



ACCORDS

ADULT AND CHILD CENTER FOR OUTCOMES  
RESEARCH AND DELIVERY SCIENCE

UNIVERSITY OF COLORADO  
CHILDREN'S HOSPITAL COLORADO

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## International Nurse-Family Partnership® (NFP)

### Phase Five Annual Report

**Phase Five** - As part of the license agreement with the Regents of the University of Colorado/CU Denver, each country/province is required to prepare and submit an annual report. For countries/provinces who have moved to Phase 5, this process will be every second year.

In each interim year, phase 5 countries/provinces will participate in a Quality Improvement Review (QIR). The review will be in the form of a meeting in which the country/province will present details of its Quality Improvement (QI) processes, projects and outcomes. These will be discussed and reflected upon with NFP expert colleagues from another implementing country/province to enable further insight and critical analysis. This review process enables examination of the quality of NFP implementation and fidelity in licensed partner countries/provinces and recognition of quality improvement methodologies, learning and progress in participating countries.

Countries in Phase 5 of NFP Implementation will undertake their QIR with peer reviewers from a partner country/province who will act as 'critical friends' to deepen critical reflection, provide additional insight and so add value to the review process. The review needs to be conducted in such a way as to maximize the potential for learning on the parts of both the presenting and the reviewing participants.

#### **Completing the report:**

The country license holder is requested to coordinate the completion of this report, with contributions from the national implementing body, and others, as required.

**Please note:** If you are unable to complete any items in the report template, please indicate whether this data is not collected in your country or is not able to be analysed at this time. Where terms used in the report template are generic, please specify how items are measured in your country. Where you have adapted your data collection schedule/timings or approach to accommodate local systems, please adapt the document as necessary to take account of this.

The report will be sent to the Partner NFP lead at least three weeks before the review. If there are any issues, please contact the Global Director or Coordinator.

**PART ONE: PROGRAM OVERVIEW**

Name of country: \_\_\_\_\_ Dates report covers (reporting period): \_\_\_\_\_

Report completed by: \_\_\_\_\_ Date submitted: \_\_\_\_\_

**The size of our program:**

	Number
Fulltime NFP Nurses	
Part time NFP Nurses	
Fulltime NFP Supervisors	
Part time NFP Supervisors	
Full time NFP Mediators/Family Partnership Workers (FPW) (if applicable)	
Part time NFP Mediators/Family Partnership Workers (FPW) (if applicable)	
<b>Total</b>	

- We have \_\_\_\_\_ teams (supervisor-led groups of NFP Nurses)
- Average Supervisor to NFP nurse ratio (include Mediator/FPW positions if you have them): \_\_\_\_\_

- Current number of implementing agencies/sites delivering NFP: \_\_\_\_\_
- Number of new sites over reporting period \_\_\_\_\_
- Number of new teams over the reporting period \_\_\_\_\_
- Number of sites that have decommissioned NFP over the reporting period \_\_\_\_\_
- Successes/challenges with delivery of NFP through our implementing agencies/sites:

**Description of our national/ implementation / leadership team capacity and functions**

License holder name:  
Role and Organisation:

**Description of our National implementing capacity and roles:**

1. Clinical Leadership:
  
2. Data analysis, reporting and evaluation:
  
3. Service development/site support:

<p>4. Quality improvement:</p> <p>5. NFP Educators:</p> <p>6. Other (please describe)</p>
<p><b>Description of our local and national NFP funding arrangements:</b></p>
<p><b>Current policy/government support for NFP:</b></p>
<p><b>Organisation responsible for NFP education:</b></p>
<p><b>Description of any partner agencies and their role in support of the NFP program:</b></p>
<p><b>Other relevant/important information regarding our NFP program:</b></p>

**PART TWO: PROGRAM IMPLEMENTATION**

**Clients**

Number (#) of NFP clients participating in the program at any point over the last year:

\_\_\_\_\_

- Current clients: Pregnancy phase (n/%): \_\_\_\_ at \_\_\_\_\_ (time point)
- Current clients: Infancy phase (n/%): \_\_\_\_ at \_\_\_\_\_ (time point)
- Current clients: Toddler phase (n/%): \_\_\_\_ at \_\_\_\_\_ (time point)

**Nursing Workforce**

- Average client caseload per nurse: \_\_\_\_\_

	Nurses	SVs	Other	Total
# of staff at start of reporting year:				
# of staff who left during reporting period				
% annual turnover				
# of replacement staff hired during reporting period				
# of staff at end of reporting period:				
# of vacant positions				

- Reflections on NFP nurse/supervisor turnover/retention during reporting year:
- Successes/challenges with NFP nurse/supervisor recruitment:
- Any plans to address workforce issues:

**NFP education**

- Briefly describe your NFP education curricula (nurse and supervisor, plus any additional education for associated team members (Family Partnership Worker/Mediators) or others (e.g., Local Advisory Group members).
- Changes/improvements to NFP education since the last report:
- Successes/challenges with delivery of NFP education and CPD:

<b>Reflective Supervision</b>
<ul style="list-style-type: none"><li>• Successes/challenges with NFP nurse reflective supervision:</li><li>• Successes/challenges with reflective supervision provided to NFP supervisors:</li><li>• Successes/challenges with delivery of reflective supervision to our associated team members (Family Partnership Worker/Mediator)</li></ul>
<b>NFP Information System</b>
<ul style="list-style-type: none"><li>• High level description of our NFP information system, including how data are entered:</li><li>• Commentary on data completeness and/ or accuracy:</li><li>• Description of reports that are generated, how often, and for whom:</li><li>• Our reflections on our information system - what we need to do to improve its functionality, usefulness and quality:</li></ul>
<b>Any other relevant information:</b>

**PART TWO: PROGRAM IMPLEMENTATION - NFP CORE MODEL ELEMENTS (CMEs)**

Please complete the table below to identify how the CMEs are being monitored/assured, benchmarks for your country, progress against benchmarks, and actions planned or undertaken to address any challenges. Where there is a need to add more content than space allows, please add appendices as necessary. Please also explain any missing data or analyses as necessary.

NB: Where any temporary variances to the CMEs have been agreed, please indicate these in the text box below as well as completing Appendix 2 of this document

Core Model Element	National/Country Benchmarks and how these are being monitored	Progress against Benchmarks	Commentary: Challenges + suggested actions to address these
1. Client participates voluntarily in the Nurse-Family Partnership (NFP) program.	100% voluntary participation Monitored /assured by: (e.g. by signed informed consent)	_____ % voluntary participation	
2. Client is a first-time mother	100% first time mothers enrolled Monitored/assured by:	_____ % first time mothers	
3. Client meets socioeconomic disadvantage criteria at intake	The eligibility criteria for inclusion in the program in our country are:  This includes the socioeconomic criteria of:  Application of these criteria are assured and monitored by:	_____ % clients enrolled who meet the country's socioeconomic disadvantage criteria	

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Core Model Element	National/Country Benchmarks and how these are being monitored	Progress against Benchmarks	Commentary: Challenges + suggested actions to address these
<p>4. Client is enrolled in the program early in her pregnancy and receives her first home visit no later than the 28th week of pregnancy.</p>	<p>a) 100% of NFP clients receive their first home visit no later than the 28th week of pregnancy.                      b) 75% of eligible referrals who are intended to be recruited to NFP are enrolled in the program.                      c) 60% of pregnant women are enrolled by 16 weeks' gestation or earlier</p>	<p>_____ % of NFP clients receive their first home visit no later than the 28th week of pregnancy</p> <p>_____ % of eligible referrals who are intended to be recruited to NFP are enrolled in the program</p> <p>_____ % of pregnant women are enrolled by 16 weeks' gestation or earlier</p>	
<p>5. Each client is assigned an identified NFP nurse who establishes a therapeutic relationship through individual NFP home visits.</p>	<p>100% of clients are assigned an identified NFP nurse.</p>	<p>_____ % clients are assigned an identified NFP nurse</p>	
<p>6. Client is visited face-to-face in the home, or occasionally in another setting (mutually determined by the NFP nurse and client), when this is not possible.</p>	<p>Our National/ Country benchmark set is:                      _____ % visits take place in the home</p>	<p>_____ % visits take place in the home</p> <p>_____ % breakdown of where visits are being conducted other than in the client's home:</p> <p>_____ % of visits where second parent of child is present</p> <p>_____ % of visits where other family members are present</p>	

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Core Model Element	National/Country Benchmarks and how these are being monitored	Progress against Benchmarks	Commentary: Challenges + suggested actions to address these
<p>7. Client is visited throughout her pregnancy and the first two years of her child's life in accordance with the current standard NFP visit schedule or an alternative visit schedule agreed upon between the client and nurse.</p>	<p>National/Country benchmarks for :</p> <p>a) Length of visits by phase - our country benchmarks:</p> <ul style="list-style-type: none"> <li>• Pregnancy phase:</li> <li>• Infancy phase:</li> <li>• Toddler phase:</li> </ul> <p>b) Client attrition by program phase – our country benchmarks:</p> <p>_____ % attrition in Pregnancy phase</p> <p>_____ % attrition in Infancy phase</p> <p>_____ % attrition in Toddler phase</p>	<ul style="list-style-type: none"> <li>• _____ % of clients being visited on <u>standard</u> visit schedule</li> <li>• Average number of visits by program phase for clients on standard visit schedule is _____</li> <li>• _____ % of clients being visited on <u>alternate</u> visit schedule</li> <li>• Average number of visits by program phase for clients on alternate visit schedule is _____</li> <li>• Length of visits by phase (average and range):</li> <li>• Pregnancy phase:</li> <li>• Infancy phase:</li> <li>• Toddler phase:</li> </ul> <p>Client attrition by phase and reasons:</p> <p>_____ % attrition in Pregnancy phase</p> <p>_____ % attrition in Infancy phase</p> <p>_____ % attrition in Toddler phase</p>	
<p>8. NFP nurses and supervisors are registered nurses or</p>	<p>100% of NFP nurses are registered nurses or registered midwives with a minimum of a baccalaureate /bachelor's degree.</p>	<p>_____ % NFP nurses are registered nurses or registered midwives with a</p>	



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Core Model Element	National/Country Benchmarks and how these are being monitored	Progress against Benchmarks	Commentary: Challenges + suggested actions to address these
registered nurse-midwives with a minimum of a baccalaureate /bachelor's degree.	Monitored/assured by (eg standardized job description);  Countries may also want to analyze other nurse variables such as age, years within profession, specialist qualifications etc.	minimum of a baccalaureate /bachelor's degree	
9. NFP nurses and nurse supervisors develop the core NFP competencies by completing the required NFP educational curricula and participating in on-going learning activities	100% of NFP nurses and supervisors complete the required NFP educational curricula  _____% of NFP team meetings, case conferences and team education sessions are completed (against expected for time period)	_____% of NFP nurses and supervisors complete the required NFP educational curricula and participate in on-going learning activities  _____% completion of team meetings, _____% completion of case conference and _____% completion of education sessions	
10. NFP nurses, using professional knowledge, judgment and skill, utilize the Visit-to-Visit Guidelines; individualizing them to the strengths & risks of each family, and apportioning time appropriately across the five program domains.	Please complete the section at the end of this table*.	Please complete the section at the end of this table*.	Please complete the section at the end of this table.
11. NFP nurses and supervisors apply the theoretical framework that underpins the	100% of 4-monthly Accompanied Home Visits completed (against expected).	_____% of 4-monthly Accompanied Home Visits completed	

Core Model Element	National/Country Benchmarks and how these are being monitored	Progress against Benchmarks	Commentary: Challenges + suggested actions to address these
<p>program (self-efficacy, human ecology, and attachment theories) to guide their clinical work and achievement of the three NFP goals.</p>			
<p>12. Each NFP team has an assigned NFP Supervisor who leads and manages the team and provides nurses with regular clinical and reflective supervision</p>	<p>100% of NFP teams have an assigned NFP Supervisor</p> <p>100% of reflective supervision sessions conducted against expected (calculated by time – working weeks- and number of nurse).</p>	<p>_____ % of NFP teams have an assigned NFP Supervisor</p> <p>_____ % of reflective supervision sessions conducted</p>	
<p>13. NFP teams, implementing agencies, and national units collect/and utilize data to: guide program implementation, inform continuous quality improvement, demonstrate program fidelity, assess indicative client outcomes, and guide clinical practice/reflective supervision.</p>	<p>No benchmark.</p> <p>Monitored/assured by:</p>	<p>Progress:</p>	

Core Model Element	National/Country Benchmarks and how these are being monitored	Progress against Benchmarks	Commentary: Challenges + suggested actions to address these
14. High quality NFP implementation is developed and sustained through national and local organized support	<p>_____% of Advisory Board (or equivalent) meetings held in relation to expected</p> <p>_____% attendance at Advisory Board meetings in relation to expected</p> <p>Or alternative benchmark:</p> <p>Monitored/assured by (including other measures used to assure high quality implementation):</p>	<p>_____% of Advisory Board (or equivalent) meetings held</p> <p>_____% attendance at Advisory Board meetings</p>	

**Domain coverage\***

**Please complete with your National /Country benchmarks and average (for proportion of time spent within each domain during visits)**

Domain	Pregnancy Benchmark (%)	Pregnancy actual (%)	Infancy benchmark (%)	Infancy actual (%)	Toddler benchmark (%)	Toddler actual (%)
Personal Health (My Health)						
Maternal Role (My Child and Me)						
Environmental Health (My Home)						
My Family & Friends (Family & Friends)						

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Life Course Development (My Life)						
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**Commentary:** (please identify any successes and challenges highlighted for CME 10 and any suggested actions to address these here):

**PART THREE: PROGRAM IMPACTS**

Countries report on data indicative of program outcomes to demonstrate continuing achievement of the three NFP program goals:

1. Improve pregnancy outcomes
2. Improve child health and development
3. Improve parents' economic self-sufficiency

Please complete the tables below and add any additional text or diagrams in Appendix 1. Where terms used in the report template are generic, please specify how items are measured as necessary. Please explain any missing data or analyses.

<b>Characteristics of our clients at enrolment</b>		
<b>Health, Social and economic Conditions at enrolment</b>	<b>Previous year(s) (n/%)</b>	<b>Current Period (n/%)</b>
Age (range and mean)		
Race/ethnicity distribution		
Income (please state how this is defined)		
Inadequate Housing (please define)		
Educational Achievement (please specify)		
Employment status		
Food Insecurity (please define)		
Ever in care of the State (as a child or currently)		
Frequency of contact with biological father of the child		
Obesity (BMI of 30 or more)		
Severe Obesity (BMI of 40 or more)		
Underweight (BMI of 18.5 or less)		
Heart Disease		
Hypertension		
Diabetes – T1		
Diabetes – T2		
Kidney disease		
Epilepsy		
Sickle cell Disease		
Chronic Gastrointestinal disease		

Asthma/other chronic pulmonary Disease		
Chronic Urinary Tract Infections		
Chronic Vaginal Infections (e.g., yeast infections)		
Sexually Transmitted Infections		
Substance Use Disorder		
Mental Illness		
Other (please define)		

**Please comment below on the vulnerability of your client population, including analysis of STAR (or equivalent) data and reviewing trends over time. Please include comments on:**

- *The extent to which your data indicates that your program is serving families with multiple overlapping needs*
- *What you know about the characteristics of eligible families who are offered the program, but decline to participate*

<b>Alterable Maternal Behavior/ program impacts for clients</b> (please complete for all the time periods where the data is collected)					
	<b>Intake</b>	<b>36 Weeks of Pregnancy</b>	<b>Postpartum</b>	<b>12 months</b>	<b>18 months</b>
Anxiety, (n, % moderate + clinical range)					
Depression, (n, % moderate + clinical range)					
Cigarette Smoking, (n, % 1+ during pregnancy, mean number /48 hours)					
Alcohol, (n, % during pregnancy, units/last 14 days)					
Marijuana, (n, % used in pregnancy, days used last 14 days)					
Cocaine, (n, % used in pregnancy, days used last 14 days)					

Other street drugs, (n, % used in pregnancy, days used last 14 days)					
Excessive Weight Gain from baseline BMI during pregnancy (n, %)					
Mastery, (n, mean)					
IPV disclosure, (n, %)					
	<b>6 Months</b>	<b>12 Months</b>	<b>18 months</b>	<b>24 Months</b>	
Reliable Birth Control use, (n, %)					
Subsequent pregnancies, (n, %)					
Breast Feeding, (n, %)					
Involvement in Education, (n, %)					
Employed, (n, %)					
Housing needs, (n, %)					
DANCE (or equivalent), (mean - 2, 9, 15, 22 months).					
Father's involvement in care of child, (n, %)					
Other (please define)					

**Please comment below on the program impacts for clients, as indicated by the data provided (include comparisons where possible e.g. to previous years, to rates achieved in RCT, to equivalent populations etc):**

**In which areas is the program having greatest impact on maternal behaviors?**

**Which are the areas of challenge?**

Birth data		
	Number	% of total births for year
Extremely preterm (less than 28 weeks' gestation)		
Very preterm (28-32 weeks' gestation)		
Moderate to late preterm (32-37 weeks' gestation) <sup>1</sup>		
Low birthweight (please define for your context)		
Large for Gestational Age (LGA) (please define for your context)		
Other (please define)		

Please comment below on your birth data:

Child Health/Development				
	6 months (% of total)	12 months (% of total)	18 months (% of total)	24 months (% of total)
Immunizations Up to Date				
Hospitalization for Injuries				
ASQ scores requiring monitoring (grey zone)				
ASQ scores requiring further assessment/referral				

<sup>1</sup> <https://www.who.int/news-room/fact-sheets/detail/preterm-birth>



ASQ-SE scores requiring monitoring (grey zone)				
ASQ-SE scores requiring further assessment/referral				
<b>Child Protection</b> (please define for your context)				
Other (please define)				

**Please comment below on your child health/development data:**

<b>Additional analyses</b>
Please insert here any additional analyses undertaken to further explore program impacts
<b>Client experiences</b>
Please insert here any materials you would like to present regarding client experiences of the program. This can include collated client feedback, a case study or by clients providing video evidence etc.

**Sentinel / Significant events that deserve review:**

Event	Number	What was the learning?
Child death		
Maternal death		
Other		

**Any other relevant information or other events to report:**

**PART FOUR: PROGRAM IMPROVEMENT & EVALUATION**

<b>Continuous Quality Improvement (CQI) program</b>
<ul style="list-style-type: none"> <li>• Briefly describe your system for monitoring implementation quality;</li> <li>• Goals and Objectives for CQI program during the reporting period:</li> <li>• Outcomes of CQI program for the reporting period</li> <li>• Lessons learned from CQI initiatives and how these will be applied in future:</li> <li>• Goals for CQI in next year:</li> </ul>
<b>Program innovations tested and/or implemented this year (this includes both international and local innovations)</b>
<ul style="list-style-type: none"> <li>• Program innovations tested<sup>2</sup>:</li> <li>• Program innovations implemented:</li> <li>• Findings and next steps:</li> </ul>
<b>Temporary Variances to CMEs</b>
For each variance agreed please attach a report of the variance evaluation methods and findings to date in Appendix 2 to this document
<b>Additional Approved Model Elements (AAMEs)</b>
Please attach a summary of findings in relation to any Additional Approved Model Elements in Appendix 3 to this document
<b>Research and evaluation</b>
Please tell us about any NFP related research and evaluation efforts currently being undertaken or planned in your country

<sup>2</sup> Please attach the materials used for the innovations .

**PART FIVE: ACTION PLANS**

<b>LAST YEAR QIR</b>
Our planned objectives from the QIR last year:
Progress against those objectives
Reflections on our progress:
<b>NEXT YEAR:</b>
Our planned objectives for next year:
Measures planned for evaluating our success:
Any plans/requests for program expansion?

**Please note:** with permission, all completed annual reports are uploaded to the restricted pages of the international website so that every implementing country can mutually benefit in sharing their progress and achievements.

Please indicate your country's willingness to share this report in this way by checking one of the boxes below:

I agree to this report being uploaded onto the restricted pages of the international website

I do not agree to this report being uploaded onto the international website

**PART SIX: RECORD OF MEETING FOR GLOBAL COLLABORATIVE GUIDANCE GROUP**

Date of meeting:

Attendees from presenting country:

Attendees from reviewing country:

Reviewing country confirmation:

We confirm that the presentation covered all the areas of content set out in the guidance document.

Yes                      No

If no, please indicate which areas were missing and how this was addressed in the meeting:

Key learning points arising from the meeting:

1.	
2.	
3.	

**Appendix 1: Additional data analyses and /or graphic representations of the data**

**Appendix 2: Evaluation of temporary CME variances**

Please complete the table below for each variance agreed for your country.

<b>CME #:</b>
<b>Temporary Variance to CME agreed:</b>
<b>Brief description of approach taken to testing the variance:</b>
<b>Methods for evaluating impact of variance:</b>
<b>Findings of evaluation to date:</b>

<b>CME #:</b>
<b>Temporary Variance to CME agreed:</b>
<b>Brief description of approach taken to testing the variance:</b>
<b>Methods for evaluating impact of variance:</b>
<b>Findings of evaluation to date:</b>

**Appendix 3: Additional Approved Model Element (AAME)**

<b>AAME agreed:</b>
<b>Reflections and findings in relation to use of the AAME</b>