

NFP Foundations Intro to NFP - Chapter 12: PIPE Appendix C and D

Recommended PIPE Topics Implementation Schedule						
Topic	Content	Recommended Schedule				
		Pregnancy	Infancy		Toddler	
			Age	Visit #	Age	Visit #
LISTEN – Topic 2 Patterns and Expectations	Supporting a child’s developmental task to establish biological rhythms and patterns that are congruent with their own and their parents’ needs.	Between 5 - 7 months	10 and 36 weeks	8 and 21	13 months	4
LISTEN – Topic 3 Baby Cues	Learning how babies communicate with their faces and bodies helps parents promote attachment and self-regulation.	Between 7 - 9 months	8 or 12 weeks	7 or 9	N/A	N/A
LISTEN – Topic 5 Floortime	Learning how to follow the child’s lead and extend the play in order to expand learning.	N/A	26 weeks	16	21 months	20
LISTEN – Topic 8 Reading to Baby	Using reading to feel close, to regulate behaviour, to enhance language development, and to have fun.	Between 6 - 8 months	34 weeks	20	16 months	10
LOVE – Topic 2 Each Child is Different	Understanding caregiver and child’s uniqueness in order to establish closeness and modify caregiving activities based on child’s needs and temperament.	N/A	18 weeks	12	19 months	16
LOVE – Topic 3 Love Needs a Safe Base	Meeting a child’s needs so trust develops, love is nurtured, and security is promoted.	Between 7 - 9 months	6 weeks	6	20 months	18
LOVE – Topic 4 Joy and Laughter	Sharing positive emotions helps love grow.	N/A	40 or 44 weeks	23 or 25	Between 16 - 18 months	11
LOVE – Topic 6 Attachment	Understanding attachment and the caregiver behaviours that promote attachment.	N/A	22 weeks	14	22 months	22
LOVE – Topic 7 Love is Letting Go	Respecting a child’s need for autonomy while staying available and supportive.	N/A	46 weeks	26	23 months	21
LOVE – Topic 8 Love and Limits	Providing limits with love helps a child regulate emotions and behaviour.	N/A	50 weeks	28	15 months	6
LOVE – Topic 10 Emotional Refueling	Taking care of one’s needs in order to better care for one’s child’s needs.	Between 3 - 5 months	14 weeks	10	14 months	2
PLAY – Topic 3 Baby’s First Teacher	Gaining skills to turn daily activities into opportunities for a child to learn.	N/A	30 weeks	18	17 months	8
PLAY – Topic 4 What are Children Really Learning	First relationships and parent teaching styles profoundly influence children’s learning in first 3yrs.	N/A	28 or 32 weeks	17 or 19	19 - 21 months	17
PLAY – Topic 5 Learning the Do’s	Using play for behavioural regulation and to enhance a child’s social skills.	N/A	42 weeks	24	18 months	14
PLAY – Topic 8 Play is Imitation and Turn Taking	Helping babies learn language and cooperation through imitation and turn taking types of play.	N/A	38 weeks	22	21 months	12

### Supplemental PIPE Topics

The following are 7 supplemental topics for use when special challenges have been identified during infancy and toddlerhood.

Topic	Content	Suggested Use	Infancy	Toddler
<b>LISTEN Topic 1 Cribside Communication</b>	Using babies' states to guide their care.	Supports the NCAST Keys to Caregiving materials for families who have difficulty recognizing and responding to infant states.	✓	N/A
<b>LISTEN Topic 4 Tune In / Tune Out</b>	Developing skills to read engagement and disengagement cues.	Supports the NCAST Keys to Caregiving materials for families who have difficulty reading their child's cues or whose children are not strong cue givers.	✓	✓
<b>LISTEN Topic 6 Learning Language</b>	Learning how babies develop language and providing experiences that support language development.	For clients who need more assistance to support language development in their children.	✓	✓
<b>LISTEN Topic 7 Music and Rhythm</b>	Learning about using music and rhythm to support brain development and regulate children.	Helpful for supporting more experiences of shared positive emotions, for using music and rhythm to regulate a child, and for clients who have had little experience using music and rhymes.	✓	✓
<b>LOVE Topic 5 Touch Tones</b>	Using touch to communicate positive emotions, love, trust and respect.	Useful for exploring appropriate vs. inappropriate touch. Particularly useful for clients who are rough with their child and/or who have experienced negative touch.	✓	N/A
<b>LOVE Topic 9 Love is Sometimes a Rocky Road</b>	Exploring that all relationships have hard times, particularly when a child is going through developmental changes. Tolerance helps us through those hard times.	Useful when clients are challenged by difficulties in their child's developmental transitions and by challenges in their relationships with significant others.	✓	✓
<b>PLAY Topic 6 Roadblocks to Learning</b>	Exploring how negative emotions interfere with learning and positive emotions encourage and sustain learning.	Provides additional support for families whose interactions are characterized more by negative than positive emotions.	✓	✓