional Refuelling	Between 3 – 5 months gestation
Listen Topic #2: Patterns and Expectations	Between 5 – 7 months gestation
Listen Topic #3: Baby Cues	Between 7 – 9 months gestation
Listen Topic #8: Reading to Baby	Between 6 – 8 months gestation

Information Gathering for Next Visit:

- Review mother’s local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 13

Choice Sheet:

- Taking Care of My New Bubba*
- Calming my Bubba*
- After My Bubba is Born*

Other Materials:

- NCAST Keys to Caregiving Parent Booklet 3: Infant Cues*
- Any PIPE related material*

Information Gathering:

- ANKA Home Visit, including Outgoing Referrals and Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record



Pregnancy Home Visit 14

TODAY'S VISIT



Objectives:

- Address the mother's current needs and concerns.
- Assess the mother's health status in relation to her pregnancy.
- Continue to identify her behavioural strengths, protective factors, current risks, and level of engagement in the ANFPP home visit program. (STAR Framework)
- Continue to discuss what happens after the baby is born (if not completed in previous visits).
- Continue to discuss infant cues, including how to read cues and respond to them (if not completed in previous visits).
- Address any additional questions or concerns with mum that have not been addressed.

Assessment:

- Review the Guidance for Assessment – Pregnancy (from pages 2-3).
- Use the STAR Framework to identify client strengths and risks to set priorities for guidance and program activities.

Client Topic:

Discuss the topic the mother chose from the **Pregnancy Menu** at the previous visit and answer any questions the mother has about her pregnancy.


Program Topic:

- After My Bubba is Born (Continues from previous visit: My Health).
- Keys to Caregiving: Parent Booklet 3 - Infant Cues (continued from previous visit).

Information Gathering:

In ANKA

- Details of the Home Visit under *Client Activities, Add Client Activity, Home Visit*.

- 
- Complete Outgoing Referrals if required from *Client Activities*. Add *Client Activity, Outgoing Referrals*.
 - Complete Materials Provided details, if required, in *Client Activities, Add Client Activity, Materials Provided*.
 - Check and complete *Client Profile, Create New Health Record and Create New Information Record* (these are in *Client Profile*) and confirm milestone completion.
 - Check and update any change in circumstances in *Client Services, Community, Government or Other Services* used by the client.
 - Record the Home Visit, clinical assessment results and appropriate information in the local client record according to your organisation's procedures.

Before You Leave....

- Share with the mother something you learned from her during today's visit.
- Thank her and leave her the **Home Visit Plan** (Home Visit Resource) with the agreed activities to be completed between the visits and topics for next visit.
- Update with Mum the **Content Tracking Form**.
- Ask the mother:
 - 'What did you learn today that you would like to tell me about?'
 - 'What did you learn that you might like to share with someone else?'

PLANNING FOR NEXT VISIT



Client Topic for Next Visit:

Show the mother the **Pregnancy Menu** and ask her to choose a topic/s she would like to discuss at the next Home Visit. Record her chosen topic/s on the **Home Visit Plan** that you will leave with her.

Program Topics for Next Visit:

Look at the Yarning Tools Under the following Choice Sheet packets and discuss with the mother which of the Yarning Tools she would be interested in discussing at the next Home Visit as part of the recommended ANFPP Topics:

- **After My Bubba is Born** (Continue from previous visit: My Health).



- Addressing any of mum's questions or concerns that have not been addressed.
- Consolidation visit.
- Preview Infancy visits with the mother.
- I Have a New Baby! Now What? (My Child and Me: Being the Best Parent I Can Be)

Review sections:

- Who's Hungry?
- Is It Time for Bed Yet?
- Feeding My Bubba (My Child and Me)

Information Gathering for Next Visit:

- Review mother's local client record if she attends health services and confirm antenatal visits and contact with health service.
- Review *Client Profile and Client Services* for any updates in circumstances recorded.



Materials Checklist for PHV 14

Choice Sheet:

- After My Bubba is Born*

Other Materials:

- NCAST Keys to Caregiving Parent Booklet 3: Infant Cues*
- Any PIPE related material*

Information Gathering:

- ANKA *Home Visit*, including *Outgoing Referrals* and *Materials Provided*
- Record any change of circumstances in *Client Profile* or *Client Services*
- Complete local client record