# Analysis of numbers of completed visits and program retention

| Variable         |   |  |  |  |  |  |  |  |
|------------------|---|--|--|--|--|--|--|--|
| variable         |   |  |  |  |  |  |  |  |
| Program<br>Phase | <u>enrollment status</u> . Code as follows based on current date you have data collected into the system        |  |  |  |  |  |  |  |
|                  | • 0: prior to child's expected delivery date (EDD)  |  |  |  |  |  |  |  |
|                  | • 1: between child DOB (or EDD) and child age 6 months  |  |  |  |  |  |  |  |
|                  | • 2: child age 6 months to 12 months  |  |  |  |  |  |  |  |
|                  | • 3: child age 12 months to 18 months   |  |  |  |  |  |  |  |
|                  | 4: child age 18 months to 24 months   |  |  |  |  |  |  |  |
|                  | • 5: child age 24+ months   |  |  |  |  |  |  |  |
|                  | • (also can consider other phases for example getting through 22 months might be considered a program graduate) |  |  |  |  |  |  |  |
| Retention        | Create dichotomous variables (0: dropped out, 1: continued with program through                                 |  |  |  |  |  |  |  |
| through each     | phase). Our experience in the US replication is that within 2 months of a phase                                 |  |  |  |  |  |  |  |
| phase            | ending we have a 98% assurance we can determine retention status based on the                                   |  |  |  |  |  |  |  |
|                  | previous phase. I herefore all the retention variables should be created for mothers                            |  |  |  |  |  |  |  |
|                  | determining retention through child age 6 months, take all mothers that enrolled and                            |  |  |  |  |  |  |  |
|                  | at the point of data collection the child is at least 8 months old. If the mother has not                       |  |  |  |  |  |  |  |
|                  | completed any visits after the 6 month period then we code this mother as dropped                               |  |  |  |  |  |  |  |
|                  | out prior to 6 months.  |  |  |  |  |  |  |  |
|                  |   |  |  |  |  |  |  |  |
| Number of        | Create variables that count up both cumulatively (from enrollment) and within each                              |  |  |  |  |  |  |  |
| completed        | phase the number of visits each mother completes. Note that these variables are                                 |  |  |  |  |  |  |  |
| visits           | calculated for all enrolled mothers that could have completed the phase of the                                  |  |  |  |  |  |  |  |
|                  | program. This would therefore include mothers that did not complete any visits.                                 |  |  |  |  |  |  |  |
| Early drop out   | Ureate additional dichotomous variable coded 0: dropped out prior to completing 4                               |  |  |  |  |  |  |  |
|                  | mothers that are in phase=1 or higher (see first row)   |  |  |  |  |  |  |  |
|                  |   |  |  |  |  |  |  |  |

## Suggested Variables to create

Step 1: compute simple statistics (means, range, standard deviation, percent) for each variable and then array the stats by time (e.g. year mother enrolled) to see if things are constant or changing (see example below run with the USA replication data)

| <4 visit a | <4 visit and Retention Rates over time and by phase |        |                |                  |        |                       |        |                       |        |                       |        |                    |
|------------|---|--------|----------------|------------------|--------|-----------------------|--------|-----------------------|--------|-----------------------|--------|--------------------|
| EnrollYr   | N Obs   | N      | >= 4<br>visits | Retained<br>Preg | N      | Retained<br>06 Months | N      | Retained<br>12 Months | N      | Retained<br>18 Months | N      | Retained 22 Months |
| All years  | 192003  | 192003 | 86.7           | 77.5             | 177920 | 58.0                  | 167463 | 47.3                  | 157342 | 39.1                  | 142082 | 35.0               |
| 2000       | 2213  | 2213   | 88.5           | 80.3             | 2213   | 60.5                  | 2213   | 49.5                  | 2213   | 39.8                  | 2213   | 34.9               |
| 2001       | 3447  | 3447   | 88.7           | 80.5             | 3447   | 59.5                  | 3447   | 46.9                  | 3447   | 37.8                  | 3447   | 33.5               |
| 2002       | 4999  | 4999   | 89.4           | 80.4             | 4999   | 59.9                  | 4999   | 48.4                  | 4999   | 39.8                  | 4999   | 35.2               |
| 2003       | 4853  | 4853   | 90.5           | 81.3             | 4853   | 61.7                  | 4853   | 49.4                  | 4853   | 39.2                  | 4853   | 34.0               |
| 2004       | 5186  | 5186   | 89.1           | 79.7             | 5186   | 59.5                  | 5186   | 47.3                  | 5186   | 37.6                  | 5186   | 33.2               |
| 2005       | 5921  | 5921   | 89.1           | 79.0             | 5921   | 57.3                  | 5921   | 45.4                  | 5921   | 36.5                  | 5921   | 32.4               |
| 2006       | 5974  | 5974   | 89.9           | 78.9             | 5974   | 58.8                  | 5974   | 45.6                  | 5974   | 37.4                  | 5974   | 33.3               |
| 2007       | 7063  | 7063   | 89.2           | 78.9             | 7063   | 58.9                  | 7063   | 47.7                  | 7063   | 39.9                  | 7063   | 35.6               |
| 2008       | 9588  | 9588   | 88.1           | 77.5             | 9588   | 56.9                  | 9588   | 46.5                  | 9588   | 38.4                  | 9588   | 34.9               |
| 2009       | 12918   | 12918  | 86.8           | 75.8             | 12918  | 55.8                  | 12918  | 45.5                  | 12918  | 37.8                  | 12918  | 33.9               |
| 2010       | 12617   | 12617  | 87.3           | 76.8             | 12617  | 57.1                  | 12617  | 46.5                  | 12617  | 38.1                  | 12617  | 33.8               |
| 2011       | 13086   | 13086  | 86.1           | 75.3             | 13086  | 55.7                  | 13086  | 44.8                  | 13086  | 37.1                  | 13086  | 33.6               |
| 2012       | 15757   | 15757  | 87.2           | 76.7             | 15757  | 58.0                  | 15757  | 47.8                  | 15757  | 39.7                  | 15757  | 35.8               |
| 2013       | 18219   | 18219  | 86.6           | 77.2             | 18219  | 58.1                  | 18219  | 48.3                  | 18219  | 40.4                  | 18219  | 36.5               |
| 2014       | 19426   | 19426  | 86.6           | 77.7             | 19426  | 58.5                  | 19426  | 48.4                  | 19426  | 40.9                  | 18782  | 37.3               |
| 2015       | 19880   | 19880  | 85.3           | 76.8             | 19880  | 57.7                  | 19880  | 47.9                  | 15922  | 40.1                  | 1459   | 39.3               |
| 2016       | 20632   | 20632  | 85.0           | 77.0             | 16615  | 59.0                  | 6312   | 49.5                  | 152    |                       | 0      |                    |
| 2017       | 10224   | 10224  | 80.1           | 79.4             | 158    |                       | 4      |                       | 1      |                       | 0      |                    |



| EnrollYr  | N      | # visits<br>Preg | N      | # visits<br>06 Months | N      | # visits<br>12 Months | Ν      | # visits<br>18 Months | Ν      | # visits<br>all |
|-----------|--------|------------------|--------|-----------------------|--------|-----------------------|--------|-----------------------|--------|-----------------|
| All years | 192003 | 7.8 (4.17)       | 181187 | 14.8 (8.43)           | 171032 | 19.0 (12.00)          | 160420 | 22.4 (15.37)          | 145282 | 25.1 (18.44)    |
| 2000      | 2213   | 8.2 (4.17)       | 2213   | 16.2 (8.68)           | 2213   | 20.8 (12.54)          | 2213   | 24.5 (16.21)          | 2213   | 27.2 (19.25)    |
| 2001      | 3447   | 8.2 (4.24)       | 3447   | 15.7 (8.49)           | 3447   | 19.8 (11.91)          | 3447   | 22.9 (15.05)          | 3447   | 25.5 (17.98)    |
| 2002      | 4999   | 8.3 (4.24)       | 4999   | 15.7 (8.46)           | 4999   | 19.9 (11.92)          | 4999   | 23.2 (15.29)          | 4999   | 26.0 (18.44)    |
| 2003      | 4853   | 8.3 (4.19)       | 4853   | 15.8 (8.35)           | 4853   | 20.2 (11.82)          | 4853   | 23.6 (15.14)          | 4853   | 26.2 (18.10)    |
| 2004      | 5186   | 8.2 (4.27)       | 5186   | 15.7 (8.56)           | 5186   | 19.9 (12.08)          | 5186   | 23.2 (15.34)          | 5186   | 25.7 (18.30)    |
| 2005      | 5921   | 8.2 (4.25)       | 5921   | 15.4 (8.47)           | 5921   | 19.4 (11.91)          | 5921   | 22.6 (15.21)          | 5921   | 25.1 (18.12)    |
| 2006      | 5974   | 8.2 (4.11)       | 5974   | 15.5 (8.31)           | 5974   | 19.7 (11.85)          | 5974   | 22.9 (15.23)          | 5974   | 25.6 (18.37)    |
| 2007      | 7063   | 8.2 (4.07)       | 7063   | 15.4 (8.33)           | 7063   | 19.7 (11.92)          | 7063   | 23.1 (15.34)          | 7063   | 25.9 (18.52)    |
| 2008      | 9588   | 8.2 (4.13)       | 9588   | 15.3 (8.50)           | 9588   | 19.6 (12.16)          | 9588   | 23.0 (15.63)          | 9588   | 25.8 (18.86)    |
| 2009      | 12918  | 8.0 (4.20)       | 12918  | 14.8 (8.58)           | 12918  | 19.0 (12.26)          | 12918  | 22.3 (15.73)          | 12918  | 25.0 (18.86)    |
| 2010      | 12617  | 8.0 (4.16)       | 12617  | 15.1 (8.50)           | 12617  | 19.3 (12.16)          | 12617  | 22.6 (15.60)          | 12617  | 25.3 (18.67)    |
| 2011      | 13086  | 7.9 (4.21)       | 13086  | 14.8 (8.57)           | 13086  | 18.9 (12.17)          | 13086  | 22.0 (15.50)          | 13086  | 24.6 (18.57)    |
| 2012      | 15757  | 8.0 (4.17)       | 15757  | 14.9 (8.36)           | 15757  | 19.1 (11.94)          | 15757  | 22.3 (15.28)          | 15757  | 25.0 (18.35)    |
| 2013      | 18219  | 7.8 (4.18)       | 18219  | 14.6 (8.34)           | 18219  | 18.7 (11.88)          | 18219  | 22.0 (15.22)          | 18219  | 24.7 (18.24)    |
| 2014      | 19426  | 7.6 (4.13)       | 19426  | 14.4 (8.28)           | 19426  | 18.6 (11.84)          | 19426  | 21.9 (15.18)          | 19407  | 24.6 (18.27)    |
| 2015      | 19880  | 7.6 (4.15)       | 19880  | 14.3 (8.42)           | 19880  | 18.4 (12.00)          | 18390  | 21.5 (15.31)          | 4034   | 24.0 (17.68)    |
| 2016      | 20632  | 7.4 (4.15)       | 19150  | 14.0 (8.32)           | 9875   | 18.2 (11.70)          | 762    |                       | 0      |                 |
| 2017      | 10224  | 6.8 (3.89)       | 890    |                       | 10     |                       | 1      |                       | 0      |                 |

Completed Visit Means and Standard Deviations over time and by phase



Step 2: Array these stats by location/site to examine differences in implementation across different locations (see example from a site in the USA replication)

|                |      | Site A Outo | comes              |                |       | State Level O | utcomes            |                | National Outcomes |            |                    |                |
|----------------|------|-------------|--------------------|----------------|-------|---------------|--------------------|----------------|-------------------|------------|--------------------|----------------|
| Enroll Year(s) | N    | # Visits    | %<br>drop<4<br>vis | % drop<br>Preg | Ν     | # Visits      | %<br>drop<4<br>vis | % drop<br>Preg | Ν                 | # Visits   | %<br>drop<4<br>vis | % drop<br>Preg |
| All Years      | 2895 | 7.2 (4.24)  | 10.6%              | 16.8%          | 24329 | 7.5 (4.56)    | 11.7%              | 18.6%          | 193411            | 7.8 (4.17) | 13.3%              | 22.4%          |
| Before 2011    | 1289 | 8.0 (4.16)  | 9.9%               | 20.6%          | 12768 | 8.3 (4.48)    | 10.3%              | 19.5%          | 76186             | 8.1 (4.17) | 11.5%              | 21.6%          |
| 2011+          | 1606 | 6.6 (4.19)  | 11.1%              | 13.7%          | 11561 | 6.7 (4.50)    | 13.3%              | 17.7%          | 117225            | 7.6 (4.15) | 14.5%              | 23.0%          |
|                |      |             |                    |                |       |               |                    |                |                   |            |                    |                |
| 2011           | 170  | 7.8 (3.89)  | 10.6%              | 20.0%          | 1504  | 7.7 (4.50)    | 12.0%              | 21.5%          | 13086             | 7.9 (4.21) | 13.9%              | 24.7%          |
| 2012           | 192  | 7.8 (4.11)  | 8.9%               | 20.8%          | 1488  | 7.2 (4.41)    | 12.7%              | 20.5%          | 15757             | 8.0 (4.17) | 12.8%              | 23.3%          |
| 2013           | 167  | 7.9 (4.36)  | 7.8%               | 19.8%          | 1766  | 7.1 (4.60)    | 13.6%              | 19.3%          | 18219             | 7.8 (4.18) | 13.4%              | 22.8%          |
| 2014           | 361  | 6.8 (4.40)  | 10.8%              | 11.6%          | 2117  | 6.8 (4.67)    | 11.9%              | 16.8%          | 19426             | 7.6 (4.13) | 13.4%              | 22.3%          |
| 2015           | 261  | 5.9 (3.87)  | 8.0%               | 12.6%          | 1859  | 6.4 (4.36)    | 13.7%              | 17.9%          | 19880             | 7.6 (4.15) | 14.7%              | 23.2%          |
| 2016           | 256  | 5.6 (4.09)  | 8.2%               | 9.0%           | 1840  | 6.1 (4.41)    | 11.0%              | 13.8%          | 20632             | 7.4 (4.15) | 15.0%              | 23.0%          |
| 2017           | 199  | 4.8 (3.45)  | 24.6%              | 5.5%           | 987   | 5.3 (3.92)    | 21.7%              | 11.7%          | 10225             | 6.8 (3.89) | 19.9%              | 20.6%          |

# visits / retention through Pregnancy

| # visits | / retent | ion thro | ugh in | fancy |
|----------|----------|----------|--------|-------|
|          |          |          |        |       |

|                | S    | Site A Outcome | s      | Stat  | e Level Outco | mes    | National Outcomes |              |        |
|----------------|------|----------------|--------|-------|---------------|--------|-------------------|--------------|--------|
| Enroll Year(s) | Ν    | # Visits       | % drop | Ν     | # Visits      | % drop | Ν                 | # Visits     | % drop |
| All Years      | 2603 | 19.6 (11.24)   | 49.8%  | 22559 | 20.1 (11.98)  | 49.6%  | 172440            | 19.1 (12.01) | 52.6%  |
| Before 2011    | 1289 | 19.7 (11.63)   | 53.1%  | 12768 | 20.9 (12.17)  | 50.6%  | 76186             | 19.6 (12.08) | 53.1%  |
| 2011+          | 1314 | 19.5 (10.85)   | 46.4%  | 9791  | 19.2 (11.66)  | 48.4%  | 96254             | 18.6 (11.93) | 52.3%  |
|                |      |                |        |       |               |        |                   |              |        |
| 2011           | 170  | 18.8 (11.21)   | 61.2%  | 1504  | 20.1 (12.11)  | 51.7%  | 13086             | 18.9 (12.17) | 55.2%  |
| 2012           | 192  | 19.7 (10.96)   | 49.5%  | 1488  | 19.3 (11.64)  | 49.1%  | 15757             | 19.1 (11.94) | 52.2%  |
| 2013           | 167  | 18.8 (11.15)   | 53.9%  | 1766  | 19.6 (11.88)  | 47.1%  | 18219             | 18.7 (11.88) | 51.7%  |
| 2014           | 361  | 20.4 (11.07)   | 42.1%  | 2117  | 19.2 (11.70)  | 48.4%  | 19426             | 18.6 (11.84) | 51.6%  |
| 2015           | 261  | 19.3 (10.63)   | 37.9%  | 1859  | 18.7 (11.55)  | 47.3%  | 19880             | 18.4 (12.00) | 52.1%  |
| 2016           | 163  | 18.8 (9.86)    | 41.1%  | 1057  | 17.9 (10.55)  | 46.4%  | 9875              | 18.2 (11.70) | 50.5%  |

#### # visits / retention through program completion

|                | S    | ite A Outcome | s      | Stat  | e Level Outco | mes    | National Outcomes |              |        |
|----------------|------|---------------|--------|-------|---------------|--------|-------------------|--------------|--------|
| Enroll Year(s) | Ν    | # Visits      | % drop | Ν     | # Visits      | % drop | Ν                 | # Visits     | % drop |
| All Years      | 2279 | 25.5 (17.34)  | 63.6%  | 20190 | 27.1 (18.87)  | 62.3%  | 146689            | 25.2 (18.45) | 65.0%  |
| Before 2011    | 1289 | 25.3 (17.59)  | 66.8%  | 12768 | 27.7 (19.10)  | 63.1%  | 76186             | 25.6 (18.58) | 65.8%  |
| 2011+          | 990  | 25.8 (17.01)  | 59.1%  | 7422  | 26.1 (18.44)  | 60.9%  | 70503             | 24.7 (18.31) | 63.9%  |
|                |      |               |        |       |               |        |                   |              |        |
| 2011           | 170  | 23.6 (17.19)  | 68.8%  | 1504  | 26.6 (18.86)  | 62.5%  | 13086             | 24.6 (18.57) | 66.4%  |
| 2012           | 192  | 25.0 (16.18)  | 63.0%  | 1488  | 25.9 (18.36)  | 62.2%  | 15757             | 25.0 (18.35) | 64.2%  |
| 2013           | 167  | 24.2 (17.08)  | 62.3%  | 1766  | 26.5 (18.56)  | 60.0%  | 18219             | 24.7 (18.24) | 63.5%  |
| 2014           | 361  | 27.7 (17.37)  | 51.4%  | 2111  | 26.0 (18.43)  | 59.2%  | 19407             | 24.6 (18.27) | 62.7%  |
| 2015           | 100  | 26.7 (16.36)  | 54.9%  | 553   | 24.6 (17.08)  | 62.8%  | 4034              | 24.0 (17.68) | 60.7%  |

#### Guidance on analysis of implementation data for supporting continuous quality improvement

Step 3: Determine factors related to retention/number of completed visits. These could be characteristics Anaof the mother, local site or the nurse visiting the mother. The table below shows some factors examined with these outcomes in the USA replication.

| Variable                 | Notes  |
|--------------------------|--|
| Maternal Characteristics | s at Enrollment  |
| Age                      | Continuous and broken into categories (16 and under, 17-18, 19+)             |
| Race/Ethnicity           |  |
| Household                | Lives alone, lives with extended family, lives with husband/bovfriend, lives |
| composition              | with mother  |
| Household income         |  |
| Education                | Continuous (# years) and dichotomized as less than high school or high       |
|                          | school graduate  |
| Marital status           |  |
| Employment status        |  |
| Public benefit           | e.g. Medicaid  |
| programs                 |  |
| Alcohol use              |  |
| Cigarette smoking        |  |
| Mental health            | E.g. Pearlin Mastery score, depression/anxiety screening                     |
| Gestational age          |  |
| Levels of risk           | Assessed with the STAR framework   |
|                          |  |
| Features of program im   | plementation   |
| Time spent in program    | Compute averages across all visits and within each program phase             |
| domains                  | (pregnancy, infancy, toddler) the % time spent in each program domain        |
|                          | (personal health, life course, environmental health, maternal role,          |
|                          | personal network relationships)  |
| Who was present for      | Compute count variables for number of visits each person (e.g. child,        |
| visits                   | grandmother, father of child) present at the visit. Also might want to       |
|                          | calculate separately by program phase (pregnancy, infancy, toddler)          |
| Mother engaged in        | Compute averages across all visits and within each program phase             |
| visits                   | (pregnancy, infancy, toddler) the level of engagement (involvement,          |
|                          | conflict with material, understanding of materials)                          |
| Referrals to other       | Create yes/no variables for whether or not the nurse ever made a referral    |
| services                 | for a service at any visit (e.g. financial assistance, mental health)        |
|                          |  |
| Nurse Characteristics    | r  |
| Months employed          |  |
| Nurse attrition          | E.g. nurse stops working for NFP while mother enrolled                       |
| Nurse race/ethnicity     |  |
|                          |  |
| Site characteristics     | <b>F</b>   |
| # years implementing     |  |
| Referral structure       |  |
| Rural/urban              |  |
| # nurses                 |  |
| Avg caseload size        |  |
| Flexibility in visit     | E.g. allow for visits outside of normal business hours such as evenings      |
| scheduling               | and weekends   |

Suggestion is to run each variable in the table above individually in linear or logistic regression models and then move into multivariate mixed effect modelling. In the multivariate mixed models specify sites

### Guidance on analysis of implementation data for supporting continuous quality improvement

and nurses nested within sites as levels of random effects. Consider stepwise regression techniques to arrive at a final model.

Once final model is chosen, produce "adjusted" estimates for each outcome and rerun analyses shown in steps 1 and 2 above. Visually examine to see whether variation is reduced from site to site. If significant variation still exists it might be necessary to investigate other factors not considered above and perform additional qualitative work.

#### Analysis of other program outcomes

| Outcome                                       | Notes   |
|---|---|
| Changes in smoking status<br>during pregnancy | Measured on changes in number of cigarettes smoked at<br>intake vs 36 weeks pregnancy. Sample size based on those<br>mothers that engaged in smoking at intake and have data<br>available at both time points |
| Changes in use of other                       | Measured on changes in number of drinks, (times used) at  |
| drugs)  | mothers that engaged in substance use at intake and have data available at both time points   |
| Premature births                              | Defined as gestational age < 37 weeks. Sample size based on live births only.   |
| Low birth weight                              | Defined as < 2500 grams at birth. Sample size based on live births only.  |
| Breastfeeding initiation                      |   |
| Child's immunizations                         |   |
| Subsequent<br>pregnancies/births              |   |
| Workforce participation over time             | Create outcome at each time point measured (e.g. birth, 6, 12, 18, 24 months). Consider only including mothers that are at least 18 years at intake.  |
| Breastfeeding continuation at 6 and 12 months |   |
| Ages and Stages                               |   |
| Questionnaire screening and referrals         |   |
| Hospitalizations due to injury and ingestions |   |

Outcomes Variables below are derived from data collected in the field

Step 1: Evaluate differences in mothers that have and do not have data available for each outcome. Due to attrition a large percentage of mothers may not have data available to measure the outcome (e.g. 50% of mothers do not have subsequent pregnancy information at child age 2 due to dropping out of the program prior to obtaining the data). If the mothers that have data available are different against those that do not you have selection working that needs to be considered.

Our suggestion is to take the variables in the table under step 3 above from the analysis of retention and completed visits section and compare those missing to not missing each outcome.

Step 2: Run statistics in all sites and then by site similar to the descriptions in the section above (steps 1-3 in the analysis of retention and completed visits). Interpret the findings in context of what you learned in step 1 above.

It also is worthwhile to examine separately the other features of program implementation (see table in preceding section for specific variables).